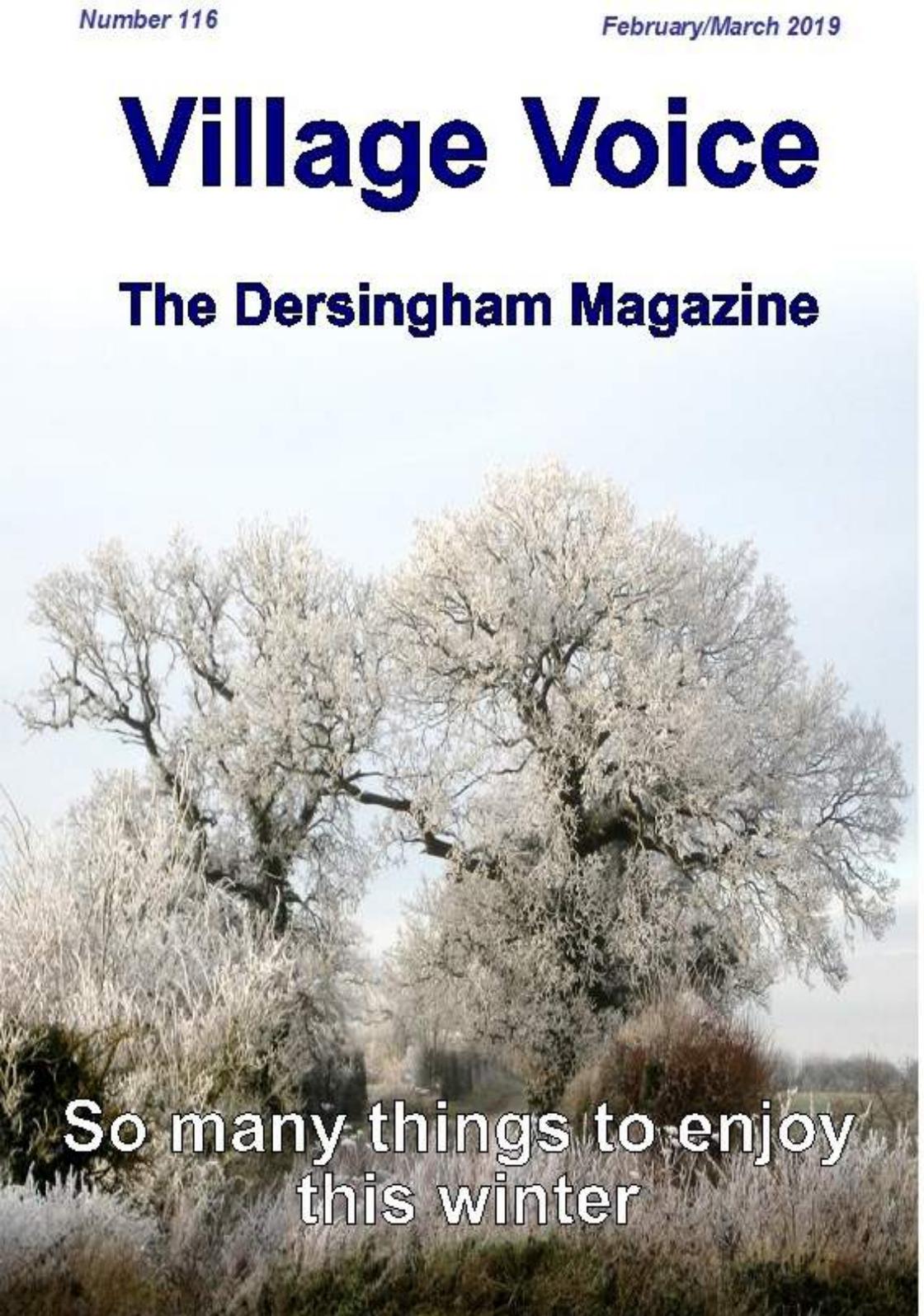


Number 116

February/March 2019

Village Voice

The Dersingham Magazine



So many things to enjoy
this winter



**WILD
BIRD CARE**
Don't forget to keep
Feeding the birds!

**Not just a Garden Centre,
It's everything you need on one site!**

**Seeds · Summer Bulbs
Seed Potatoes · Primroses ·
Pansies · Seedling plants**



New for 2019!

New store layout.

Arriving throughout
February -

Garden Furniture, Garden
Water Features, Clothing,
Giftware & much more.



Thaxters

Garden Centre, Coffee Shop & Spar Store

49 Hunstanton Road, Dersingham

Tel: 01485 541514

www.thaxters.co.uk

Editors Notes Tony Bubb



Some of you may have spotted a letter in the Lynn News where an uncollected skip was causing considerable upset to the parishioner who still had it on his property after some 16 months despite repeated attempts to get the skip man to fulfil his part of the bargain. I was asked to see if there was anything I could do and so I contacted the “proud guardian” for information. This sorry tale has lessons for all of us. The skip was organised by our man’s builder so did not show on the builder’s bill. The builder similarly had nothing in writing from the skip man to show any sort of contract. Without these pieces of paper, no legal redress was going to be easy. By the time you read this a solution may have been found by borough officers, but the moral is clear. Get everything in writing and don’t go for a cheap deal because these things can come back and bite you.



I paid a pre-Christmas visit to Oxford, a city that I had not been to for many years. I prefer it to Cambridge, there is a less damp feel about the place, and it’s built on a grander scale. Traffic is largely excluded from the centre with the exception of buses and coaches. I have never seen so many buses and coaches and this was on a Sunday morning. There was just one continuous stream of them. I had a coffee in “Europe’s Oldest Coffee House”. I ordered the large Espresso - there being a choice of large or small - it was minute but, hopefully, much bigger than the small and all just for £4.

Like a lot of people, we put out our feeders for the birds but recently we have noticed that topping up is not needed as often as last winter. Less birds? More feeders? A better offer near by? I suppose we will never know but the Big Garden Birdwatch coming soon may give some answers. What I do know is that this is the day when not a bird is to be seen.

Our cover picture shows a chilly scene. As yet we have had no frost in our back garden and in case you haven’t either it might jog your memories. However, in our pages you will find details of things to do to help pass the time until spring. Lunches, dances, walks, all things to get us out and about.

No limericks this time but perhaps you would like to send in three-word phrases describing aspects of local life - woods close by - for example.

Any time now we can expect the arrival of our frogs and toads in our ponds. We had a bumper year last year, but I found that most of the spawn was killed off by the harsh weather that came in March. I counted over seventy heads in our small wildlife pond and the water was full of eggs, but we never saw a tadpole. Better luck this year?

Lots to read then this time. Garden finds, club reports, a new puzzle or two but we always want more. We would love some short stories, we used to get them. Poems, apart from limericks, occasionally got an airing so come on all you budding writers put finger to keyboard and delight us.

Have a good read. Tony□



Dear Village Voice



The little brown moth

I was interested in your article The Song of the Moth by Elizabeth Fiddick. I tried to look up *Choristoneura lafauryana* in my Field Guide to the Micromoths, Great Britain and Ireland but could not find it, although a very similar species, *Choristoneura hebenstreitella* is described as common. I then tried the Norfolk Moths website where I did find it. Also, one of its English names, Sweet-Gale Tortrix, was given. Alas it is now extinct in Norfolk, Dersingham Bog being the only site where it used to occur in this county. *Choristoneura lafauryana* is said to have been common up to about 1900 but has not been noted here since 1962. As this was more than 20 years before the by-pass was built it is doubtful whether that caused its demise.

The National Biodiversity Network Atlas showed only one other site where it used to be found; near Birmingham, where the latest record was in 1980.

It is entirely right that the ecological impact of any development should be seriously considered before an informed decision is made, even if the species in question is a tiny brown moth. Although it is less appealing than otters or water voles, it is still the loss of a species, and anyway there are sure to be other species which are affected.

Julian Bull, South Wootton

We were hoping that we could communicate with all of the residents in Shernborne Road who made a donation to Children in Need in return for speed awareness stickers that were handed out for use on people's waste bins. As you can see the stickers stand out very well and we hope are helping to make road users aware of the 30MPH limit on the road, especially important to the pedestrians when there is no footpath for their use. With everyone's help £155 has been raised for this special charity. Many thanks



John and Caroline Dye

Since our article in the last edition of the Village Voice we have been overwhelmed by the amount of people arriving in church on a Tuesday morning with bags full of donations! One morning a gentleman arrived saying that he had spent his winter fuel allowance on things for us. When we looked in the bags later on we were amazed to find a huge amount of brand new baby clothing, nappies and wipes etc in another bag. We didn't get your name but we are so thankful for your generosity. This is just one example of someone's kindness. We appreciate every little donation. Our mums in crisis are totally overwhelmed when they see the pack we have created for them.

Without the generosity of others our charity simply couldn't carry on.

A big thank you from all at Baby Basics West Norfolk

Emma Eyre

Parish Council Report



On behalf of the Parish Council, I wish all parishioners a happy, healthy and peaceful new year.

Village Centre

Now the Centre is operational, the Parish Council is developing the terms under which the building will be formally leased to the Dersingham Village Centre Association. This is not proving to be as straight forward as we would like due to VAT implications, and we have been speaking to a specialist advisor as well as our solicitor. Final reports and claims are being written and submitted, and we are also dealing with minor defects which have arisen while the building settles. There are still some outstanding items to be dealt with.

Also, a group has been set up to review and audit the project as a whole and will be reporting to Council in a few months.

Local Elections 2019

Elections will be taking place in May for Parish and Borough Councils in Norfolk. I would urge anyone who cares about Dersingham and its residents to consider standing for the Parish Council. It is a simple process with just a few criteria that prospective candidates need to comply with.

Parish Office

Sarah and Geri have settled in well to the new office and are pleased to welcome members of the public during opening hours, which have not changed. They are Monday and Tuesday, 10:30am to 1pm; Wednesday, 10:30am to 12:30pm.

Access to the office is via the main entrance doors and through The Hub if the Centre is in use. If not, please use the side door, which is adjacent to the office. A doorbell has been installed.

Please note that Sarah and Geri are not able to help with enquiries relating to the use, or booking, of the Village Centre.

Precept 2019/20

By the time you are reading this edition of Village Voice, the Council will have set its budget for the next financial year. We were very conscious of the pledge not to increase the precept and all budget lines were looked at carefully.

Village Voice

One, unfortunate, consequence of seeking advice is that we have had to register for and, consequently, charge VAT on advertisements in Village Voice. We apologise for any difficulty this may cause to businesses that support the magazine.

Parish Council Meetings

All Full Council & Committee meetings now take place in the Village Centre. Full Council meetings are held in The Garden Room, Committee meetings in The Loft.

Meeting dates and Agenda are published on our website, or you can get details from the office. We are always pleased to see members of the public at Full Council and Committee meetings.

The Annual Parish Meeting will take place at the end of April. This is an open meeting for all parishioners; please contact the Office if there is anything you would like to see on the Agenda. The date will be agreed soon and announced in the next issue of Village Voice.

Contact the Clerk for more information on meetings and advice about Parish matters.
Tel: 01485 541465; email: clerk@dersingham.org.uk Visit: www.dersingham.org.uk □



Friendship Lunch

**A fresh cooked two-course lunch
Including tea and coffee**

**2nd and 4th Tuesdays monthly
1pm**

**Dersingham Village Centre
Manor Road, Dersingham, PE31 6LN**

Please arrive by 12:45

Price: £5

There is no need to book but please do let us know, in advance, if you have any specific dietary needs.

For more information, phone 07790 349896

Allen Tomas & co
FINANCIAL MANAGEMENT



**Dersingham Village Centre Association
Registered Charity No 1178462
www.dersinghamvillagecentre.org.uk**



Expert legal help and advice on your doorstep in Heacham

Talk face to face with your local lawyer, at our High Street office, who is here to help by giving you clear and practical legal advice.

01485 472470
wardgethinarcher.co.uk/heacham

Divorce and Separation • Unfair Dismissal From Work
Moving House • Wills and Probate • Settling a Dispute
Personal Injury Claims • Commercial



Ward Gethin Archer
SOLICITORS AND NOTARIES

Chatteris • Downham Market • Dereham • Ely • Heacham
King's Lynn • Swaffham • Watton

Kathryn Gigg

CHARTERED ACCOUNTANTS | BUSINESS ADVISERS | TAX CONSULTANTS

Need help with your 2018 TAX RETURN?

The Revenue deadline for submission of 2018 Tax Returns is 31 January 2019

If your 2017/18 accounts and Tax Return are still outstanding, we can help

To avoid the late filing & payment penalties, and for an appointment please contact:

Mrs K H Gigg FCA on 01485 534800

THE OFFICE, 20 KING'S LYNN ROAD, HUNSTANTON, NORFOLK PE36 5HP
T: 01485 534800/535100 F: 01485 534900 e: kate@kathryngigg.co.uk
www.kathryngigg.co.uk

Regulated for a range of investment business activities by The Institute of Chartered Accountants in England and Wales.

Tree Council Funding Provides Trees For Memorial Orchard Garden

A group of children from Ingoldisthorpe Primary School have planted apple and pear trees funded by the Orchard Windfall Fund (run by the Tree Council) to celebrate National Tree Week. Twelve trees have been sourced from the East of England Apples and Orchards project. The final tree, donated by Andrew Jamieson of Drove Orchards, was planted at the Christmas Light Switch-on in the Village.

The trees, which are all heritage Norfolk varieties, carry a special significance as they are being planted as a living memorial to those who lost their lives in World Wars I and II, with 13 men in total from Ingoldisthorpe. A plaque will be displayed at the bottom of each tree engraved with the names of those who died.

It is hoped that the Memorial Orchard Garden will not only provide a calm and peaceful space for quiet contemplation but also another outdoor space for the Village to meet, celebrate the seasons and enjoy life with events such as a pruning, blossom & apple day. Green-fingered volunteers can help maintain and enhance the garden and those keen on cooking will be able to create culinary delights from the produce. The garden is being designed to be accessible to those with physical disabilities and a disabled parking space has already been completed by a Village builder.

The creation of the garden has been funded by a grant of over £350 from the aforementioned Orchard Windfall Fund, a £3000 grant from the Borough Council of King's Lynn & West Norfolk and a grant of £8396 from Orsted (formerly DONG Energy UK) via the East Coast Community Fund. A large number of local residents have also donated to the ongoing maintenance of the Memorial Orchard Garden and their names will be displayed near the entrance.



Children plant trees in the new Memorial Orchard Garden in Ingoldisthorpe for National Tree Week

If you have links with, or live in, Ingoldisthorpe and would like to be involved with the Memorial Orchard Garden project and/or you would like to donate to the ongoing maintenance of the garden please contact Jennifer Shah via email to: clerk.ipc@gmail.com.

About Ingoldisthorpe Allotments for the Labouring Poor: the provisional order for the Allotments was made on 2nd August 1855 with the Enclosure Award being granted on 2nd October 1857. The charity (number: 248462) is managed by Ingoldisthorpe Parish Council.

Ingoldisthorpe Parish Council: 101 Lynn Road, Ingoldisthorpe, King's Lynn, Norfolk. PE31 6NS



Win up to £25,000!

Take part in **West Norfolk Wins** weekly lottery and help local people by choosing tickets that support:

The King's Lynn & West Norfolk Borough Charity

King's Lynn & West Norfolk Borough Charity relieves hardship and distress by giving help towards items, services or facilities needed by local families, where public funds are not always available.

Last year we awarded grants to 36 families.

www.kingslynnwnccharitytrust.co.uk

Please help us to help more families. Tickets cost £1 a week.

West Norfolk Wins weekly lottery supports local good causes and community initiatives.

60% of all ticket sales go to good causes.

Each ticket has a 1 in 50 chance to win with a top prize of £25,000!

For a chance to win, buy your tickets at:

www.westnorfolkwins.co.uk



King's Lynn & West Norfolk Borough Charity

Extra Hands Established 1993
Providers of Home Care in Norfolk

Norfolk Care Awards 2018 Winners

We are a local award winning independent Home Care Specialist, providing carers trained to the highest standards including Dementia Care. We offer a wide range of services within the home setting which are tailored to suit individual needs from personal care to shopping and companionship.

Our services can be arranged on either a short term or long term basis, we offer flexibility when organising care packages and can assure our customers that we will meet their requirements every step of the way.

If you or anyone you know may be interested in our services please do not hesitate to contact us on the number below or call in to our office at Heacham for further advice and information.

