

Number 119

August/September 2019

Village Voice

The Dersingham Magazine



Visit of Her Majesty the Queen
to Dersingham Village Centre



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Editor's Notes



We have been honoured and absolutely delighted that Her Majesty the Queen made a private visit to Dersingham Village Centre on Friday 5th July, welcomed by flag-waving children from Dersingham Primary School. After being greeted by Sue Payne, a Centre Trustee and former Parish Council Chairman, and Coral Shepherd, Chairman of the Parish Council, Her Majesty was shown around the Centre by Sue. Then David Collingham, Chairman of the Dersingham Village Centre Association, introduced the Queen to representatives of groups who use the Centre and who described the wide range of activities that take place. Finally, the Queen unveiled a plaque, behind which was a photograph of King George V who kindly donated the land for the original village hall back in 1911. On departure, Phoebe Ward presented the Queen with a posy.

There are pictures of the day on the centre pages.



Apart from the Queen's visit, there seem to have been many interesting activities taking place in the village, and much more to come, details of which you will find throughout Village Voice.

To highlight but a few: on reading what the children at Dersingham School have been up to, I couldn't help wishing my school had been as interesting; this year's Open Gardens and Art Trail event brought in nearly as many people as last year, despite the inclement weather, and brought in welcome funds to St Nicholas Church and the Village Centre; and if you've seen a pink panther running round the streets, then read what Jenny Beake has been up to.

Fraser Lindsay from the Post Office gives us an update on the latest (thankfully positive) news about what is happening there. And finally, how about a trip up St Nicholas Church's bell tower, which is open on Saturday 17th August.□

Photographs of Her Majesty's visit to the Village Centre by Jo Halpin Jones



Dear Village Voice



In the June/July edition of Village Voice there were old pictures: The horse and cart photo was taken in Manor Road outside the police station. The horse and cart belonged to Dan Andrews who kept a greengrocers shop at the corner of Post Office Road and Chapel Road. He used the cart to take fruit and vegetables to sell round the village. He had a set of scales on the back of the cart to weigh goods out. The horse was a brown and white piebald.

Interesting to read the council cannot get a full complement. At one time the number of councillors was twelve, then a long gone parish and borough councillor said with the increase in inhabitants the council could have sixteen, it would be a good idea to agree to sixteen but keep to twelve. Later as the population increased again it went up to the present eighteen. Shortly after this the same councillor proposed that there be eighteen sitting councillors and this was agreed. But from the time the increase was agreed to the present time the council has never been able to get and keep a full complement. Perhaps it's better to have quality rather than quantity.

Bernie Twite

I am writing to express my appreciation to the person (or persons) involved in clearing the obstructing vegetation from the footpath leading from Station Road towards the Warren. They have made an excellent job of this with the result that there is now a clear and easy walk from Ingoldisthorpe Common (or even Snettisham) to the Drift. Indeed, for the more adventurous, the walk can be extended through Bypass Wood and Dersingham Fen to Sandringham woods.

I fear that, by the time this letter is published, the vegetation will be encroaching once again, but without the impressive work already done, the path would be difficult to walk at all.

Many thanks for your labours.

Keith Starks

I was interested to read Patrick Linford's letter in the Village Voice number 116 about RAF Sergeant David Coe (*ed: who died in 1943 when his Halifax bomber crashed in West London*). I knew Patrick's partner and his sister Anne, who is the same as age as me, very well. Linford's was my parent's local grocery shop.

I was born in Pansey Drive and lived next door to the Coe family for many years. Davis was the youngest of three girls and there was a boy John who was in the army and sadly killed in Singapore. When David died his parents were broken-hearted as they had then lost their two sons in the war.

My late husband Derek, who was born in Dersingham, and David were great mates. They went to school together, and both joined the Home Guard as dispatch riders.

David the joined RAF and Derek the Royal Artillery. We remembered the ceremony of dedication in July 1999. David's sister, who lived near us in Dersingham, couldn't go, but her nephew represented her.

Derek looked after the Coes' family grave when his sister became unable. Now a friend of ours sees to it for me. Derek and David are only yards from one another now in Dersingham churchyard behind the Tithe Barn.

Mrs Reynolds

Parish Council Report Coral Shepherd



Let me introduce myself – I am Coral Shepherd and I became the chairman of the parish council at its annual meeting in May this year. I follow in the footsteps of Sue Payne who decided to stand down as chairman and as a parish councillor. She worked tirelessly to deliver the Village Centre and I would like to thank her for all of her hard work and to wish her well in her new role as a trustee of the Dersingham Village Centre Association, which manages the centre on behalf of the parish council. They have had a successful first six months and if you have not yet attended any event or activity at the centre I would recommend that you do so. The building is warm and welcoming and there are a variety of things going on and you never know, you may bump into a parish councillor or two. We would welcome your views on any issues or problems and we will try to help if it is within our powers.