Thinking of a career in Social Care?
Why not join our award winning team

We offer:

- Good rates of pay
- Various hours available
- Enhanced holiday entitlement
- Paid mileage
- Free DBS (CRB) check and uniforms



Tel: 01485 570611

Extra Hands, Unit 13,
Heacham Hall Ind Est, Hunstanton Road,
Heacham, Norfolk. PE31 7DP

www.extrahandshomecarenorfolk.co.uk

Extra Hands is registered by the CQC to provide care and meet all of the CQC National Standards



Reliable

We won't let you down. With our two offices and dedicated lettings and management team we are here to take the worry out of letting your property.

Regulation

With our membership to ARLA, ARMA and NALS, we will ensure you are kept up to date with all the latest industry regulations and we will make sure you and your property are compliant.

Results

Having been established since 1985, we have built up an excellent local reputation. We continue to exceed our clients expectations meaning your property is let quicker and managed more efficiently.

Reactive

Whether it's a maintenance issues or a problem with the tenant or tenancy, we react promptly to mitigate any major issues before they start.

Receptive

We listen to our clients and customers needs. We have number of different management packages to suit all budgets and requirements.

Reassurance

Our membership to the various governing bodies ensures you receive the absolute highest of standards in the lettings industry and with our accreditations, you don't just have to take our word for it.

Ready

Are you ready to see why we are one of King's Lynn and West Norfolk's leading residential Letting and Block Management Agents?



ROUNCE & EVANS

PROPERTY MANAGEMENT

King's Lynn Innovation Centre, Innovation Drive
King's Lynn PE30 5BY
lettings@rounceandevans.co.uk 01553 401580

WWW.ROUNCEANDEVANS.CO.UK

Dick Melton from Sunny Hunny



The jetty

Now let's start with talking about Snettisham Jetty; I have written about this before. As Tony Bubb says, it was there before World War One. My father, who was born in Dersingham in 1907, used to tell me about him and his mates playing and swimming round it when he was a teenager; they would walk down to it by way of The Drift as the concrete road was not there then days.

It has always been in the parish of Snettisham. When a friend of mine many years ago was told he could not gather samphire from the beach unless he was a Snettisham resident I got in touch with the Crown Estates. They told me that the people of Snettisham had the rights to gather samphire to consume themselves but there was only a handful of people in Snettisham who were allowed to gather it so as to sell it on. Crown Estates owned the foreshore but they let the RSPB manage the wildlife - the wild life along the foreshore and in the pits. The Le-Strange estate has the shellfish right as far as Boathouse Creek that they let out.

When I was a lad I spent a lot of time swimming in the pits and in the sea around the jetty. Them days, 1940s and 50s, there was still a narrow gauge railway from the jetty along the western side of the pits as far as the Etna Sand and Shingle works at the north end of the pits. Before 1953 the pits were split in two by a causeway, which got washed away by the 1953 floods, as did some of the jetty, and a lot of the railway lines were washed into the pits. After the floods no more sand or shingle was taken out of the pits and the Etna Company closed down. Then around about 1960 the Snettisham concrete company opened up a factory in Common Road, Snettisham.

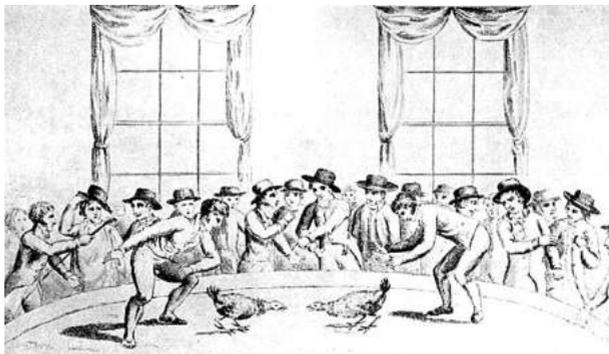
I do not think the jetty was ever used for unloading ships but I do know that ships would come onto Snettisham beach and unload coal onto the beach; it was then taken away by horse and cart. There is not much left of the old jetty now and I doubt if we will ever find out who owns it

Ben Colson has a story about the RAF plane that crashed on Wolferton marshes on the 27th of September 1983. Well, I was in Wolferton Club that night playing cribbage, not whist. I was playing for a team from the Wash and Tope at Hunstanton called "Jack's Nine". We were playing a team from Wolferton whose captain at the time was Char Daw, who had been landlord of the Albert Victor at Dersingham from 1970 to 1981. The police told us to stay in the club and then they let us go home once all the emergency services had got into the village. The first we knew of the crash was when a policeman came into the club to tell us to stay where we were; it was a very sad end to the day.

Cockfighting

This next article is from an advertisement in the *Norfolk Chronicle* in 1823.

The annual great main of cocks between the gentlemen of Norwich and Northamptonshire for £5 a battle and £200 the odd will be fought for at the White



Swan Inn, St Peter Mancroft, Norwich, on Tuesday April the 22nd, and two following days, a silver tankard will be fought for by 16 subscribers, no cock to exceed four pounds ten ounces, the above to be fought in fair silver spurs, and to commence fighting each day at twelve noon, feeders, Nash for Northampton, Skipper for Norwich.

The earliest record of cockfighting comes from William Fitzstephen of London who died in 1191. He described Shrovetide cockfights staged in all the London schools by the boys who brought fighting cocks to their masters. Matches were fought in front of many spectators; it was known as the sport of the sod; and was a Royal pastime with a cockpit in Whitehall. In East Anglia the sport was enjoyed by Charles the Second at Newmarket, and the Coke family were Norfolk devotees. At the beginning of the 19th century, Holkham tenants had to give two fighting cocks as part of their rents. Matches were staged throughout Suffolk and Norfolk in such inns as the Black Boy at Aylsham, the White Hart at Swaffham, the Red Lion at Fakenham, and the Sun at Wells. The results depended on the feeder; Mr Nash fed the birds on stale bread soaked in boiling ale and fortified with port, sherry, and other wines.

Tragedy on the line

Next we have a story that was reported in the *Lynn Advertiser* on the 7th of September 1900. The landlord of the Railway Tavern public house at Watlington, William Carter, had gone out at just after 4 o'clock on Sunday morning to pick some mushrooms. Seeing something laying on the railway line he approached it to find it was the body of a platelayer, Alfred Camick. Carter touched the body and said hello but there was no response. In much shock Carter at once advised the porter at Watlington Station but he was so shocked he did not return to the body. Mr Camick had last been seen at about 10 o'clock the previous night, having left the White Hart at Magdalen Bridge shortly before five trains had passed through after ten o'clock. Mr Camick had died from severe head injuries and had been dragged for some distance; the coroner returned an open verdict.

Christmas trees

These days a lot of people use artificial Christmas trees but also many people buy real ones. No matter which ones you buy they cost a lot of money. When I was a lad there were no artificial trees about so everybody used real ones, but they too could be expensive. So about a week before Christmas my father and my uncle took me with them over the fen to get a couple of trees; they took me to hold the torch. We would go down the path along side the Red Dyke, then cut across to the rifle butts, then past the dump and, on to the second hill, where there were some nice trees growing on the side of the hill. We would pick a couple about four feet tall and take them up with a fork that we took with us, take them home and put them in a bucket filled up with soil. My mother would wrap crepe paper around the bucket, then put it in the shed, as they never put the tree in place and the decorations up till Christmas Eve.

We used to take a sack and go over the Shut-up Common, up the main path till we got to the bridge over the dyke, then we would turn left on the path towards the allotments. Halfway along there was another bridge over a dyke and just the other side in the woods were some holly bushes and a tree or two with mistletoe growing on it. So you see them days the tree, mistletoe and the holly cost us nothing. Nowadays they cost an arm and a leg.

Keeping on track

I am now going to finish off with a bit of useful information. As you all know Norfolk is full of narrow winding roads and lanes. A lot of people use sat-navs, but there is a much cheaper and more reliable way to find your way around Norfolk if you ever get lost. Just keep driving till you see a herd of cows. Make sure they are cows and not bullocks. When a cow grazes it always faces north, so there you are on your way again, not lost anymore. Well that's all for now, just keep on a troshin. □



How Disposable?



The focus on the world's disposable culture is continuing to gain momentum. Plastic bags and bottles have quite rightly been in the headlines and great beginnings have started; yet there is

much more in 2019 that is seen as disposable or less important. We live in a disposable society; rubbish, plastic, electrical goods are cheaper to throw away and replace than to fix. Designed to be used once then thrown away.

Sadly, some people are seen as commodities or disposable. Human trafficking is sadly vast in many different forms and people treated as disposable and lost. Some people risk lives to reach somewhere new to call home because of violence or oppression in their home land, becoming lost as people; treated as a number and lost in the process.

Jesus shared three parables in Luke 15 about losing. One is called the Parable of the Prodigal Son or the Lost Son. Jesus speaks of a Father who had two sons, the youngest one wanted his half of his Father's money and was given it. The son went off, spent it and when it came to an end, the people he had known disowned him and he was Lost. Yet he decided to go home and say sorry to his Father because he wasn't fit to be called his son. Yet when the Father saw him coming, he flung his arms round him in love and said "We must celebrate with a feast, for this son of mine was dead and has now returned to life. He was lost, but now he is found." So, the party began" (v23-24).

We may feel that we are far from God, or we are spiritually lost, Yet God doesn't lose hope in us; we can turn to God through Jesus and be found just like the younger son in the Parable of the Lost Son. God's love surpasses all understanding.

Youth Group

Last Autumn we started a Church Youth Group which the young people have wonderfully named 'Elevation' – which works on many levels! This is for children and young people from school year 6 upwards. We meet in the excellent facilities of the new Dersingham Village Centre where we have lively Bible discussion, usually based around a video, with games and the all-important snacks! Elevation is a great place to make new friends and meet up with existing ones alike. If new young people are interested in coming along, they would be very welcome. Generally we meet in school term time from 7-8:30pm Sunday evenings and there is no cost. For more info please speak to me; Rev Mark: 297293.

Rev Mark Capron
Rector of Dersingham,
Anmer, Ingoldisthorpe and Shernborne
www.stnicholasdersingham.org.uk

Future Events at St Nicholas Church:

4th May at 7pm Hunstanton Community Choir

26th & 27th May – Dersingham Open Gardens & Art Trail

18th to 21st July – Flower Festival

Not forgetting on the 1st Friday of the month we have our Coffee Morning in Church with lots of stalls, fresh bread, eggs etc.□

We are AT LEAST - 20% less expensive - than retailers on the out of town retail parks!
AND! 100% CHEAPER THAN SOME OTHER RETAILERS!



£799
VAT FREE PRICE

Sherborne Upholstery

The Keswick Electric Recliner - IMMEDIATE DELIVERY

Fully adjustable for your individual comfort - VAT FREE for the disabled

Matching Sofas - Chairs - Large Fabric Choice - Stools

Artertons

114 - High Street - King's Lynn
Opp. Debenhams - 01553 776659
Established May 1991

Computer Doctor

Your Digital Paramedics

All computer problems rectified at your home. No fix No fee. Discretion guaranteed. Very competitive rates.

(01553) 672442

(07876) 206660

www.computerdoctor.vpweb.co.uk

Est. 2004



NEIL FOX

Carpentry & Property
Maintenance

Doors / Skirting / Wooden Flooring

New fencing & repairs / guttering /etc

For more information & advice

Call :- 01485 544476 or 07738 553964

NEW CLASSES



DERSINGHAM VILLAGE CENTRE

EVERY WEDNESDAY, 7PM

ONLY £22 PER MONTH* FOR UNLIMITED CLASSES
IN DERSINGHAM, SNETTISHAM & KING'S LYNN!
Or Pay As You Go @ £6

07909 282165 / hilary@jazzercise.net

*By standing order

JAZZERCISE.NET/UK-KINGS-LYNN



Crime

Family

Property

Employment

Personal Injury

Care for Elderly

Dispute Resolution

Wills, Probate & Trusts

Company & Commercial

- Convenient King's Lynn town centre location

- Home visits may be available

mcp

SOLICITORS

28/32 King Street, King's Lynn

Norfolk, PE30 1HQ

Tel: 01553 778100

www.mcp-law.co.uk

WATCH OUT FOR SCAMMERS

Norfolk Police are urging you to be vigilant against a scam that has been reported in the area.

The scam itself can take many forms but reports suggest that the scammers pose as undercover police officers stating there has been a report of fraud on the victim's bank account, or that a family member has been arrested for assistance in an undercover police operation. Victims are taken by taxi to a location to withdraw a large amount of cash, which is later collected by a courier or person involved in the fraud.

Report to police any concerns about a vulnerable person requesting immediate withdrawal of large amount of cash.



NORFOLK
CONSTABULARY
Our Priority Is You



Dersingham Evening WI By Maggie Guest

We hope you all had a happy Christmas and best wishes for 2019. Our W.I. decorated a tree for the village church Christmas Tree Festival. Our theme celebrated

100 years of women having the vote so was decorated in green, purple and white and seemed well received by visitors

Instead of a coffee morning, Maggie opened her house for a cheese and wine lunch party. This was well supported and put everyone in a festive mood.



Our Christmas party used the same Suffragette themes as the Christmas Tree Festival and we dressed in green,

purple and white or as a suffragette. Party food, a quiz and the singing of Christmas carols and songs rounded off the evening.



Babs generously continues to run two craft groups a month at her home. One group recycled some Xmas cards by cutting and mounting last year's cards.

Our meetings are at St Cecelia's Church in Mountbatten Rd on the 3rd Wednesday of the month at 7.15 pm. All ladies are welcome.

February 20th. Nicola Porter speaks about Holistic Therapy
March 20th Susan Barnett tells us some 'Sandringham Secrets'
April 17th is our 60s themed Birthday Party
March 20th we have a Cheese and Wine evening and discuss W.I. Resolutions □



millhouse
Veterinary Surgery & Hospital

01553 771457
info@millhousevets.co.uk

We care for your pets
as much as you ...

RCVS accredited hospital
www.millhousevets.co.uk



20 Tennyson Avenue King's Lynn PE30 2QG



Hawkins Ryan celebrates 100 years of legal services in King's Lynn

Hawkins Ryan Solicitors, who have an office in Dersingham, is a traditional provincial firm of solicitors with a modern, professional, personal approach, providing a helpful, sensible, straight forward and reliable service for both private individuals and commercial clients.

Amongst other things, we have expertise in;

- Residential Property
- Wills & Probate
- Litigation & Employment
- Family & Divorce
- Commercial Property
- Company/Commercial

So what is the difference? We are interested in you and the service you need.

Why not try us.... and see if you notice the difference?



**HAWKINS RYAN
SOLICITORS**

Dersingham Office*
2 St Nicholas' Court,
Dersingham, Norfolk, PE31 6GZ
Tel 01485 501586

King's Lynn Office
19 Tuesday Market Place,
King's Lynn, Norfolk, PE30 1JW
Tel 01553 691661

*Our Dersingham office is open Mon-Fri
9.00am-2.00pm. Between 2.00pm and
5.00pm by appointment only.

hawkinsryan.com

FREE PARKING OUTSIDE OUR DERSINGHAM OFFICE



Sandringham News

By kind permission of the Sandringham Estate

Compiled by Garry Marsden

During the autumn and winter months fallen leaves are collected mostly by machine these days and composted on a large scale. The complete process takes at least a year, depending on the season and materials being composted, with key factors being the amount of moisture in the material

and the regularity that it is turned.

Compost produced in previous seasons is used to enrich the very poor sandy soil within the garden, either by mixing it into areas due to be planted or as a mulch spread over the surface of cultivated areas to retain moisture and add humus to the root zone of existing plants.

The winter months are the ideal time for moving and planting in the garden, so when the weather is suitable every chance is taken to push on with this work.



In the Country Park mulching has been taking place within the woodlands and you may have seen the large machine at work, mulching the brash between the trees. The estate has also been using a horse logger to remove felled trees. Using horses for this task reduces compaction and disturbance to the soil in more fragile areas of forest.



On the farm sugar beet continues to be lifted with 11,000 tonnes delivered to the factory so far. 30 hectares of Mulika Organic Spring Wheat has been sown, helped by the dry conditions. The rams have now been removed from the ewes leaving them in peace! In February the ewes will be scanned to see how successful the rams have been.

The Country Park, Café and Gift Shop have all been very busy during December and we now have the chance to try out some new ideas ready for the 2019 season. A

new ticket office is to be created in the plant shop building, and plant sales along with apples and apple juice will be sold from the gift shop. Regular visitors will in due course notice a change to the pedestrian route from the car park to the front of the Café and Shop area. It is hoped that by arriving at the front of the buildings visitors will be able to find what it is they are looking for more readily. □





The West Norfolk Members Group invites you to:-

Illustrated talks:

(following a brief AGM)

Birds, Blooms & Beasts

of British Columbia and Alberta, Canada

by our chairman, Geoff Randall

Thursday 28th February - 7.30pm

and

Owls

by Mike Thoms, author of the NN volume "Owls"

Thursday 28th March - 7.30pm

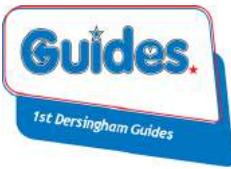
Venue: Hunstanton Methodist Church Hall, Austin Street

Cost: £2.50 members / £3.00 visitors

Why Rossiters for your next car?

Rossiters
01485 540000
www.rossiters.co.uk

- Highly personal service
- Cars of all prices sourced to order
- Part exchange taken regardless of age and mileage
- We can sell your car for you
- Relaxed environment, no pressure
- Warranty. We want you back if there is a problem
- Above all, you are not just a number



Snories at Stories - it's a Night at the Museum for 1st Dersingham Guides from Elizabeth Wheeler

The 1st Dersingham Guides enjoyed a Sleepover at the Stories of Lynn Museum in King's Lynn called *Snories at Stories*. The museum contains exhibits and displays covering 800 years of history of King's Lynn.

Throughout the Sleepover we were looked after by Education Lead, Rachael, who started the evening by telling the Guides all about the Hanseatic League before showing the girls a collection of clay tiles that had been discovered in the town. The Guides then created and designed their own clay tile - using either their own imagination or searching the displays for ideas. Afterwards it was competition time with a quiz - this involved lots of racing around, trying



not to let anyone else see your sheet, and lots of laughter!

The Guides also found out about the first female Mayor and saw the incredibly beautiful King John's Cup - a 14th century cup decorated with gilt and enamel. There was also time for dressing up as they re-created the mayoral procession that takes place before the Mart (Fun fair) opens each February by marching and chanting around the inside of the museum.



Once it was dark, we went outside to admire the brickwork and the different buildings which surround the museum - the museum is the Old Gaol House and is over 400 years old in parts.



During the sleepover we also celebrated a birthday (we had cake for breakfast) and our two newest Guides made their promise. There was also a surprise visit from the Mayor who was attending an event upstairs in the Town Hall and popped down afterwards to say Hello to us all.

After a night sleeping in the museum gallery, the girls had the chance to explore the Gaol House part of the Museum to see how crimes used to be punished! We did not tell them till the morning after that the carpeted gallery where we slept had actually been prison cells at one point!



It was a sleepover with a difference and all the girls received a unique *Snories at Stories* badge. □





Tea Dance

Dersingham Village Centre

Manor Road, Dersingham, PE31 6LN

Friday 22nd February

2.30 – 4.30 pm

**Ballroom, Latin &
Sequence Dancing,
Beginners Welcome!**

Cost: £5

includes tea and cake

Information: 07790 349896/07707 832295



Allen Tomas & co
FINANCIAL MANAGEMENT



Dersingham Village Centre Association
Registered Charity No 1178462
www.dersinghamvillagecentre.org.uk



The Dersingham Walking Group from Stephen Martyn

By the time you read this, Christmas and New Year celebrations will be but a distant memory, although it may just be possible that the effects of turkey and mince pies still linger around your waistline. What better remedy can there be than to get out for some good country walking, to work off a few pounds and get some bracing fresh air!

Looking ahead to the walks over the next few weeks, we will mostly be on familiar territory with routes taking us around Ingoldisthorpe, Hillington and a slightly longer walk at Ringstead. Every month we will have at least one walk and in some months we may have two. All our planned walks will appear here in Village Voice and can also be found on our page on the Parish Council website and in the Calendar on that website. Our page is at www.dersingham.org.uk/walkinggroup

I've noticed lately that there are quite a few new walkers among the regulars who appear on most walks. Often these are folk who are new to the village of Dersingham, having moved here from another part of the country, perhaps because they came here on holiday and liked it! Joining the walking group is a great way to meet some of your fellow villagers, and to explore the local area. You'll probably discover footpaths that you never knew existed and maybe views that will give you a fresh appreciation of the local landscape, so if you haven't walked with the group before why not join us for an amble through our wonderful countryside. Most of our walks are between 4 and 5 miles long and take around two hours, with a rest stop at some point. There is no cost involved, just turn up with your boots on. Dogs are welcome on most walks, provided they are well behaved and tolerant of other dogs.

The leader of the walk will do his or her best to look after you, of course, but it is a condition of coming on a walk that you take responsibility for your own safety. As that great hiker Alfred Wainwright said, "Watch where you put your feet!"

Our next few walks

Wednesday 13th February 2.00pm

We will meet at Greenbank, Ringstead, off the Ringstead to Holme road, for a lovely walk down towards the coast and back. About 5.5 miles. Leaders: Steve & Lindsey Davis 01485 543138. Start point grid ref: TF 706 420.

Wednesday 13th March 2.00pm

Meet at Dersingham war memorial for a circular walk of Dersingham and Ingoldisthorpe, including the fine views from the heights of Chalk Pit Rd. 4 miles. Leader: Pat Reed 01485 540757. Start point grid ref: TF 686 309.

Wednesday 10th April 2.00pm

A circular walk from Hillington to Grimston and return. Meet in the big lay-by on the A148 opposite the road from Sandringham. 4.5 miles. Leader: Elizabeth Fiddick 01485 540940. Start point grid ref: TF 712 253.

PLEASE NOTE THAT the leaders are happy to organize and lead these walks but stress that each participant must appreciate that there are hazards associated with walking and take responsibility for their own safety. If you want more information about any particular walk then please contact the leader.

Group coordinator: Stephen Martyn Tel: 01485 541333 Email: stephenmartyn@gmail.com

Friendship Lunches at Dersingham Village Centre



Friendship Lunches commenced on Sunday, 13th January, with a simple roast pork main course followed by apple crumble and custard. In future the lunches will be held on Tuesdays weekly, starting on January 22nd, and are aimed at any anyone in the area, not just Dersingham, who would appreciate a simple freshly cooked two-course lunch and some company. We are providing a main course, dessert, tea/coffee for **£5**.

There will be no need to book, just turn up at 12:45 on a Tuesday. We will cater for people with specific dietary needs but please let us know in advance of any requirements eg vegetarian, gluten free. We would like to thank Priors the Butchers for their support.

If you would like to attend, but need assistance with transport, please let us know via the contact details below, or contact The Heacham & District Community Car Scheme who can provide transport for a small charge. You can contact them on 01485 534777.

Also, we do need a pool of volunteers to help run the lunches every week. If you can help, please call the number below.

For more information, please call 07790 349896/07707 832295, or email enquiries@dersinghamvillagecentre.org.uk □

KITCHENS • BEDROOMS • BATHROOMS
FAMILY BUSINESS EST. 1988

GRIFFINSHAWS
www.griffinshaws.co.uk

OPENING HOURS
MON - THUR
9.00 - 16.30
FRI 9.00 - 16.00
SAT BY
APPOINTMENT

BLANCO
Symphony®
Quooker®
THE BOILING WATER TAP

UP TO **£500** CASHBACK
MORE TO ENJOY

EFF
COOKING PASSION SINCE 1877

Kitchens, bedrooms and bathrooms available with full design service and installation

Contact Pam: 01485 571367 or Email: pam@griffinshaws.co.uk

GRIFFINSHAWS (formerly Top of the Shop) your local independent retailer at 42 Station Road, Heacham - next to Boots the chemist

Dersingham Works
The Skills Service working with
Dersingham Parish Council and Dersingham Village Centre Association

The next **FREE** Business Breakfast will be held on Tuesday, February 12th at Dersingham Village Centre.

A light breakfast, catered by Norfolk Concierge, will be served from 7:30am. Presentations start at 8:00 followed by informal networking.

If you would like more information, or wish to attend, please contact Jacqui Farrell at the Skills Service (details below).

Dersingham Works brings together representatives from local businesses, self-employed people, and would-be entrepreneurs, with training providers and advice agencies to discuss common issues including recruitment, apprenticeships, business development, and marketing.

We are also developing links with local schools to help better prepare young people for employment, as well as working with Norfolk Community Learning to help adults to improve their employability.

Jacqui Farrell

Business and Education Development Manager – Kings Lynn and West Norfolk
07931 206628

e: jacqui.farrell@theskillsservice.co.uk

w: www.theskillsservice.co.uk

T.M. electrical

TONY MORGAN
3 HEATH ROAD
Dersingham
07884454480

Rewires, Extra Lights, Extra Sockets, Showers, Storage Heaters
Fuseboards Replaced, Cookers supplied-connected
TV/BT/Sky, Landlords Certificates, Smoke Alarms installed

SMALL JOBS A SPECIALITY

I DONT CHARGE THE EARTH

01485 540333

Qualified to Test and Inspect C&G 2391

Part P Registered and Qualified to 17th Edition

Tree Work & Survey Ltd

Dan Yeomans Consulting & Practising Arborist

07799 533462 / 01485 517000

We do: Tree Work, Surveys, Advice, Stump Grinding, & Firewood



Dersingham VA Primary and Nursery School

The school has been alive with lights, music and action during our Christmas performances across the age ranges. The Christmas fair, Carol service and festive activities were heartily enjoyed by all. With Christmas a dim and distant memory the children have come back to school revitalised and ready to learn!

Foresters have been reflecting on the past year, celebrating their success and making New Year resolutions. They enjoyed looking back at their fantastic London topic, where Paddington helped them to complete a series of city challenges. A mysterious box arrived in the classroom this week, packed with Samba music, parrots, coffee beans and story books, to name but a few. Their next adventure is taking them across the world to Rio De Janeiro!

Squawkers New Year began with a KAPOW! as they discovered their 'Super Heroes Learning Powers'. Everyone has risen to the challenge of becoming smart, strong, helpful, courageous and clever! The children are looking forward to learning about real life historical heroes and visits from the emergency services throughout the topic. They are busy learning to be heroic readers as part of a school challenge in the lead up to World Book Day.

This half term Sky Writers are learning about design and construction. The children have built towers for Rapunzel and will be testing different bridges to find out which design is the strongest. The book they are reading has a snowy, mountainous setting and the children are excited to be going on a trip to a climbing centre and see what it might be like to climb a mountain.



After a busy end of term rehearsing and performing the musical 'Bah Humbug', Bone Crunchers have returned to school ready to begin their new science topic, Mighty Metals in Motion. The children began looking quickly at forces such as friction, gravity and air resistance, before walking down to the adventure playground at Sandringham to experience these forces through play. A lovely morning was had, topped off with hot chocolate and packed lunches in the Visitors' Centre! Back in school, the children will be designing tests to find out more about these forces, along with magnetism, and reading the book The Iron Man to link in. It is even hoped that the children will be making their own moving robots this term!

The Borrowers had an incredibly busy term leading up to Christmas, kicking off with a brilliant visit from a Stone Age Man. He kindly erected his animal skin tent on the school field and the children were able to watch him preparing food and using all kinds of tools. They had the opportunity to try some interesting culinary delights, including freshly caught fish and squirrel. Looking at how Britain had changed through the Stone Age right up to the Roman occupation was thoroughly enjoyable, as was taking a closer look at what lurks in a Roman toilet!

A great term was rounded off with a Christmas performance, based on 'A Christmas Carol'. The children sang and danced brilliantly and the audience loved it. Making sweet treats and calendars for the Christmas fair was a final fun activity!

This term Revellers have been on a historical journey through time, aided by Doctor Who. They were able to plot periods of time through the centuries before finalising their journey in the year AD 410. The once mighty Roman Empire is crumbling. The children, as Saxons and Vikings plan their journey and build ships to sail across the sea, deciding whether to raid or settle on our beautiful coastline. This topic is centred around the text Arthur and the Golden rope. An unlikely hero collecting objects and forging friendships as he embarks on outdoor adventures. The text will inspire our young adventurers to create their own mythical legends, which can be retold around the great fire at our end of topic celebration.

Last term, a group of budding young actors from Howlers class were given the opportunity to perform Romeo and Juliet (in full Shakespearean English) to a paying audience at the King's Lynn Corn Exchange. In order to rise to this challenge, children not only had to rehearse and understand this complex play, but also had to think carefully about stage direction and all the trappings that come with performing on a professional stage. The performance went off without a glitch, and they were rewarded with rapturous applause and a standing ovation from the audience. A review of their performance noted, "You grabbed our attention straight away with your opening sequence, and your wonderful vocal projection made the storytelling clear and engaging. Your acting drew the audience ever closer into your story. This was a wonderfully engaging, slick and distinctive performance of Romeo and Juliet." The whole school community is extremely proud of these young people's achievement.

Islanders and Villagers are looking at Darwin's theory of evolution this term, including how animals adapt to their environment. Most of the learning will be connected to our class text - The Secret Deep, which is a mystery story with a little science-fiction, based on real science.

There has been fabulous success with our sporting achievements, with qualification to the next round of the swimming competition and cross country county events. Our rugby team qualified to the next round, where they entered a hard fought competition at West Norfolk Rugby Club after both teams came away with medals from the cluster event. Two teams competed in the Croydon Cup football tournament in different leagues. Both teams came away with bronze medals. The Quicksticks hockey was a popular event and again,

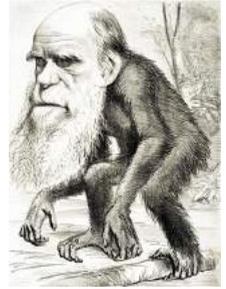
the school was represented by two teams, where Pelicans Hockey club talent spotted several youngsters. Years 3,4 and 6 travelled to Lynnsport to participate in a Sportshall Athletics competition, where their sportsmanship and excellent behaviour was noted.

At Dersingham VA Primary we are encouraging all our children to become confident, happy and enthusiastic readers and writers. We are a 'Power of Reading' school, exploring a range of enriching texts, allowing children to immerse themselves with the variety of activities that develop the children's reading skills. We are celebrating our progress and encouraging further excitement in a reading challenge building up to World Book Day on 7th March. We have been fortunate to have two visiting authors work with the children and another author planned for next month. We would love to include members of our community in our promotion of reading. If you feel you could share an afternoon to talk about your favourite book from your childhood or perhaps how you use reading in your day to day work or life, or even come and join our book club, please contact the school, we would love to hear from you. We want to show that reading is a fun social activity and can involve all members of the community, from reading your favourite recipes to the daily newspaper or even the Village Voice!

With one term already in the bag, children and adults are gearing up for another busy few months of laughing and learning together! I wonder what will be revealed in the next Village Voice issue...?□



"Orgins" by Allan Coleby



This is a word game about phrases in common use, such as 'once in a blue moon' or 'a dark horse'. We all know the meanings of such phrases, but it is fascinating to know how they originated, how they came to mean what they do in current English usage.

In "Orgins", the reader is offered three credible theories of how specific phrases began to be used. The objective is to identify the one correct explanation.

Phrase: "To cut and run" (meaning: 'To abandon responsibilities or to leave a job speedily').

Origin (a): In olden days, an apprentice who learned his trade was indentured to his master. The apprentice had to live in the tradesman's workshop for the five years of his apprenticeship and sleep under the workbench. He was allowed a day off on a Sunday near Easter to go home to see his mother and take her some flowers: Mothering Sunday. Some apprentices could not put up with this life, and so they cut short their apprenticeship and ran away: they had "cut and run".

Origin (b): In previous centuries, ships' anchors were connected to the ship by a very heavy and strong iron chain. If this was dropped to the sea bed, it kept the ship securely in one place in spite of currents or strong winds. Some ships had anchor cables of strong rope, made by twisting together strands of hemp. If this was the case, the captain might want to get his ship away from an area quickly, as with severe storms or an attack by an enemy. Then, the rope could be cut so that the ship could run before the wind. For example, when the Spanish Armada was anchored off Calais and their captains saw the approach of Howard's fireships, they "cut and run" to escape.

Origin (c): In the days of slavery, a slave was sometimes set to work in an outlying part of the master's property. As he was on his own, he was tied by the ankle to a tree or post. Sometimes, the slave managed to wear through the rope with a stone or an iron rail, so that he could then escape, and was said to have "cut and run".

Phrase: "To pass the buck" (meaning: to pass the responsibility for anything on to someone else, and so avoid being responsible").

Origin (a): There is no doubt that this phrase originated in America, but it is now widely used in English. In America, just as in Britain, the speedy development of industrialisation was accompanied by the spread of deep mines to get the metals and minerals necessary for new industries. Deep mining, however, was very dangerous work, and one of the security measures taken was that as each miner went down a deep mine to begin his working shift, he was given a piece of buck shot by his supervisor. As they returned at the end of the shift, each man handed in his buck so that the officials knew whether everyone had returned. So, when the supervisor passed the buck as the men went down, he was responsible for them, but not when they had returned the buck and finished work.