Visit of Her Majesty the Queen

I have had an eventful first six weeks, the most amazing of which was meeting Her Majesty the Queen when she made a private visit to the centre on 5th July – see centre spread. I was very honoured to meet Her Majesty, together with the representatives of the DVCA and the user groups of the centre.



Dame Sarah Storey



Cycling events

Other events in the village have been the British Cycling National Road Championships Time Trials and the Outlaw Triathlon. For the former, unfortunately there was little communication from the organisers with residents and businesses in the village about the event and the road closures. Despite the signs the only

roads affected were Sherborne Road, Church Lane and Manor Road but not for the full day. It was exciting to watch the cyclists who took the corners scarily fast and passed through the village in the blink of an eye. There seemed to be more motorcyclists and cars than cyclists! The other cycling event was the Outlaw Triathlon with the bike race section using virtually the same route. I hope those of you who watched enjoyed the events. *(Photos by Rachel Sims)*

Open Gardens and Art Trail

The other event was the annual open gardens and art trail. I did not manage to visit all of the gardens and apologies to those I missed, but those I did get to I enjoyed very much. I always enjoy visiting other people's gardens as I am always looking for ideas. I have

been developing my own garden since we moved to Dersingham five years ago, but it is still a work in progress.

Grass cutting

This brings me to the grassed areas around the village that the parish council is responsible for cutting. Some of you may have noticed a change in the mowing regime. When we renewed the grass cutting contract at the beginning of the year our environment committee decided that some areas would be cut less frequently to allow wild flowers to flourish.

Parish Council issues and website

Turning to more mundane matters I have chaired three meetings of the full parish council and there have been seven committee meetings. The main decisions made over the last six weeks have been: the renewing of the street lighting maintenance contract with our existing contractor; renewing of the sponsorship of the dog bins by local vets; updating of our standing orders and financial regulations which are the main documents that govern the way in which we do things; and we commented on seven planning applications on your behalf. You can find details of these and minutes of all of our meetings on the parish council website - www.dersingham.org.uk. If you have not looked at the website I would recommend that you do so, as you may be surprised at what you learn. Not only does it include the dates of all of our upcoming meetings, agendas and minutes, it also has some of our policies and procedures. More will be uploaded in the forthcoming months. There are also details of most clubs and societies active in the village. If you are a member of one of these groups and find that the information needs updating or your club is not included please let our clerk know so that the website can be updated.□



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Dersingham Football Club - Looking for Sponsors

Harry Collison



After a successful first season back in men's football we are on the look out for sponsors for the new season. Since the club reformed in the 2018/19 season we saw the men's first team win the North-West Norfolk League Division One by 14 points and going unbeaten. We saw a successful Cup run, winning the Division One Cup and achieving the semi final of the Graver Cup. The first team went on to the quarter finals of the Norfolk Junior Cup and

narrowly missed out on the semi final. Over the season we have had some great coverage from BBC Radio Norfolk, with Manager Harry Collison speaking with Nick Bowler on the return to football, and about our Cup run. We also had some coverage from Your Local Paper and the Lynn News.

We have had a big following across all the social media platforms, which is proving attractive to our current sponsors. Further sponsorship is vital in order to pay for costs associated with the pitch, training, club house bills, refereeing, administration, travelling, the list is ongoing. We are now moving into the Anglian Combination League and will be travelling around Norfolk, looking to push the club and team on even further, but without sponsors we would not be able to run a team.



The Club is offering various levels of sponsorship opportunity: supporting individual players, providing tracksuits, having pitch-side advertising boards, match day and man of the match sponsorship. There is a range of benefits to be enjoyed by sponsors.

If you would like more details about the club and its sponsorship packages, contact Harry Collison on 07714 81195 or email him at dersinghamfc@gmail.com. □





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Open Day at the Bell Tower of St Nicholas Church Saturday 17th August from 10.00am to 1.30pm and 4.00pm to 7.00pm

On most Sunday mornings the bells of St Nicholas Church can be heard ringing out; a joyous and quintessentially English sound, reminding people of this special day. In fact Handel was known to call Britain 'The Ringing Isle' because of the sound of church bells ringing everywhere he went.