Origin (b): Ever since they were introduced into Britain by the Normans in the twelfth century, rabbits have been hunted and eaten by people. Mostly, they have been trapped or shot, but in some places, they were "farmed". This meant that the does (females) were kept in rows of hutches, one doe per hutch. When the people who farmed them needed more rabbits to eat, a buck would be passed into each hutch in turn so that a new family

of between three and eight 'kittens' was produced. All of the new rabbits produced in this way needed to be fed and used for further breeding or killed for their meat and their fur. This passing of the buck was therefore responsible for the increase in the population of rabbits.

Origin (c): The hunting, selling and eating of rabbits became big business in early eighteenth century America. Some 500,000 of them were traded each year. Those who hunted or farmed them would, for entertainment, sit in a circle in the evenings and play an early form of the card game, poker. The game was used for gambling, and so the amount of money a player made depended on how good was the hand of cards he had been dealt. It was essential to maintain fairness in dealing for each hand, and so the position of 'dealer' was passed round all the players in turn. A marker called a 'buck' was placed next to each player in turn to remind him that it was his turn to deal next. When silver dollars became the markers, they would have taken the slang name, 'buck'. The poker players passed on the responsibility for the deal when they "passed the buck".

Answers are shown on page 67

CRICKET PLAYERS WANTED IN 2019

Dersingham Cricket Club is always actively looking for new players to join one or both of our teams.

We currently field two adult teams, one playing in the Norfolk League on Saturdays and another in the over 40's league playing on Wednesdays. Whatever your experience, age or ability, everyone is welcomed to play.

We are a very sociable club with a bar for post match drinks and regular BBQs during the course of the summer.

We are also looking for new committee members to help run the club behind the scene and a scorer for match days.

For more information please contact 07818 248492 (Foggy) or 07860 255177(Roger)□



Dersingham Day Centre From Jan Holt

A belated Very Happy New Year from Dersingham Day Centre.

We seem to have crammed a great amount into the last few months as well as all our usual activities of cards, dominoes, scrabble, knitting and chatting. Back in September we held our Autumn Fayre which raised the princely sum of £600 for our funds – many thanks to all who supported us.



In November we celebrated Margaret Rhodes's birthday. November also saw us celebrating Dersingham Day Centre's 37th birthday with a wonderful birthday cake baked by Alison.

Coming up towards Christmas we were all busy knitting cakes, puddings, etc to decorate our Christmas Tree for the Christmas Tree Festival in St Nicholas Church. The tree looked so bright and

colourful when we'd finished. We're already racking our brains for ideas for next Christmas!

On the 19th December we held our Christmas party. As members arrived they were delighted to see the tables beautifully set ready for Christmas lunch, with festive serviettes, crackers and truly splendid table centre decorations. One of our members, Pam Skerritt, created these decorations and then generously gave them as raffle prizes after we'd had lunch. (I was particularly thrilled as I won one!) The Christmas lunch was traditional with all the trimmings and it was of course delicious – many thanks again to Carol and Avril for all their hard work in preparing it for us. After lunch we were entertained by country music duo Merv and Maria who played and sang Christmas songs and carols. Everyone really enjoyed the afternoon and some volunteers and members were tempted to take to the floor for a dance! We finished the afternoon with tasty home baked mince pies given to us by our friend, Hazel Wolff.



Dersingham Day Centre was then closed for the Christmas break and we started back on the 9th January 2019.

If you would like to know more about joining Dersingham Day Centre then please contact Ann Saunders on 01485 542885 or Hilary Judd on 01485 543204 or 07887 486739 □



- free measuring and estimates with no obligation
- superb range of carpet, vinyl and laminate samples
- exceptional service, including uplifting and disposing of old flooring and moving furniture
- a family-run business, with over 30 years of experience
- home selection service available



**Unit 6, Heacham Hall Industrial Units,
Hall Close, Hunstanton Road, Heacham, King's Lynn,
Norfolk PE31 7JT**

**OPEN: Monday, Tuesday, Wednesday, Friday 9.30am-4pm
Saturday:10am-2pm (CLOSED all day: Thursday)**

tel: 01485 572202

email: rushmoreflooring@btconnect.com

www.garyrushmoreflooring.co.uk

Mann Made Developments Ltd

Specialists in Property Maintenance

Extensions, New Build, Renovation, Roofing (Rubber Bond)
plus All Other Tasks including groundwork, drainage, etc.
No Job Too big or Too Small

Call anytime for your Free Quote
07798 723287 or 01485 540008
or email: info@mannmadedevelopments.co.uk

Heacham Christian Bookshop

1A Lodge Road, Heacham, Norfolk. PE31 7AA

Books, Bibles, Cards, CDs, DVDs, Candles, Gifts, Traidcraft products, Church resources, Stationery and other supplies

A warm welcome awaits visitors. Orders can be made via:

Tel 01485 579094 email hcbn@posmail.co.uk

www.stmarysheacham.webeden.co.uk

Open: Mon, Tue, Wed, Fri, Sat 10am - 4pm



Helping to Keep Your Independence

HOUSE WORK All domestic duties within the home

GROCERY SHOPPING

Collection of pension, prescriptions

LAUNDRY Washing & ironing within clients home

COMPANIONSHIP All helpers are very carefully employed and references are always asked for and confirmed. Our helpers are all mature and dependable by nature

We provide an honest and reliable home help service at extremely competitive rates, covering Hunstanton & surrounding villages

K. H. HOMECARE

For any further information please contact

Mrs K Hudson **01485 570179**

Established in 1997—Accredited by Norfolk Trusted Traders Scheme



SUZIES FITNESS

west norfolk

FOR ALL MY CLASSES
SEE MY TIME TABLE AT
WWW.suziesfitness.co.uk
ANY QUESTIONS PLEASE CALL
07900 818311





A very Happy, Healthy and Holy New Year to you all. Although the social calendar has not yet been finalised at the time of writing, there will be a pancake supper on the evening of Shrove Tuesday at St Cecilia's, which this year is 5th March.

This year's 'Women's world day of prayer' will be held on Friday 1st March and is led by the Christian women of Slovenia. The topic of this year's service is 'Come-everything is read, further details will be available shortly regarding this year's local venue. You can search the website www.wwdp.org.uk to find lots of information and resources.

Exceptional voluntary work within the parish of Hunstanton with Dersingham was recognised recently when, at the end of the parish's popular Wednesday morning Mass on December 19th, a Diocesan Medal was presented by Canon Peter Rollings to parishioner Stuart Grant. This was in recognition of his work in the parish over a long period of time. Stuart is a real stalwart of the parish and has, among other things, been treasurer for many years, as well as going above and beyond to ensure that the needs of parish priests, visiting priests and retired priests are catered for. He was instrumental in the organisation of the recent parish church refurbishment, and did notable work in making sure the house at Dersingham was made ready for the welcome arrival of retired priest Fr Henry MacCarthy in our parish. Stuart has been a key figure in the support provided to enable Fr Henry's ongoing ministry, and his work has been significant in providing continuity for parish life during periods of change.



Fr Peter added a personal thanks to Stuart for all his support in managing the parish finances and building and grounds maintenance for Hunstanton parish which has been a great help to Fr Peter as Parish Priest of Hunstanton and also of the larger adjacent parish of King's Lynn.

Foodbank supplies are still required, items can be left in the porches of both churches. Please ensure that all items are well in date. Thank you for your continued support..

There is a *Fair Trade Stall* at St Cecilia's after the 9am Mass on the first Sunday of every month. Please support this very worthwhile cause by buying fairly traded goods to support families abroad trying to earn a living. For more information please contact Caroline Brooks on 01553 673069.

All social events will be well publicised in the weekly bulletins and on the website. Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Everyone will be most welcome.

Daily Masses will be 10am in the Convent during winter months and in the parish church from spring at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday mass is at 10.15am at St Cecilia's, Dersingham. **Sunday Masses** are **9am** at St Cecilia's, Mountbatten Road, Dersingham and **11am** at the Parish Church of Our Lady of Perpetual Succour & St Edmunds, Sandringham Road, Hunstanton. The Parish telephone number is 01485 534675.

If you require a Priest urgently please telephone V. Rev Canon Peter Rollings on 01553 772220 or email; parishpriest763@gmail.com

Website: www.hunstantoncatholicparish.org

Email: parish@hunstantoncatholicparish.org

LOVE YOUR LIBRARY BECOME A FRIEND

Winter is certainly showing its cold side but luckily no snow so far. I have noticed some have found the library not only a place for borrowing books etc. but also a warm environment to spend time in.

Do you ever feel like just getting out of the house but with no money to spend and nowhere to go? Have you ever thought of visiting your local library?

The other Sunday I popped into Dersingham Library to return a book and saw a mother and child cuddled up on a beanbag in the quiet children's corner engrossed in reading a story. Further down the main room was an elderly lady reading the newspapers and at one of the PCs a gentleman who told me he was catching up with family and friends by email. This is only a small part of what your library offers but it was so encouraging to see it being used in these ways.

You can register for the Open Libraries Service for extended access to the unstaffed library outside normal opening by speaking to staff.

- Monday: 8am-7pm (staffed 2-7pm)
- Tuesday: 8am-7pm (Open Libraries access only)
- Wednesday: 8am-7pm (staffed 10am-7pm)
- Thursday: 8am-7pm (staffed 10am-7pm)
- Friday: 8am-7pm (Open Libraries access only)
- Saturday: 8am-4pm (staffed 10am-4pm)
- Sunday: 10am-4pm (Open Libraries access only)

That's 69 hours of access!!

Just before Christmas we started the festivities by welcoming the Dersingham Descanters who charmed us with their hand bell ringing renditions of Christmas songs. As well as singing along some of the audience joined in and there were big smiles all-round when no one dropped a clanger.

We have a wonderful library in the village and mobile library in surrounding villages with dedicated staff. Please support.

If anyone wishes to find out more about Dersingham Library Friends please pop into the Library and speak to any of the staff.

LIFE IS A JOURNEY THAT STARTS AND ENDS WITH FAMILY

We are a firm of Independent Financial Advisers based at St Nicholas Court in Dersingham with ample car parking for clients, specialising in:

Trustee & Attorney Investments
Long Term Care Planning
Inheritance Tax Planning
Savings & Investments
Retirement Planning
Financial Protection



Tel: 01485 541998
Email: info@allentomasfinancial.co.uk
Web: www.allentomasfinancial.co.uk

Allen Tomas & co
FINANCIAL MANAGEMENT



Barn House Holiday Lets.

www.barnhouseholidaylets.co.uk

14 Station Rd, Dersingham

01485 298807

Do you have friends or relatives visiting you requiring a place to stay?

We have two self contained holiday apartments for hire for a week or short break.

If you are interested in making a booking please contact us through the above website or give us a call.



FENLAND

— GARAGE DOOR CENTRE —

EST: 1979

A small repair or an Automated door system

Call the local experts

0800 0612636

Remembering RAF Sergeant David Coe

By Patrick Linford

I am an old Dersinghamite currently living in Sherborne St John nr Basingstoke, Hampshire. A good friend, Mr George Rust, lives nearby. Several years ago George told me about an upsetting wartime experience. In 1943 the Rust family were living in Harmondsworth, west London. In the early morning of 16th September eight year old George and his twin brother Douglas were woken up by a low flying aircraft which sounded as if it was in trouble. Looking out of their bedroom window the boys were horrified to see the plane crash in a field not far away.

George eventually learned that the plane was a Halifax bomber of 427 Squadron, Leeming, which had been on a bombing mission in France. The seven man crew consisted of four Canadians, and three British, and none survived the crash.

Some years later George decided that he should find out as much as possible about the crew and campaign for a memorial to be sited where the plane had crashed. When the research was in progress George gave me a progress report, and remembering that I was from Norfolk he said that he had discovered that the flight engineer, Sergeant David Coe, was from a village in Norfolk called Dersingham.

George, I replied, you are not going to believe this, I am a native of Dersingham and I witnessed the hearse and funeral cars proceeding to St Nicholas Church, Dersingham for the funeral of David Coe.

This is how it happened. The date was the 21st of September 1943, I was nine and it was still a day or two before the start of my new school term at KES. My father, well known as Rowly Linford the grocer, had asked me if I would help with a few shelf stacking jobs in the shop that afternoon.

One window of Linford's Corner Stores faced on to Station Road, and I noticed a young soldier standing on the pavement. This was unusual and not like seeing people waiting for a bus from the window facing the main Hunstanton Road. Eventually curiosity drove me to go and ask the soldier why he was there. He told me that a military funeral procession was due to pass by quite soon, and that he would stand to attention and salute when it did. I looked down Station Road and saw the funeral cars approaching. The young soldier saluted as he had said. He was of course paying military respect to Sergeant David Coe who had lost his life in our defence aged 19 years.

George's campaign for a memorial was successful and a memorial stone was indeed sited at the site of the crash in Harmondsworth Moor Park. The Park was created and is supported by British Airways. It is next to "Waterside", their headquarters. They hosted a ceremony of dedication on 7th July 1999. It was my privilege to be present at the ceremony to pay respect to a brave Dersingham man. □





DERSINGHAM VILLAGE CENTRE ASSOCIATION

and

DERSINGHAM TENNIS CLUB

Bring you a First!

SUPPER AND CASINO NIGHT

at

Dersingham Village Centre

Saturday March 16th 2019

7.00pm

Cost (includes supper and casino):

£20 - in advance - at Dersingham Post Office

or call 07707 832295

£25 - on the door



Dress to Thrill 007 Style!



Allen Tomas &^{co}
FINANCIAL MANAGEMENT



Proceeds will be shared equally between Dersingham Tennis Club and
Dersingham Village Centre Association (Registered Charity 1178462)



The following activities take place at the **Dersingham Village Centre** on a weekly basis unless indicated otherwise. Information relating to activities marked 'A DVCA Activity' can be gained by contacting enquires@dersinghamvillagecentre.org.uk or by ringing 07707 832295. For more information about all other activities please contact the individuals shown below.

Monday

08.15 – 08.45	High Intensity Interval Training	Suzie Povey	07900 818311
09.00 – 10.10	Yoga		www.Suziesfitness.co.uk
10.00 – 12.30	Coffee Club	A DVCA Activity	
	<i>Drop in for a Cup of Tea or Coffee, chat, read, or relax.</i>		
10.30 – 11.30	Exercise Class for the Over 50s & Less Able	Shelley Ross	01485 533273
11.45 – 12.45	Fit 'n' Dancing <i>with Marenne Dance</i>	Margaret Quick	01485 541162
		peghunter@tiscali.co.uk	07930 556675
13.00 – 13.45	Pilates	Elke Martin	07971 440539
			Contrology8@gmail.com
From 18.00	Dog Training Classes <i>with All Dogs Training School</i>	Laura Rodgers	01485 475475
		info@alldogstrainingschool.co.uk	
			www.alldogstrainingschool.co.uk

Tuesday

10.00 – 14.00	Lavender Lacemakers	Lyn Hallifax	01485 533611
			m.hallifax@btinternet.com
15.00 – 17.00	Dersingham Carpet Bowls Club	Jenny	01485 543201
		or David	01485 543678

2nd Tuesday of the Month

19.30	Village Voice Live	A DVCA Activity
	<i>£5 Admission including Refreshments & Raffle</i>	

2nd & 4th Tuesday of the Month

13.00	Community Friendship Lunch	A DVCA Activity
	<i>£5 for 2 Courses with Tea or Coffee – Open to All</i>	

Last Tuesday of the Month

19.30	Dersingham Village Screen	A DVCA Activity
	<i>A Different Film every Month</i>	
	<i>£5 Admission including a cup of Tea or Coffee</i>	

Wednesday			
09.00 – 15.00	Dersingham Day Centre for the Eldery	Ann Saunders	01485 542885
10.30 – 11.30	Ballet for All	Margaret Quick	01485 541162
11.30 – 12.30	Rock your Baby Dancing <i>both with Marenne Dance</i>		07930 556675 peghunter@tiscali.co.uk
17.45 – 18.30	Pilates	Elke Martin	07971 440539 Contrology8@gmail.com
19.30 – 20.30	Jazzercise <i>Pulse-pounding, beat-pumping fitness</i>	Hilary Mayes	07909 282165 hilary@jazzercise.net
Thursday			
10.00 – 11.00	Pilates	Elke Martin	07971 440539 Contrology8@gmail.com
From 18.00	Ballroom, Latin, Sequence & Swing Classes 18.00 Gentle Pace; 19.00 Beginners; 20.00 Beyond Beginners;	Val Kershaw 'Take the Lead'	07789 957071 info@taketheleaddance.co.uk www.taketheleaddance.co.uk
Friday			
From 18.00	Dog Training Classes <i>with All Dogs Training School</i>	Laura Rodgers	01485 475475 info@alldogstrainingschool.co.uk
Last Friday of the Month	Tea Dance <i>£5 Admission including Refreshments</i>	A DVCA Activity	
Saturday			
1st Saturday of the Month	19.30 – 22.30 Ballroom, Latin & Sequence Dance Nights <i>Open to anyone who would like the chance to just dance! All Levels Welcome.</i>	Val Kershaw	07789 957071 info@taketheleaddance.co.uk www.taketheleaddance.co.uk
3rd Saturday of the Month	10.00 – 14.00 Lavender Lacemakers	Lyn Hallifax	01485 533611 m.hallifax@btinternet.com
Sunday			
Selected Sundays	19.00 – 20.30 'Elevation' <i>Christian Youth Group with St. Nicholas Church</i>	Rev Mark Capron	01485 297293

DERSINGHAM VILLAGE SCREEN

on

26th February 2019

7.30pm

at

THE NEW DERSINGHAM VILLAGE CENTRE

GARY OLDMAN
IS WINSTON CHURCHILL
DARKEST HOUR



Entrance Fee: Adults- £5

To include free Tea or Coffee

Other drinks and snacks available at reasonable prices

Doors Open at 6.45pm

**Dersingham Village Screen is managed for the
Dersingham Village Centre Association
(Charity Number 1178462)**

**in collaboration with
Creative Arts East**



Sandringham Parish Council news

from Ben Colson



Happy New Year, and let's hope that it proves to be a good one for all your needs and aspirations.