You will also hear the bells ringing to celebrate weddings, the New Year and other celebratory days; but also, on more sombre commemorative occasions. For instance, last year the bells rang half-muffled on Remembrance Sunday and then with full sound to celebrate 'The Battle's Over' and 'The Last Post'. During last year there was a campaign to recruit 1400 new ringers to represent the 1400 ringers who lost their lives in the Great War. In fact nearly double that number learned to ring, including three people from Dersingham who found the privilege of ringing on that day a truly moving experience.

Bell ringing dates back many centuries. The oldest bell in St Nicholas' tower was forged in 1630. The biggest and heaviest weighs more than half a tonne and measures about one metre across. In all the tower houses six bells.

"Ringers and the Church today have a symbiotic relationship. Ringers provide a service that enhances the life of the Church community and the Church provides ringers with a natural home and bells to ring. Some ringers are committed Christians for whom ringing is an act of worship, some are non-Christians happy to ring for the Church in return for the pleasure of ringing, and many others are somewhere in between. Most ringers see themselves as part, albeit a semi-detached part, of the wider parish community." From *Bells and Bellringing* by John Harrison.

The bell tower will be open on Saturday 17th August from 10.00am to 1.30pm and again from 4.00pm to 7.00pm. There will be a charge of £2 per adult, the proceeds of which will be used towards the cost of new bell ropes. Children free with an adult. The tour includes the ringing chamber, the bell chamber and (weather permitting) the bell tower rooftop, with stunning views across the village and beyond. (Don't forget to bring a camera!)

Please note there are 34 uneven steps up to the ringing chamber and a further 43 steps up to the bell chamber. Children must be accompanied by a responsible adult at all times.

For further information about the Open Day, please contact Jan Wilson on 07772 632050 or if you are interested in becoming a Ringer contact Alan Polaine, Tower Captain, on 07715 565765.□



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Dersingham Methodist Church Elizabeth Batstone



Thank you very much for supporting our recent flower festival and for your generosity in helping to raise £2,012.63. We have given £500 to the Karibuni Children, Kenya, to support schools and children with school materials, uniforms, buildings and teachers. A further £148 was raised by selling some of the Karibuni craft items. The rest of the money raised is for church funds to help pay for a new flat roof on the church hall.

We were delighted to see so many of you at the Songs of Praise service, where Revd Steve Oliver ensured we did sing! The collection raised £227 for Ocean Stars, a Sri Lankan charity supporting families after the Easter Sunday massacre.

Saturday coffee mornings will be on 27th July, 28th September, 26th October, 23rd November from 10.00 am to 12noon. Stalls will be cards, cakes, books, bric-a-brac, Fair Trade products as well coffee and tea and the usual excellent selection of cakes, sausage rolls etc. We look forward to seeing you there. □

Midsummer Fair

Following the wonderful Christmas Fair organised by Alex Dixon of Fade to Grey, Dersingham Village Centre Association held a Midsummer Fair on Saturday 29th June. A wide variety of stalls included local artists, fused glass and wood turning as well as jewellery, gifts, home accessories, handmade cards, and bags. Visitors could also see demonstrations from:

Fade to Grey - how to use Frenchic chalk paint

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There was a children's activity corner with crafts, a tombola, and the Mermaid Boutique provided glitter tattoos.

On the hottest day of the year volunteers in the cafe served hot and cold drinks, snacks, and cream teas. Some stalls also sold cupcakes, homemade fudge, Indian finger food and chilled curries to take away.

We are hugely grateful to Alex for organising the event, which raised around £500 for Village Centre funds, and also the stallholders for supporting it. There is so much talent in this lovely corner of Norfolk!

Alex is already planning the Christmas Market, so watch this space! For more information, contact Alex Dixon on 07981 294052. □



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How does a CCG work?

Dr Paul Williams

Chair, West Norfolk Clinical
Commissioning Group



As I write this it is the end of May and we are all looking forward to the summer.

This is a time when we have just finished wrapping up the last financial year and are busy making plans to allow us to continue to offer a high standard of health services in the area for the next 12 months, while also delivering the financial savings demanded of us by our regulator NHS England and Improvement.

In this edition of my newsletter I thought I would try and explain to you what it is we actually do at the CCG, and how you can learn more about our activities and decision making.

We have received a budget from the NHS of about £293 million for the year 2019/20. That seems a staggering sum yet, when our costs and the money we need to pay to all the providers of care within the CCG area are taken into account, it means that we are going to have to save about £12 million just to break even.

CCG stands for Clinical Commissioning Group. Commissioning is what we call the process of deciding what services we want a provider to do for us, and then agreeing a contract to ensure we get what we pay for. For example, we have a contract with Queen Elizabeth Hospital in King's Lynn to provide urgent and emergency care. That means paying for them to treat you when you go to A&E or get sent in by your GP with an acute illness, such as appendicitis. Within that contract there are targets the hospital have to try and meet, like the famous one about being admitted or discharged within 4 hours when you attend A&E. We monitor the performance of the hospital and every two months we publish a Finance and Performance report which lists exactly how the hospital has performed on all its targets or indicators.