The Parish Council met on Wednesday 9th January with all seven Councillors present. Stuart Dark, our County Councillor, Tim Tilbrook our Borough Councillor and Norfolk Constabulary were also there.

We have heard from the Post Office that, after encountering some problems with the project, it is now making progress with its rural mobile post office van which will cover smaller villages including West Newton twice weekly, and possibly also Wolferton once a fortnight.

We confirmed that we want our County Councillor to put any funds he has available (called the Councillor's fund) towards getting a bus stop close to the St Nicholas Health Centre at Dersingham to provide a valuable direct link from West Newton to the surgery, the shops there and the Village Centre.

By far the most important discussion was about whether to raise a Precept – so whether to charge households – to provide for services that we as a Parish Council have to pay for. From 2019, for the first time, this includes such basic things as holding an election. We have negotiated an arrangement so that the cost of legally required services is paid for on our behalf, and on this basis, a motion was tabled not to raise a Precept, and Councillors voted unanimously for it. That is really important as it means that households in the Parish will remain amongst only a few in Norfolk that do not pay for services delivered by or on behalf of the Parish.

It was fifty years ago in May that the railway line through Wolferton closed. After decades lying dormant, and with much now built over, there are two competing proposals to reinvigorate it. A campaign group is making the case for the line to be re-opened, obviously not on precisely the same alignment as before, but Norfolk County Council is now also suggesting that it is one of four in the County that should be redeveloped as a footpath and cycleway. It has just held public exhibitions of its proposals in Lynn and at Hillington (the line from Lynn to Fakenham, closed ten years before ours and is another proposed candidate).

The Parish Council has received a kind offer from one of the village businesses to provide a seat to be sited in Wolferton. We have had discussions with the Estate, as landowner, which has agreed to a location commanding a good view. We are hopeful that it will be in situ in time for this Summer's walkers.

The next meeting of the Parish Council will be held at 6.30pm on 6th March at Wolferton Social Club and members of the public are very welcome to come along. The one after that is at 6.30pm on 8th May at the Sandringham Club, West Newton, which will be a bumper triple event, starting with a Parish Assembly, then the formal Annual General Meeting of the Parish Council, and then the normal two-monthly meeting of the Council.

The Parish Assembly is an opportunity for residents of Babingley, Sandringham, West Newton and Wolferton to meet and hear from the various clubs and societies in the Parish as well as from the Council itself. More information on this will be in the April / May issue of Village Voice.

We have received the notes below from the NHS in Norfolk and Waveney about helping them this winter.

All of us should be making sure our medicine cabinets are stocked. It's also sensible to order any regular medicines you need in good time so you don't run out, taking care to only order what you need.

But if you do feel poorly, seek advice from your local pharmacist before it gets worse. If it's urgent, then a call to your GP or NHS111 is the next step, and they'll advise you what to do.

If you're suffering from norovirus or other common sickness bugs, don't spread it around by visiting your GP or other public places. Stay at home and rest.

HomeFirst – your bed is the best bed! None of us want to go into hospital or a care bed, but if we do it's good to get home if we can. The NHS and social care across all of Norfolk and Waveney are stressing that if someone needs a hospital or temporary care bed they will get one, but their aim is always to help people get back home as soon as possible. This is because older people in particular can lose independence rapidly. Being back home can also help a speedier recovery. So if you know a friend or relative, particularly if they are older, who has to go into hospital it would be kind to make sure they have all they need to get back home, including checking the heating works and they will have food in the house, the washing is done and they feel OK.

New Year, New You! With the start of a New Year people's thoughts turn to getting fit and improving their health. To stay healthy or improve health, adults need to do two types of physical activity each week: aerobic and strength exercises. How much physical activity you need to do each week depends on your age. Adults aged 65 or older who are generally fit and have no health conditions that limit their mobility should try to be active daily by doing at least 150 minutes of moderate aerobic activity such as cycling or walking, and strength exercises on two or more days a week. Why not join a local walking group, go for a swim or join a local class. Your library should have information about groups near you.

Wolferton village news

As you will have read above, we are delighted to have been offered a seat to locate in the village and we have chosen an ideal location and are having great co-operation from the Estate to site it.

Church matins or family services at St Peter's will be held at 9.30am on 10th February and 10th March, followed as always by tea or coffee, biscuits and the chance for a good chat. The Church Roof fundraising is progressing but so too is the cost of the absolutely essential building repairs, now priced up from £80,000 to £90,000.

A meeting is to be held soon after press date for this article to identify and plan for ways to scale up the fundraising during the forthcoming year.

The Social Club continues with its various activities, including room hire at competitive rates. The Wolf Folk Club meets there fortnightly on Thursdays. Cash Bingo evenings in 2019 will be held at the Social Club on 10th February, 10th March, 7th April, 12th May, 9th June, 7th July, 4th August, 1st September, 6th October, 3rd November and 1st December. □

**Do you
CARE
for
YOUR
EYES?**

You can see
WE CARE
at
Wigram & Ware

8, Blackfriars Street,
King's Lynn
01553 772878

4, Jubilee Court
Hunstanton Road,
Dersingham
01485 544850





Dersingham Carpet Bowls

Friday 16th November was our last evening at the old venue at Dersingham V.A Primary School. Plenty of members turned up and, after playing matches in the first half, all of our equipment was loaded into members vehicles for the move. Thomas had kindly volunteered to open up the Village Centre, so we were able to transfer straight there. All those members who had not had a chance to see the hall were very impressed. Many thanks to the Headmistress and Steve the Caretaker for our use of the School over the years.

Fred, Mike, Ray and Ulla travelled to Littleport for the monthly four's competition. They did well against some strong teams and reached the Semi Finals where they were beaten by Littleport.

Tuesday 20th November was the first afternoon at our new venue. At least nine new people came along to have a go and hopefully they will like us and join. All went smoothly as we have a system of "mucking in" and doing whatever needs doing. Teas and coffees soon flowed from the kitchen at half time with plenty of seating in the Hub.

Thanks to a bit of "insider knowledge" we have been able to acquire a pre-used carpet roller, three carpets, wood, scoreboards and all equipment at a very reasonable price from a club that was sadly disbanding. This, plus the delivery of a newly ordered roller and two carpets from Heacham, means that we can now set out at least five carpets for play, which will comfortably accommodate our newly increased membership and future interclub competitions.



The next evening saw around twenty-five members gather at the Anvil in Congham for our annual pre-Christmas meal. Ably organised by Maureen, starters and main courses were

pre-ordered to ensure prompt and efficient service, with the food up to its usual standard. Most members then got stuck into puddings. An enjoyable time was had by all.



On 4th December our new regular venue had been pre-booked for what was a very good craft fair. We therefore returned to Orchard Close for a Christmas indoor picnic. Maureen again got us organised, so a good range of food was provided

by members. There was a sheet of cryptic clues to (mostly) British birds to get the brain cells working. This was eventually won by Jan and Jenny P who received an appropriate pack of Penguin biscuits as a prize. Maureen had produced a general knowledge quiz plus "Guess the smell" which consisted of small jars containing various random smells to guess. It's surprising how difficult it is to identify well known scents out of context. The afternoon ended with the grand Christmas raffle where everyone received a prize.

At the final session before Christmas members were invited to wear Christmas jumpers for their matches. Happy New Year to all our members and readers. Sessions restarted on 8th January and will continue on Tuesday afternoons. □

Not enough room for your visitors?
We can put them up.

Tall Trees

Bed & Breakfast

Exclusively for non smokers

01485 542638

frostytrees7@gmail.com

talltrees-norfolk.co.uk



GARY KITE

Computer Services Dersingham

Sales, Upgrades, Repairs

Home Calls for Tuition

Broadband Installations

& General Maintenance

Over 25 years experience



Tel 01485 544606 Mobile 07775 512485

●Personal Service ●Professional Technician

Flowers by Yvonne

We Care, It's Our Name

Providing quality flowers for all occasions

Gifts, Weddings, Receptions, Churches
and Funerals

London trained, with experience in
West End and society events

Telephone: 01485 540628

25 Manor Road, Dersingham, PE31 6LD

www.flowersbyyvonne.co.uk



Flowers By Yvonne

RED PUMPS GARAGE

Vehicle Repair & Maintenance Specialists

86 Chapel Road, Dersingham

01485 540458

Email:

redpumpsgarage@btinternet.com

www.redpumpsgarage.co.uk

- Service & Repair to ALL Makes & Models
- Class 4 MOT's
- Ferodo Brake Specialist
- Engine Diagnostics & Management
- Tyres, Exhausts, Clutches, Batteries etc
- Air Conditioning
- All Work Guaranteed & Competitively Priced



Gardening with Disabilities

By May Davey

Gardening made easier



Our Christmas gathering was on Tuesday 18th December at Knight's Hill Hotel . This was a happy meeting of 32 Members and friends. A bouquet was given to Gloria Pantling, our Chairman, who will be retiring from that office at the AGM in March and who has done a great deal to strengthen the club over the past three years. Thank you, Gloria.

On Friday 15th February, at Dersingham Village Centre, Johnny Walker from Taylors Bulbs will be tempting us to buy his latest bulbs and telling us how to look after them.

Our 2019 AGM will be held at Park House, as usual, at 2.00pm on Friday 15th March. Afterwards Joan Hill will encourage people to have "Colour in their Gardens" all year round.

In April we are going by our own transport at 2.00 pm to

Sandringham Sawmills where Peter Bourner will guide us around the factory.

Afterwards, at 3.15 pm there's a cream tea booked at Petals Tearoom on Manor Road in Dersingham.

We always welcome new members and guests. Tea and a raffle ticket at the door cost only £2.00 and a year's subscription is £12.00. Please contact May Davey 01485-544953 for more details.□



We Buy Local cars

If you are looking to sell your car we can offer a safe and secure immediate purchase.

Telephone: **01485 542246** or **07785 544376**
or visit our website: webuylocalcars.co.uk

Waltersons, Lynn Road, Dersingham

Our next lecture - 11 February

Turbulent times: Russian History as depicted by its 19th century realist painters.

Sir Tony Brenton



2.00pm

Sedgeford Village Hall

Russia's great 19th century representational painters (virtually unknown in the West) presented Russian history with a drama and intensity comparable to that of Tolstoy and Dostoevsky. They tell deeply human stories and teach deeply political lessons. Tony Brenton (former British Ambassador in Moscow) looks at these paintings and explores the world they set out to illuminate.



**Supreme
Carpets**

**SUPREME
QUALITY
& SERVICE**

Carpets
Rugs
Solid Oak
Vinyls
**Laminate &
Natural Flooring**
**Luxury Vinyl
Tiles**

Visit our showroom at Foresters Hall, 49 Manor Road,
Dersingham, King's Lynn, PE31 6LH

Open Monday - Friday 11am-5pm Saturday 10am-2pm

Call us today - 01485 542384 or visit www.supreme-carpets.com

Home selection specialists



- | | |
|---------------|-----------------------------------|
| •Carpentry | • <i>Over 30 years experience</i> |
| •Kitchens | • <i>Fully Insured</i> |
| •Bathrooms | • <i>All work guaranteed</i> |
| •Tiling | • <i>Free estimates</i> |
| •Alterations | • <i>No job too small</i> |
| •Improvements | • <i>Reasonable rates</i> |
| •Decorating | • <i>10% OAP discount</i> |
| •Maintenance | |

CRB Checked / Friendly Service

Ring Paul 01485 544500

Mobile 07769 587740

CHRISTYANA FABRICS & BLINDS

Free Quotation and Fitting Service

Making Up Service Available

Contract Work Undertaken

Paula Bloom

18 Lynn Road

Dersingham

01485 541111

07917 695069

CYCLE SALES
CYCLE REPAIRS
CYCLE HIRE
CYCLE ACCESSORIES

A. E. WALLIS
HIGH STREET
HEACHAM

01485 571683

Established 1939

www.aewallis.co.uk

[twitter](#) @heachamcycleman



Norfolk Hearing Care

Do you find your hearing is not what it used to be?
For a personal service from a local and independent hearing professional ring now on 07925 792146

Mark Brindle RHAD MSHAA
www.norfolkhearingcare.co.uk

17 Graham Drive, Fair Green,
King's Lynn PE 32 1RL



The Archaeology of our Garden

by Brian and Yvonne Anderson



Visitors to our house frequently remark that it's "quirky". And we suppose that's true. There is an older small bit attached to the row of cottages called Leggett's Row. We don't know how old these are - our old paper deeds go back only to 1870. The newer part of the house we can date to around 1950 or shortly after, since we have the architect's drawings. We know from looking at old maps and speaking to our neighbour that the plot has had many boundary changes over the years.

This does no more than set the scene. The previous uses of the land have left a large number of items in the garden and the replacement of an old dilapidated garage produced more. We have selected a short list of items which we find interesting and hope you will too!



The bottle

It's hard to see in the picture, but there is raised lettering on the bottle which reads "Glyco-thymoline 3 fluid oz". It was widely used (and indeed still is to some extent) as an alkaline mouthwash, gargle and nasal spray. It is claimed to freshen breath, remove excess mucus, sooth gums and throat, reduce acidity and sooth oral dryness. It was patented in 1894 but may have been around longer. There are warnings in early 20th century medical journals about

overuse leading to mastoiditis!

The button

This needed a bit of cleaning up when we found it and it's still not bright but the monogram is legible. The letters E, A and R are intertwined and the Roman number VII is visible. We consulted the Sandringham Museum and they confirmed that we have a livery button from the reign of



Edward VII and Alexandra which dates it between 1901 and 1910. The makers name is still clear on the back - Firmin and Sons, London. This company was established in 1655 and is still trading today although currently based in Birmingham. Sandringham staff still wear uniforms with smaller, simpler livery buttons,



The donkey shoe

Our neighbour informed us that there used to be a paddock across part of our back garden that was used to graze donkeys. The object shown looks like a donkey shoe (right size and shape) although it is very corroded.



The pottery and clay pipes

We have found a huge amount of broken pottery in the garden - the picture shows some of the more attractive larger pieces. Most of it seems to be Victorian or Edwardian although there are pieces that suggest the 1950s or 60s. There is quite a lot of Willow Pattern, which is not surprising as it has remained in production since about 1790 until the present day. It's very difficult to date as many manufacturers have produced it and slight pattern variations are common. One fragment of pottery (not illustrated as it's not very photographable) is a

piece we think (based on the experience of a pottery course at Sedgford) is Grimston ware, dating from the medieval period.

Clay pipe stems are often found, bowls less so. So we were pleased to find part of a bowl that seems to have made in Dublin.

The ointment pot

This was found beneath the dilapidated garage when we had it demolished and replaced. The address on the base made it quite easy to trace. It contained Holloway's Ointment for gout and rheumatism. The founder of the company Thomas Holloway was born in Plymouth in 1800 and began his ointment business at Broad Street in London in 1837. The business moved to the Strand in 1841 and to the Oxford Street address in the late 1860s. It relocated to other Oxford Street addresses after 1880 but the "533 Oxford Street" address remained on the pots. A final address for the company is in Southwark in 1910 So we can date the pot as not earlier than the 1860s and not later than 1910. You can see from the image that it wasn't a particularly cheap product - the three prices visible are 4/6, 11/- and 22/- . This would have been quite a lot of money at the time. Younger readers are invited to convert the prices to decimal currency!



The "thing"

We don't know what this is. Much miscellaneous ironwork has come to light but this is the only item that defies identification. It's got more or less the geometry of an auger but

it is not sharp and probably never was. It is odd in that the screw is a left-hand thread, not made to suit the way most people intuitively rotate a screw. The loop protruding from the socket is held in place by a strip of steel across the diameter of the socket so the loop cannot be removed and no sort of handle can be inserted



into the socket. It is far too large, ungainly and coarse to be a plumb bob. If anyone can identify the object, please write to the next edition of Village Voice!□



E.H Prior & Sons

family butchers and local produce

Est.1930

Fresh, high quality meat.

Hot pies, baked daily.

Seasonal fruit & vegetables.

Local produce & drinks.

Visit our stores at:

St Nicholas Court,

Dersingham,

Norfolk PE31 6GZ

Tel: 01485 542589

Creake Abbey Café

and Food Hall

North Creake NR21 9LF

Tel 01328 730399



www.ehpriorandsons.co.uk

THE CONIFERS

Home & Garden Services · Dersingham

Fencing · Gates Made · Shed Bases · Slabs

Garden Clearance · Mini Digger Work

Honest & Reliable Service

Mowing · Hedge Trimming

Conifers Reduced / Removed

Regular Garden Maintenance

Old Sheds / Garages Removed

Small Building Works

For more information and a free

QUOTE call

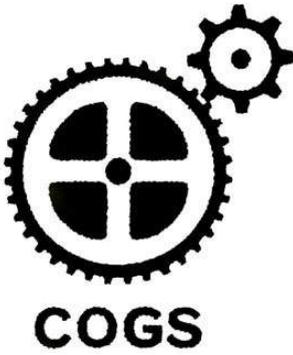
Mark Emmerson

Tel: 01485 298943 Mob: 07887 580840

Email: markemmerson37@tiscali.co.uk

Registered Waste Carrier





The Dersingham COGS By Mike Strange

These initials stand for Conservative Old Gentlemen's Society, though the conservatism is not aggressive but broadminded. Old is a comparative term: the youngest is in their sixties and the eldest late eighties.

Gentlemanly conduct is expected of members, with particular reference to ladies and her Majesty the Queen, whose health is toasted at the beginning of each meeting. These take place on every other Thursday at 10.30am at the Coach & Horses in

Manor Road. The toast forms virtually the only formal ritual apart from a report from the Chairman on the welfare of any member or their lady who might be unwell. Members look after one another and their spouses and the widows of former members, by providing support in times of sickness, with visits, lifts to hospital or surgeries and similar tasks, all on a voluntary basis. We are strongly patriotic and number among our members several whose careers were in the Services. We also include retired scientists, a Merchant Marine officer, a builder, an engineer, a senior civil servant, a company director, a senior police officer and a school teacher. In short, as varied a collection of characters as Agatha Christie could think up in one village and all with a tale to tell reflecting such a unique combination of experience.

Membership has always been by invitation and is restricted to twenty, plus our Member of Parliament, Sir Henry Bellingham, is an Honorary Member and has proved particularly helpful and available.

Apart from our fortnightly meetings, we hold social functions such as barbecues, Christmas lunches and occasional gatherings, all including the COGS ladies and guests.

Our number has declined of late due to the activities of the Grim Reaper and we have decided to extend beyond our immediate contacts. So, if you are a conservative-minded, though not necessarily political, man and fancy the lively company of others and a few beers, contact our present Chairman, Chief COG, Frank Marshall on 07757 725857 for more information and come along to a meeting to see if you like us! □

fade to grey

07981 294052 Alex
Email info@fadetogreynorfolk.co.uk
Facebook: [fadetogreynorfolk](https://www.facebook.com/fadetogreynorfolk)
Website: www.fadetogreynorfolk.co.uk

WOULD YOU LIKE TO LEARN THE
TECHNIQUES TO PAINT YOUR OWN
FURNITURE?

Maybe you'd like to try decoupage or use stencils effectively, Or perhaps you just fancy a couple of hours of 'me' time ?



WE ARE NOW RUNNING A SERIES OF
PAINT AND CRAFT WORKSHOPS.

Check our Facebook page or website
for details or call in to
the Granary at Snettisham

Workshops held at: The Dersingham Village Centre,
83 Manor Road, Dersingham, PE31 6LN

Sandringham Estate Sawmill

Admiral's Drive, Sandringham, PE35 6EG

Quality Timber:

♣ Fencing ♣ Decking ♣ Trellis

♣ Gates of all sizes

ALL TIMBERS ARE PRESSURE TREATED

FIREWOOD - AVAILABLE IN BAGS, BOXES
OR BY THE TRUCKLOAD

♣ Oak posts ♣ Fencing Panels ♣ Arches ♣ Garden Tools

♣ Rustic and machined poles ♣ Ironmongery ♣ Garden Furniture

sawmill@fsmail.net

Tel: 01485 543641 Fax: 01485 543239

RETIREMENT
PLANNING
PENSIONS
SAVINGS
INVESTMENTS
MORTGAGES
PROTECTION



RING ASSOCIATES
MAKING FINANCIAL SENSE

01553 777600

WWW.RINGASSOCIATES.CO.UK
11-12 Tuesday Market Place, King's Lynn, Norfolk PE30 1JN

Ring Associates Ltd is authorised and regulated by the Financial Conduct Authority

The Daily Doings of Mrs. Dolittle



Today I saw a cartoon that made me chuckle. There were these two innocent little children walking along a woodland path. They were very fat children and they were just coming up to a ginger-bread house, where two evil looking witches leaned against the door, waiting for the children to fall into their clutches and get thrown into the cook-pot. One witch is saying to the other, "Do you remember the old days when we had to feed them up first?"

That got me thinking. I loved all those childhood stories, and Hansel and Gretel always used to spook me. The two children were locked into a cage while the witch kept them well fed in order to fatten them up for a nice tasty meal. Every now and again, she demanded that a finger be thrust through the bars so that she could ascertain if they were plump enough to be eaten yet. The boy used to put a twig through the bars to fool the old woman.... but it is true, isn't it? You seldom see a slim child these days. In my day we were all as lean as lean, due to restricted war time diet, and lots of exercise and play outside, plus walking everywhere. We were actually as fit as fiddles, climbing trees, playing leapfrog, skipping for hours, and so on.

When I go to the supermarkets, I take a peek into mothers' trolleys. Full of junk food and pre-cooked meals and sugar-filled fizzy drinks and loads of revolting sweets. Do women not cook from scratch any more? How can children possibly be healthy on a diet of pizza, cola and sugar-saturated grub? Mothers mainly work now and are probably too tired at the end of a working day to begin to cook a nutritious meal for the family. In my day, mums stayed at home and cooked three meals a day. They got cheap cuts of meat from the butcher, fresh veg from the greengrocers and many a splendid meal was rustled up on a lean housekeeping purse. Cakes and tarts were baked regularly, as were suet puddings and all manner of pastry tarts, but the constant use of our legs for locomotion soon burned off the calories. A fat child was very much a minority. I was shocked to see in a local shop the other day a couple of machines with pink and purple iced 'stuff' rotating in the drums. I think they were iced drinks, but they looked perfectly revolting and I am sure there wasn't an ounce of goodness in them - this kind of thing can only be damaging to a child and yet it continues. I find it very upsetting.

Then, another 'cartoon' I noted was of a man driving along with an insect-splattered windscreen 20 years ago - the usual nuisance we motorists had to put up with years ago and have mainly forgotten. The second cartoon showed the same man driving along in this time-span with an insect-free windscreen. How many times have you had an insect-splattered windscreen happen during the summer? Never, I'll bet. It just doesn't happen any more, which means there aren't many insects left. I know we don't particularly like insects, but birds do. That's what they like to eat and that, presumably, is why there are so few birds left these days because they can't find enough food and of course, insects are food for other creatures too, all going into decline, but all part of the delicate ecosystem. And don't let me go on about plastic.... What ARE we doing to our planet??? Not you and I personally, but the planet IS being destroyed one way and another, as are we, the human race, and will the greed for power and money ever stop in order to let nature sort itself out again before it's too late? I'll get off my soap box now.

"My reflections are slow to react these days" I shouted at Remote Control Man the other day. I meant 'reactions' of course and I don't remember why I was annoyed with him. Obviously I had been slow to react about something or another and he was laughing his head off. I do get very muddled these days, and I do say daft things, but it makes him laugh, luckily, so I'm not out on the pavement with the bins yet.

Those of you who recall my late father, Gordon Anckorn, will know he was a charming and charismatic man, talented and very interesting. He was also a bit of a rascal at times as one never knew what he was going to get up to. One evening in the sixties he popped into our kitchen just as we had finished eating our evening meal. He said, "Are you coming, then?" and I asked "What are you on about?" He said, "I want you to have a look at a pop group." I asked, "What for?" and he replied, "They are expecting you." Knowing my father, I realised that he had told somebody that he knew someone who could help them up the ladder of success, so grabbed my bag and followed my father out to his car. He would tell me no more, but I knew I had to go, otherwise someone would be disappointed. I had no idea what he was letting me in for. My spouse stayed at home to look after the children.

We arrived at a village hall in the midst of the Kentish Weald where an excited man in a dubious ginger wig and an air of importance greeted my father and me, and led me to the centre of the hall, pulled out a seat in front of a Formica table and gestured for me to sit down as if I were the Queen - or someone of immense importance anyway. The blue curtains hiding the stage were firmly shut with muffled sounds emanating from behind them. "Ginger" placed a ledger in front of me, opening it up, and saying in a very Northern accent, "This is a list of their songs." Then he said proudly, "The lads have been practicing for weeks for this evening, and their Mums have worked hard making all their outfits." I stared at my Dad, who had the nerve to give me a confident smile, not embarrassed at all. I thought to myself - my God, hopes have been raised high for whomever I am supposed to view, and a lot of trouble has gone into this coming performance. I was glad I was wearing something a bit 'with it' - a mini skirt of red and orange with orange gladiator sandals and a red vest. I even had my sixties Dusty Springfield make up on (which I still apply - how dreadful at my age) and could maybe have been mistaken for 'someone in the business'!

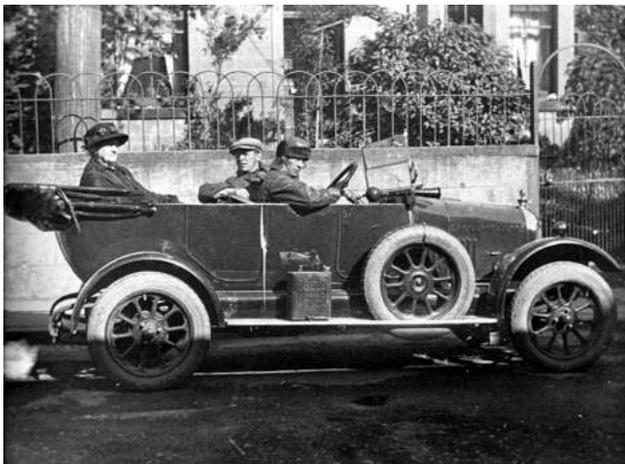


The curtains swished back to reveal a young pop group who immediately went into their routine. We were their only audience. I knew nothing about music, didn't know if they were good or bad - though they certainly weren't awful. It was also clear that "Ginger" had taken this group of youths under his wing and was coaching them up for fame and fortune - so many beating hearts and hopes with just ME sitting there with their lives in the balance. My father took the photo you see here, and I well remember my smile of "You swine!" You see, one could never get angry with my Dad - he had such charm. At the end of the routine, I realised that I was supposed to say something, so I summonsed up as much encouragement as I could, trying to sound as if I knew what I was talking about, and as they had been playing other peoples' pieces, suggested they wrote and



played some of their own work....what else could I have done? Father and I duly departed and I then raised my voice and said "How could you!!!!!" I don't know a thing about music and those kids were all waiting on my every word. "I knew you would pull it off though" replied Dad with his lovely grin, so what could I say? Dad duly reported back that Ginger said 'the lads' had been delighted with my presence and then asked who I was. My Dad wouldn't tell him, just tapped his nose. "I've seen her before though," mused Ginger. I know she's famous. Seen her on the telly..." Dad would have given him an enigmatic smile and it would have been left at that.

I've often wondered how that group fared. Did they find fame and fortune? Whether they did or not, I can guarantee they will always remember the time that 'famous lady' came to see them all the way from London. Not that I lived in London, but I expect my Dad would have inferred that. He never lied directly, just let people assume. I expect my appearance did some good though, and pushed them to better success, even if I was a 'placebo.'



I once overheard some people talking about Dad. One man said to another, "That's Gordon Anckorn. He's dead scruffy, isn't he and you'd never know he was a millionaire in that old car he drives, would you. Did you know he's got his own aeroplane?.." Dad used to fly light air-craft and took lots of aerial photos that funded the plane rental. I doubt he ever told anyone that he actually owned a plane, but he would let them assume...

The best story I have ever heard about him was from his brother. Their Mum had just purchased a state-of-the-art limousine - must have been around 1920. Apparently the salesman just showed her what the pedals were for, gave her a few verbal instructions, and out of the garage she drove the car! No driving tests in those days. She was quite a gal, my Gran.

My uncle continued the tale, telling me that early one morning at dawn, my Dad aged around twelve, woke him and his twin sister - they would have been about six years old. "Want to go for a ride?" he asked. "Coo, yes," replied the twins, up for an adventure. Creeping down the stairs with the youngsters, my Dad then donned his father's bowler hat, and drew a moustache under his nose. They all clambered into the car, and Dad started it up and eased it carefully out of the driveway. He had never driven it before, of course. Out they went, doing a circuit of the village, with only the milkman and his horse clopping by to see them. Dad raised his bowler, his head barely above the dashboard, while the puzzled milkman doffed his cap. "Mornin' Mr. Anckorn" he uttered, as they passed majestically by. Their illicit adventure was never discovered.

So far weather-wise, it's been an okay winter. Let's hope the reasonable weather continues. Until next time, then, I'll say cheerio when I will be getting ready for my visit 'down under'.□



The Surefoot Clinic

S. Beech and associate chiropodist

Total Foot Care

Surgery at: 4 High Street, Heacham PE31 7ER

Tel: 01485 579411

Home Visits

Tel: 01485 518112

(Answerphone)

SEMBA TRADING CO LTD

Sandstone Patio Pack £18 per M2

Reduced priced slabs £2.30 each 450 x 450 mm Reductions for quantity

Various Paving • Sand & Shingle • Premix • Split Walling

Guttering • Underground Pipe • Decorative Wall Blocks

Posts • Bricks • Fencing Panels • Cement • Timber • PVC

Water Butts • Insulation • Decking • Roofing Felt • Top Soil

Sheeting • Sheet Materials • Sleepers • Chicken Wire etc

Tel: 01485 541394 STATION YARD, DERSINGHAM

DAVID THOMPSON MASTER CHIMNEY SWEEP



- All chimneys, flues & appliances swept
- Brush and vacuum used
- CCTV Chimney surveys
- Bird/rain guards, vent caps and cowls supplied and fitted
- NVQ qualified chimney engineer



01328 851081

www.the-sweep.co.uk

D. Thompson Chimneys Ltd



Owen Everitt
Tree & Garden Care

FOR ALL OF YOUR TREE-CARE NEEDS



- Tree pruning; crown raising, crown lifting and crown reduction
- Deadwood removal and crown thinning
- Tree removal – by precision felling or dismantling
- TPO and conservation area advice
- All arboricultural work carried out in accordance with BS3998, which provides recommendations for industry best practice
- Tree planting
- Strimming and brushcutting

Please call Owen for a no-obligation consultation.

Certified and Insured Arborists

T: 07554 428 556 | E: owen.everitt@hotmail.co.uk

www.oestrees.co.uk

City & NPTC
Guilds Qualified

Station Road Garage (Heacham) Ltd

33 Station Road, Heacham, Norfolk PE31 7EX

☎ 01485 570259

www.stationroadgarageheacham.co.uk

Mechanical Repairs - Servicing - Welding - Exhausts - Tyres -
Clutches - Diagnostics - Car Sales - Air Con Repair & Service -
Collection & Delivery - Accessory Shop
State of the Art **MOT** Bay - **MOT** Repairs

DID YOU KNOW WE PURCHASE CARS?

Do you have an unused car in your household that you no longer require? Are you looking to get a new model? We purchase good quality second hand cars. We can assist you with your paperwork and instant payment is available.

For a hassle free sale phone Graham.



Domestic Appliance Repairs



Contact us, a **reliable** family business for over 30 years, for **fast** and **dependable** repairs to your domestic appliances.
Same or next day visit within 30 miles from King's Lynn
01553 768557 Mobile 07775 858255

* * *

Need a replacement cooker, fridge or other kitchen appliance?
NEW AND RECONDITIONED MODELS are available from our shop, together with spares and **expert, friendly** advice.

DK APPLIANCES



01553 768557
Mobile 07775 858255



SARA BOWLBY **Foot Health Practitioner**

Registered member of the
British Association of Foot Health Professionals
MAFHP MCFHP



Caring for your feet in a professional Clinic at Grimston Medical Centre, Sandringham Clinic and home visits.

Please contact me for advice or an appointment
For appointments and clinic times

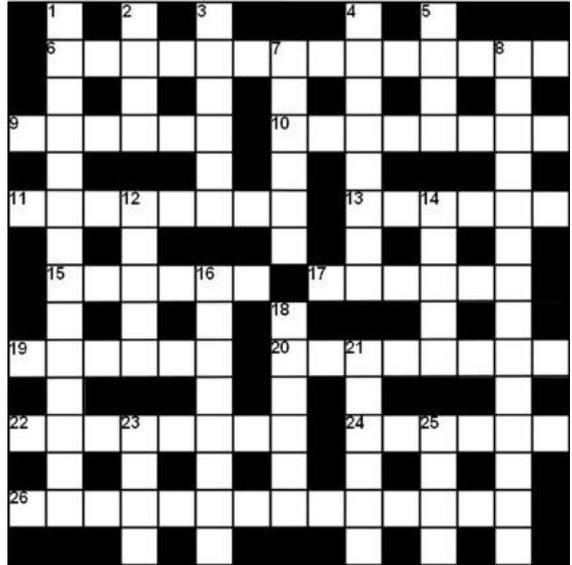
Tel: 01760 755094
Mobile 07979 304383

PUZZLE CORNER

Crossword by Philip Neal

Across

- 6 Bury initially played really entertaining rubbish – finishing 10-0. What a performance! (14)
- 9 Invalidate Newcastle say as northern entrance (6)
- 10 Daughter took old boat on the loch at nightfall (8)
- 11 In Leeds she danced showing no regard for consequences (8)
- 13 Water main returned in vehicle dressing (6)
- 15 Sweet sailor at committee found in dizzy trance (6)
- 17 Stars came out to give inside support to fast rally (6)
- 19 There might be a catch in it so try ground search (6)
- 20 Do they tell the time or is it mainly taken as red? (8)
- 22 Look out children, he might be in 1D or Casablanca (8)
- 24 Accountant in a coach counting beads (6)
- 26 H.M.S. Reading refitted – all points to local information (10,4)



Down

- 1 Around the end of August one hen was busy in the Nile Bar (10,4)
- 2 In Sicily its taken neat – shaken and stirred (4)
- 3 Sounds simple following British easterly zepher (6)
- 4 Invites motor club in at the races (8)
- 5 Strike up bananas (4)
- 7 Policeman covered in spots developed tasty root (6)
- 8 Locates obscure hazardous test (8,6)
- 12 Cards on the turntables (5)
- 14 Be upset about losing rare passage migrant (5)
- 16 I am corny comic displaying irascibility (8)
- 18 Firm grip by Hutton in cricket club house (6)
- 21 Book of charitable donations following afterthought (6)
- 23 Left out of minimum direction (4)
- 25 Article about me having last word (4)

Sudoku

			1	8	5			
	9	4		2	8			
	2				1			
2					4		7	
	8					9		
	3	1		5				
		6		9				1
			8	3				6
5			2					

www.ajdautorepairs.com

AJD *auto repairs*

Motor Vehicle Engineers



- CARS ● LIGHT COMMERCIALS ●
- MOTOR CYCLES ●
- AIR CON SERVICE & REPAIR ●



5 BANK ROAD, DERSINGHAM

KING'S LYNN, NORFOLK PE31 6HW



TEL (01485) 540039

email: info@ajdautorepairs.com



CJB COMPUTING

- New and Used computers.
- Tuition, advice.
- Repairs and upgrades.
- Broadband, Wireless, Internet, E. Mail.
- Laptop power supplies, screen replacement

No job too big or too small, give Chris a call

Office :01553 606555

Mobile: 07447748356



BLOOMING NORFOLK

General Gardener

Family business, providing honest & reliable services for all gardening, fencing, slabs etc.

Tom Coates – Dersingham

Mobile: 07909 963365 TEL: 01485 540489

Email: bloomingnorfolk@gmail.com

WORD WALL BY Philip Neal

Sort the following into 4 groups of connected words

PEACH	PLAN	PLUM	NOTION
VIOLET	CLUE	AROMA	LAVENDER
PERFUME	LILAC	SCHEME	CHERRY
SUSPICION	HELIOTROPE	APRICOT	FRAGRANCE

Spot the difference

These two pictures cover roughly the same view but with a few years between them. In this gap, Ben Douran has been built and now dominates the skyline. Also some fencing has changed as well as the season. But at a quick glance the views are the same. □



Hello from West Norfolk CCG I imagine your first thought on reading this was who are West Norfolk CCG?

Well, the fact that most of you had this thought was the reason I decided to reach out to you. West Norfolk CCG is the NHS organisation which buys, or as we call it commissions, the NHS services you use every day. We pay for GP and hospital services, mental health services, the ambulance service, the community nursing service. In fact, the only NHS services that we don't buy are pharmacies, opticians and dental services.

I am Paul Williams, the chairman of the CCG, and I was a full time GP in Upwell for 30 years until I took partial retirement last summer, I still do one session a month in Upwell and spend a lot of time working at the CCG. For some time I have been writing a blog on our CCG website and you can read previous entries here www.westnorfolkccg.nhs.uk. Recently, however, I became aware that my words were only reaching a small proportion of the people we serve and I am keen to reach as many local people as possible. I want local people to understand what we are doing to provide healthcare, what problems we have and I want to give you advice about how you can best access our services and stay healthy.

I saw the New Year in on Westminster Bridge watching the fantastic firework display this year. It's something I've always wanted to do and it was a memorable experience. However, what was obvious was how much planning, preparation and pre-event work was necessary to stage that 10 minute spectacle. This is of course also true of health services. As you probably know the trusts who run the Queen Elizabeth Hospital and the area's mental health services are both in special measures at the moment. That means they have extra scrutiny and help to reorganise themselves to ensure the service you, the patient, experience in the short time you have contact with the health services gets better. We are doing what we can to support them to deliver those improvements and I think we will all see significant changes in how those services are delivered in the coming year or two.

There have been stories in the media recently raising the fear of losing services at the Queen Elizabeth Hospital. In truth there have been no decisions taken to do anything to threaten the future of the hospital and I want to assure you the CCG understands that we need a hospital in King's Lynn and we will be doing all we can to ensure its continuation.

So what changes are going to happen? The key theme to all the plans in place is integration, which essentially means working more closely together. At the moment there is an enormous amount of money spent on health and social care but those two broad areas are funded separately and by different organisations. Communication and seamless working is difficult when the services are fragmented in this way. In an effort to improve this and get better integration the government formed STPs - yes more confusing abbreviations. STP stands for Sustainability and Transformation Partnership. They are essentially a way to bring together all the organisations who are involved in delivering health and social care to enable more seamless working which should reduce waste and improve the patient experience.

In our area the STP covers Norfolk and Waveney, an area which includes five CCGs, three large hospitals, and is mostly covered by Norfolk County Council. There is one provider of community health care and one of mental health services and there are many district councils and even more voluntary organisations involved in delivering health and social care in this large area. In order to make things more manageable the area is sub

divided and we have a west division within the STP which is focused on delivering that improved integrated care to you.

I chair the Local Delivery Group in the West which is the group where all the organisations I have mentioned above come together to plan how we can work more smartly and more closely together to improve services. I will go into more detail about this in future issues, but already we have seen practical improvements as a result of that closer working. We now have what we call the West Norfolk escalation avoidance team (West NEAT) where a group of NHS and social care professionals drawn from a range of different disciplines and based at St James' Hospital in King's Lynn act as a single point of contact for health and care professionals such as GPs, community nurses, mental health workers, paramedics from the ambulance service, social workers or therapists.

The aim of the NEAT is to make sure the patient gets the help and support they require. If they really do need to go to hospital they will, but in most cases they are helped to stay at home where they want to be. Sometimes voluntary groups will be able to offer some ongoing support to ensure other issues in the person's life are addressed, such as loneliness. So just like the New Year's Eve fireworks, a short positive experience for the patient is brought about by considerable thought, planning and negotiation behind the scenes.

Finally, I expect many of you will have started the New Year with new enthusiasm for a healthier lifestyle, in particular you may be having a dry January. I listened to an interesting item on Inside Science on Radio 4 this week where they discussed some good research into what, if any, benefits there were to having a dry January. You can listen to the programme yourselves on this link on the internet, <https://www.bbc.co.uk/sounds/play/m0001v18> . I was quite surprised to hear just how big the range of health benefits there were from this simple act. Notably for me was the reduction in diabetes risk and cancer risk that followed not drinking alcohol. So if you are considering a period of abstinence I urge you to go ahead with that, you will do your body a favour. □

Photo of Scouts taken 1968. Are you in this picture?





Dersingham History Website

www.DersinghamHistory.info

from Mike Strange

This website is being produced by Elizabeth Fiddick and myself.

Elizabeth has been avidly researching Dersingham's past since she arrived in the village in 1968 and so has amassed a significant amount of information and photographs. She has had little opportunity to share this with anyone except in the more recent years with her articles as a regular contributor to the Village Voice magazine.

By contrast I, with my wife, came to live in Dersingham in 2013 knowing nothing about the local history here but with extensive experience of research from our previous home in Bedfordshire. I quickly became a keen reader of Elizabeth's articles and gradually realised that she must surely have a wealth of records that she was drawing her information from. However, it was not until early 2017 that I spoke to Elizabeth at one of the Village Voice Live talks and over the couple of months the topic of possibly having a website was discussed. Almost before I knew what had happened, I found myself registering the domain name of DersinghamHistory.info in the March.

There was some considerable work to be done to get the website up and running, as one of the most crucial resources we wanted to make available were the 34 interviews of people in their late 80s that were recorded as part of Dersingham's 2000 History Project. These were almost entirely on cassette tapes, so my first task was to transfer these to a computer format; that is mp3. These audio recordings, and a further four for which the tapes are missing, are also available for all to listen to and to read.

And so the website was born! Elizabeth has been supplying me with her excellent articles. Many have been in Village Voice but what you will find on the website have been considerably extended and include many more photographs. The material is added under the general headings of People, Places, Businesses, Organisations and Events. There is Timeline with early historical data and Archive for all copies of Village Voice that no longer appear on the Parish Council website.

To bring new material to the attention of our readers I keep a What's New page updated as well as making announcements on our Facebook page www.facebook.com/DersinghamHistory. At the last count our posts are reaching over 350 people who have expressed an interest.

We shall continue adding material and it is quite likely that this will be a never-ending project. All we ask of you is to keep looking if the subject interests you. If you wish to write a page about Dersingham's rich history that you would like to be considered for publication, then do not hesitate to let us have it. One other crucial task for all of you is to please, please do not throw away or keep hidden old photographic records; if you have Dersingham material that we might be interested in and is yours to share then do get in touch. Any loan will be scanned and returned to you unblemished and quickly.

Our mantra is, "This website is being produced by residents of Dersingham, Norfolk, England for all to enjoy. It is our way of preserving the rich heritage of our village and ensuring that all the research carried out so far, and in the future, has a place to be recorded. It is hoped that it will be an aid to education and enjoyment for all ages and interests."

Contact details:

Mike@DersinghamHistory.info - 01485 542876

Elizabeth@DersinghamHistory.info - 01485 540940□



01485 571765   
 Heacham Road, Sedgeford PE36 5LU
 info@thekingwilliamsedgeford.co.uk

GREAT FOOD &
 ROOM OFFERS
 ALL YEAR ROUND!


THE KING WILLIAM IV
 Country Inn & Restaurant
 www.thekingwilliamsedgeford.co.uk

R&B
 Turf & Groundcare Machinery Specialists
 The Workshop, Marsh Farm,
 Wolferton, King's Lynn PE31 6HB



We Mend ~ You Mow
01485 540645



WE SELL NEW MOWERS

Hunstanton Rotary

Hunstanton Rotary and local businesses recently presented children of Dersingham Primary School with their own personal dictionaries.

On the 2nd November thirty-eight Dersingham Primary School children received their Usborne hard backed dictionaries from Hilary Farrell (Hunstanton Rotary President) and Peter Atterbury (Hunstanton Rotary Past-President). Hunstanton Rotary have organised the purchase of several hundred dictionaries. They are to be distributed throughout the Smithdon catchment area to ten year old children. This year one hundred and sixty eight dictionaries have been distributed, next year the figure rises to two hundred and sixteen. (Did the financial crash lead to a baby boom?). The dictionary retails at thirteen pounds and this year they have been paid for by Hunstanton Rotary fund-raising events, Bridge Insurance, Redgate Bakery, M.E. Ayres the coal merchants, Julian Howard (West Newton – butchers) and the Wrought Iron & Brass Bed Co. Limited of Shernborne. With the number for 2019 rising by nearly a third, Rotary will be working even harder to raise the necessary funding, notably at Norton Hill (27th/28th July).



The illustrated hard backed dictionaries are seen as an alternative to the internet. Each dictionary has a foreword and the recipient's name written into the inside cover by the Head Teacher.

For more information on the dictionary initiative or if you wish to purchase these dictionaries please contact Stephen Thompson (Wrought Iron & Brass Bed Co. Ltd.) 07956 638313.□





ClockClean Dry Cleaners

Quality Dry Cleaning and Laundry Service
01553 777145

- Dry Cleaning
- Laundry
- Soft furnishings
- Wedding Dresses
- Collection and Delivery
- Weekly collection and delivery

Agency at Dersingham Post Office for your convenience.
See instore for details

Crossword Answers

Across

6.INTERPRETATION 9.NEGATE 10.DARKNESS 11.HEEDLESS 13.CAESAR
15.NECTAR 17.ASTRAL 19.CHASER 20.LIPSTICK 22.BOGEYMAN 24.ABACUS
26.DERSINGHAM,NEWS

Down

1.NINETEENTH,HOLE 2.ETNA
3.BREEZE 4.ATTRACTS 5.STUN
7.RADISH 8.OBSTACLE,COURSE
12.DECKS 14.EGRET 16.ACRIMONY
18.CLENCH 21.PSALMS 23.EAST
25.AMEN

Sudoku Answers

7	6	3	1	4	8	9	5	2
1	9	4	5	7	2	6	8	3
8	2	5	6	3	9	1	7	4
2	5	9	3	8	6	4	1	7
6	8	7	4	2	1	3	9	5
4	3	1	9	5	7	2	6	8
3	4	6	7	9	5	8	2	1
9	7	2	8	1	3	5	4	6
5	1	8	2	6	4	7	3	9

Word Wall Answers

Scents : aroma, fragrance, perfume, clue

Idea: plan, scheme, notion, suspicion

Purple shades: lavender, violet,
heliotrope, lilac

Drupes: peach, plum, cherry, apricot

Origins Answers

1b & 2c



Dersingham Evening W.I – Annual Report 2018 **by Katrina Mundy, Secretary**

We started 2018 with a committee of thirteen members and this included three new members: Christine Bemrose, Lynne Wetherill and Cynthia Parr. Once again Peg Hunter was returned as President. Thanks were given by Peg to all those who had helped make 2017 a successful year.

We again supported St Nicholas Church Xmas Tree Festival and our tree was decorated with cut out lanterns as a way of saying W.I. Lights the Way. Our Christmas party was enjoyed by many, especially the singing of The Hunstanton Choir which included some of our own members. As before, members certainly provided more than enough food for all. Our first evening in 2018 began with Josephine Reynolds (The first Firewomen) and the various speakers throughout the year have ranged from Careline, RNLI, and a Local Conservation group to Mrs Watts meets Queen Mary, libraries in the 21st Century and Reiki. Alongside these talks we have held competitions in the same context with some very mixed entries during the year.

This year for our Birthday meet in April we decided we would play board games and the committee provided food of quiche, potatoes and salad with of course wine. This was enjoyed by all who attended.

For our May Resolutions meet we asked members to bring puddings and had a lovely evening sampling them (all 12 of them)

At every evening meet we have continued to have sales tables, raffles (for which we thank Stephanie Coulson, who is standing down from doing this for next year), book stall and of course the competitions.

We have continued with our successful monthly coffee mornings/afternoons at various members' homes, with the usual raffle/plant/cake sales. Again these are a brilliant chance for members old and new to have a good chat. This year we had a Coffee Evening for new members to meet the committee and each other.

The Walking Group is still going strong again with walks of varying length in the lovely Norfolk countryside. The weather has not always been kind but only one had to be cancelled due to it being too hot. As usual each walk finished with the necessary lunch or tea and scone at the end of it.

The monthly Craft Group has now grown to two groups making crafts as varied as glass painting to making doorstops. The MAD group continues to grow and support local charities with its crafts and once again supported local craft fairs with a stall. In September 13 members enjoyed a Beading workshop making necklaces and bracelets. Our Fit 'n' Dancin group continues to be run by Peg.

Our day trips have been well attended and members enjoyed a lovely day at the Norfolk Show (even if it was a little hot!) Theatre visits have been enjoyed by all who attended and vary from Blake, Andre Rieu and the Secret Garden.

We have supported other W.I.s within Norfolk on their outings to the Romany Museum, Ely Flower Show, Cambridge Botanical Gardens and also by attending their Open meetings to which we have been invited. As well as the Group meetings held twice a year.

In August we held an afternoon tea in Dianne Neeve's garden, enjoyed by 30 members. The sun shone and we all enjoyed the tea and chat. We again thank Dianne for opening up her garden to us.

A first for us this year was an Autumn Fair organised by us and open to the whole village. This was seen as a way to promote the W.I in the village. We invited three other local W.Is to join us as well as Village groups and it proved a most successful day for everyone involved including the Classic car group.

We restarted our Dining Group this year and members have enjoyed dining out every other month. Again these are a lovely chance to meet each other outside of meetings and perhaps get to know each other a bit better.

Our representative to National meet was invited to give her report at our meeting and eight members attended the Autumn Federation meet.

We continue to support various local charities and village activities, for example we had a display at the new Village Centre Open Day explaining what Dersingham Evening W.I.is all about. Another first for us this year was the laying of a Poppy wreath (all hand made by members) and a display (in St Nicholas Church) for the Centenary of the end of WWI. Our thanks go to Committee member Wendy Snell for her hard work in these two displays.

We supported the Village Christmas Light switch on by holding a tombola stall during the afternoon. Our members continue to support the village in various ways: help at the Day Centre for Elderly, Hand Bell Ringing Group and involvement with local churches through coffee mornings and festivals.

We have welcomed eight new members this year and now have a membership of 61. I would like to take this opportunity to thank the committee for all their hard work this year and especially the members for their support and help over the past year. 2018 has been a very interesting and successful year for us and I hope that this will be true of 2019.□

Dersingham Methodist Church News from Elizabeth Batstone



Our grateful thanks to you all for supporting our Christmas services and activities and for helping us raise funds for the Norfolk Hospice Tapping House. The magnificent sum of £388.36 was raised.

On Friday 14th December we were delighted to host the Carol Service of Year 5 from Dersingham VA Primary and Nursery School. Over 30 children plus teachers and helpers arranged themselves across the front of the church and told us the nativity story with carols and readings from the book The Silver Donkey. Parents, grandparents, friends and church members enjoyed seeing and hearing their enthusiastic re-telling of this. Rev Steve ensured everyone present joined in with singing favourite carols.

During 2019 our usual activities will take place. The coffee morning in February is on Saturday 23rd for the flower festival fund. Saturday 23rd March coffee morning is for

Action for Children and Methodist Homes for the Aged. We look forward to seeing you at any of our activities.

We wish you all a Happy New Year and God's richest blessing for 2019. Contact - Elizabeth Batstone. Tel: 541068.□

Dersingham Institute Bowls Club by Jan Rawstron

There is not much to report at this time of year, but we are continuing to prepare our green, for the 2019 season. A careful eye is being kept out for moles and rabbits in the vicinity of the green, but hopefully our groundsmen can stay on top of this problem.

Our Annual General Meeting was duly held in November, and the committee are now making preparations for our Centenary year. We were invited to the RNLI Lifeboat Station at Hunstanton on November 18th, where we presented a cheque for £400. We will be supporting the RNLI Hunstanton again this coming



year. We dressed a tree in St Nicholas Church, the whole display looking stunning as usual. It's so good to see the village organisations supporting the church in this way, and gives a great deal of pleasure to all who come to see them.

After the success of our Open Day on September 9th last year, we intend to hold another at the beginning of the 2019 season. This has been pencilled-in for Sunday April 14th, but this date will be confirmed in the next issue.

All that remains this time is to wish all our members and their families a very Happy and Healthy New Year.□


FIX UP MY APPLIANCE

APPROXIMATELY 90% OF APPLIANCES
ARE FIXED ON THE FIRST VISIT

DOMESTIC APPLIANCE REPAIR AND SERVICING

We fix all major brands of:

Washing Machines • Dishwashers • Tumble Dryers • Electric Hobs
Electric Cookers • Storage Heaters • Fridges & Freezers

SAME DAY/NEXT DAY SERVICE (when possible)

12 MONTH PARTS & LABOUR GUARANTEE ON ALL WORK CARRIED OUT

01553 813050 • 07760 782202
www.fixupmyappliance.co.uk • info@fixupmyappliance.co.uk

The complete printing solution
clanpress
 www.clanpress.co.uk

- Digital Asset Management
- Web to Print
- Bespoke Online Ordering
- Long run litho printing
- Short run digital printing
- Large format poster printing
- Roller banners and X banners
- Outdoor & Indoor Signage
- Exhibition displays
- Flyers and postcards
- Brochures, leaflets and folders
- Business Stationery
- Parish Newsletters
- In-house binding & finishing



Visit our
NEW website

t: 01553 772737
 f: 01553 768403
 e: info@clanpress.co.uk
 w: www.clanpress.co.uk

1 Dundee Court Hamburg Way
 King's Lynn, Norfolk PE30 2ND

WORZELS ROOFING

New, Strip & Re-tile Repair Work
 Slate, Tile & Lead work Specialists
 Fascias & Gutters (plus cleaning)
 Moss Removal Loft Insulation
 Timber Treatment Roof Ventilation
 Chimney Repoint / Rebuild
 Local Service Free Estimates

Call Darron
01760 755024 07990 972381

5% Discount for Senior Citizens



Simply Clean & Tidy Lisa Lawrence

Offering services including:

Cleaning, Washing
 Ironing, Polishing
 and Tidying

For further information call:
07850 264652

Home Cleaning that Suits You

HAPPY HOUNDS Professional Dog Grooming

Bathing, Blowdry, Clipping,
 Scissoring, Ear Cleaning, Nails

City & Guilds Qualified

Call Julie on :-

01485 601409 or 07867 773340

Foot Health Care In Your Own Home



Jennie Brooks MCFHP, MAFHP

Foot Health Practitioner

Registered Member Of The British Association of Foot Health Professionals

07765 662113 / 01485 211177

appointments@jenniesfothealth.co.uk
 www.jenniesfothealth.co.uk



Scrappy Cat Crafts

Cardcraft Art & Craft Supplies

Classes in Card Making
 Personal Cards Made to Order

**5 Old Church Rd.
 Snettisham PE31 7LX**

Open 10-4 Tuesday, Thursday, Friday
 (Closed for Lunch 12 -1.30)
 10-1.30 Wednesday 10- 2 Saturday

01485 298017

www.scrappycatcrafts.co.uk

Dersingham Task Force Keith Starks

Rumours of the demise of the village Task Force were slightly exaggerated! Despite a low point when only one member was able to attend a regular Wednesday morning session, most members have indicated that they wish to continue in 2019. It has, therefore, been agreed that with effect from 6th March we will continue to meet on the first Wednesday of each month at 10.00am at the rose bed on the corner of Post Office Road. We will restrict our activities to looking after the rose bed and the flower bed in the children's play area. Should other needs around the village (e.g. the clearing of rights-of-way or other footpaths, litter picking) be brought to our attention, we will only consider such tasks if we have the members available at that time to deal with them. As always, we are looking for new volunteers to join us and, if you would like to discuss this, either contact me or come along on 6th March.

It has been suggested that, additionally, there might be people living in the village who would like to help but are unable to do so on a Wednesday morning or on any weekday. It would be helpful to know if there are volunteers who would be prepared to get together on (say) a Saturday afternoon to help with footpath clearing, litter picking, etc. as the need arises. Such a group would supplement the activities of the Wednesday morning group who will continue to look after the flower beds.

Although I, personally, would not be able to coordinate the activities of a weekend group, as a first step, I should be pleased to hear from anyone who would be interested in joining (or coordinating) such a group. Please contact me at k.starks@btinternet.com

Geoffrey & Collings Co

Estate Agents,
Chartered
Surveyors,
Auctioneers

Independent Estate Agents Since 1965



Thinking of selling in 2019?
Contact us today for a
FREE Market Appraisal
Sale Fee of just 1% (+vat)
when you quote this advert!

Tel: 01485 500222

7b Hunstanton Road, Dersingham, King's Lynn, Norfolk PE31 6HH



Anmer Village Social Club Film Night

Friday 15th February 2019 at 8. 00
p.m.

A STAR IS BORN -

Starring Lady Gaga, Bradley Cooper & Sam Elliott - A musician helps a young singer find fame, even as age and alcoholism send his own career into a downward spiral.

Friday 22nd March 2019 at 8. 00
p.m.

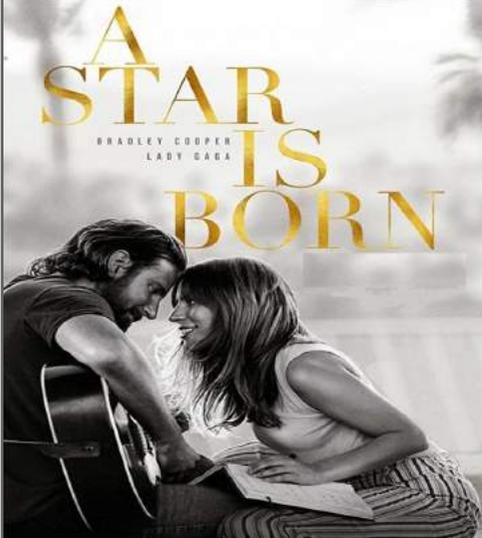
BOHEMIAN RHAPSODY -

Starring Rami Malek, Lucy Boynton and Gwilym. A chronicle of the years leading up to Queen's legendary appearance at the Live Aid (1985) concert.

Venue – Anmer Village Social Club,
Admission by ticket £3 at the door. Door
and bar open at 7.30 pm

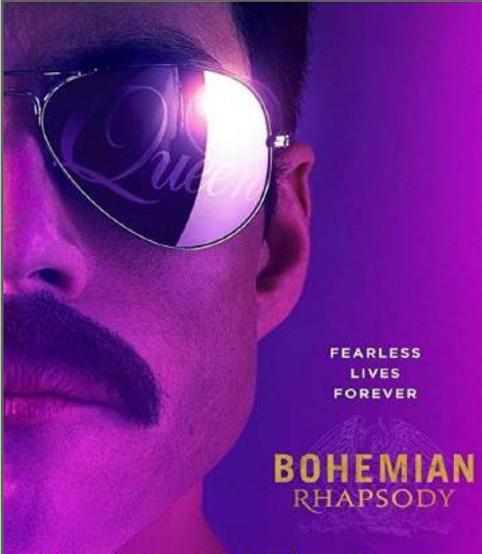
Email: films@anmerclub.co.uk or
telephone 01485 579465

New members and guests welcome.
For details of this and other forthcoming
events including trailers of
future films visit our website at
www.anmerclub.co.uk □



**A
STAR
IS
BORN**
BRADLEY COOPER
LADY GAGA

ANMER SOCIAL CLUB
FRIDAY 15th FEBRUARY 2019
Film starts at 8.00 p.m.
Doors open 7.30 p.m. Admission - £3 on the night
For further details email: films@anmerclub.co.uk
or telephone 01485 579465
or visit our website on:- www.anmerclub.co.uk



FEARLESS
LIVES
FOREVER

**BOHEMIAN
RHAPSODY**

ANMER SOCIAL CLUB
FRIDAY 22ND MARCH 2019
Film starts at 8.00 p.m.
Doors open 7.30 p.m. Admission - £3 on the night
For further details email: films@anmerclub.co.uk
or telephone 01485 579465
or visit our website on:- www.anmerclub.co.uk

Anderson's  **Foot Health Practitioner**
Footcare Kings Lynn & surrounding areas

Professional mobile footcare
in the local community

Mob: 07425247899
Tel: 01760 338851
Email: andersonsfootcare@gmail.com
Website: andersonsfootcare.co.uk

Member of the Accredited Register of Foot Health Practitioners
Membership 333515

Forthcoming Village Voice Deadlines and Publication Dates

For articles, reports of events, meetings, advertisements and details of forthcoming attractions:

Issue	Copy deadline mid-day on	Publication date
No 117 (April/May 19)	Tuesday 11th March 2019	Monday 1st April 2019
No 118 (June/July 19)	Tuesday 7th May 2019	Monday 27 May 2019
No 119 (Aug/Sept 19)	Tuesday 9 July 2019	Monday 29 July 2019

Advertising in Village Voice

Around 2,500 residential and business properties in Dersingham receive a copy of Village Voice with another 600 available to subscribers, businesses and shop counters around and about. It is also available online from our website at dersingham.org.uk. Do please support the services advertisers provide and mention where you saw their advert. Our advert prices are £22.20 for an eighth page, £34.20 for a quarter, £66 for a half and £132 for a full page. Discounts available for block bookings paid up-front. VAT is now payable. Full details and booking forms can be downloaded from our website or obtained from the Parish Office or email: clerk@dersingham.org.uk and returned together with payment by mid-day of the copy deadlines given above at the latest.

Articles and Non-Profit Making Promotions for Village Voice

These should be preferably emailed directly to the Editor:

villagevoice@dersingham.org.uk or posted to **The Editor, % Dersingham Parish Council Office** (address below), ideally well ahead of the above copy deadlines to stand a better chance of inclusion. Available space for articles is governed by the both the physical limitations of the publication as well as the revenue received from advertising. We like Village Voice to be special for our primarily Dersingham readers, so articles should try to be customised accordingly and not just part of a round-robin Press Release to all local publications. Dates of forthcoming events mentioned must take place after the publication dates listed at the top of this page. Items/flyers purely to advertise non-profit making events should aim to fit (and be readable) within a quarter page slot. We hope you will provide photos/graphics/logos etc to accompany promotions or articles. Digital pictures need to be 300 dots/pixels per inch (about 118 per cm.). Most Office document and picture file formats are accepted.

The Editor reserves the right to amend and edit as necessary. Any contributions will be accepted on the understanding that, unless requested otherwise, names, addresses, etc, may be included and maintained on the Parish Council's database. Published material will also appear on the Parish Council website. Copyright of all articles remains with the author. The editor and the Parish Council do not necessarily agree with opinions expressed, or accuracy of statements made, by contributors. □

Dersingham Parish Council Office

83 Manor Road, Dersingham King's Lynn, Norfolk PE31 6LN

Tel 01485 541465

The Production Team for this edition of Village Voice consists of
Editor: Tony Bubb Assistant Editor: Rob Smyth
Administration & Publication Sarah Bristow (Parish Clerk) & Geraldine Scanlon
Printed by Clanpress Ltd, Dundee Ct, Hamburg Way, King's Lynn, Norfolk



britttons
estate agents

01485 541843

NEW OFFICE OPEN IN DERSINGHAM

- open 7 days a week
- free valuation
- all viewings accompanied
- local advertising every week

01485 541843

www.britttons.net

Dersingham@britttons.net

3 jubilee court • dersingham



Zoopla.co.uk
Smarter property search



VILLAGE VOICE LIVE

Tuesday February 12th

Tales of a West Norfolk Vet



*An illustrated consultation
with Chris Tansley*

Dersingham Village Centre, Manor Road, Dersingham.
7.30 pm Admission £5.00 including refreshments & raffle

VILLAGE VOICE LIVE

Tuesday March 12th

Making Tracks Through Norfolk The Mid-Norfolk Railway



An illustrated talk by Paddy Anstey

Dersingham Village Centre, Manor Road, Dersingham.
7.30 pm Admission £5.00 including refreshments & raffle