As well as the urgent care contract we also have a contract with the hospital to provide what we call planned care. This is where your GP refers you to outpatients and the hospital decides you need some treatment, for example a new hip. The cost of the procedure is laid out in a tariff published by NHS England, and when the hospital carries it out, it is paid that cost. This means the more elective work it does the more it gets paid. Again there are targets the hospital has to meet in this area, and these are also included in the Finance and Performance report I mentioned earlier.

Another measure we have of the hospital's performance is the Delayed Transfers of Care Statistics (DTOCS). These are the numbers of people who are medically fit for discharge but have not been discharged because there is nowhere for them to go in the community: what you may have heard described in the press as 'bed blockers'. We monitor these figures and try to get them as low as possible. We can influence these figures through other contracts we have with community providers and Social Services. For example we pay Norfolk Community Health and Care (NCHC) to provide a service called the virtual ward: this is a team of nurses who can intensively nurse you at home for a few days after you are discharged. We also pay Norfolk County Council for a service called Norfolk First Support: these are social carers who help with the social aspects of the extra care needed in the first few days after you're discharged from hospital. We also pay for what we call intermediate care beds. These could be in a nursing home or cottage hospital, and are beds out of hospital for people well enough to be discharged but still too ill to be cared for at home.

Every two months we have a Governing Body meeting in public where, among other things, we discuss the performance of all our providers. Sadly very few members of the public come to these meetings which are usually held at the West Norfolk Deaf Association building in Railway Road in King's Lynn. You can find out about all our meetings in public, and view the reports we publish, on our website westnorfolkccg.nhs.uk.

Our next meeting in public is in fact our Annual General Meeting where we will be distributing our annual report and reviewing our performance in the last year. We will also be following the AGM with a full Governing Body meeting where the latest performance figures will be discussed. The AGM will be held on the morning of 1st August at King's Lynn Town Hall.

See you there?□

Dersingham Day Centre

The last two months seem to have flown by with all our activities at Dersingham Day Centre. On 1st May we had a very jolly "singalong" with Steve Davis. Everyone joined in and it was a great success. At the beginning of June the Village Fryer van parked outside the Village Centre and cooked lunch for us. The wonderful aroma coming from the van tempted most of the volunteers to join the members enjoying a tasty fish and chip lunch. (Our sandwiches were relegated to teatime!). We finished the month with a bingo session – we have never known our members to be so quiet, everyone was concentrating very hard and there were a lot of winners.

Then we had so many birthdays to celebrate: Peter Dorman's was in May, followed by his wife June's, at the beginning of June. Other members celebrating their birthdays in June were June Denton, Colin Carter, Frank Shelton and Dorothy Smalls. We're now a very accomplished group at singing "Happy Birthday to you" tunefully together.



Mr & Mrs Dorman enjoy anniversary cake



Dorothy's Birthday

Peter and June Dorman also celebrated their 63rd wedding anniversary. That day we all had a delicious lunch of ham and new potatoes, followed by a slice of the beautiful cake which Alison had made and decorated.

In amongst all of this of course we had our usual activities of Rummikub, cards, Scrabble, dominoes, knitting and chatting.

Dersingham Day Centre will be meeting as usual in July, but will have a summer break in August. We will be back again in the Village Centre every Wednesday from 4th September. If you would like to know more about joining Dersingham Day Centre then please contact Ann Saunders on 01485 542885 or Hilary Judd on 01485 543204 or 07887 486739□

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Dersingham Institute Bowls Club Jan Rawstron

I am writing this fresh from the celebrations on Sunday afternoon, where a great time was had by all who attended our Centenary Picnic. Some came in fancy dress appropriate to



the era the club has been in existence. To a background of music from the last 100 years, we had quizzes and games from our childhood. I still ache from laughing while watching the egg and spoon race, the three-legged race and the bean-bag race. I know I must have looked just as funny when my turn came. Token prizes were old-fashioned sweets which brought back many childhood memories.

It was also a great pleasure to welcome Doris Baker, a former member, whose late husband John helped build the clubhouse over 20 years ago. She is pictured here with their own picnic, which was rounded off by strawberries, kindly provided by our Club President, Bob Meredith, and a wonderful cake, made by Social Secretary, Lilian Bridges. Thanks to Jane and Brenda, who along with myself, organised the event. Thanks also to those who helped with the gazebos etc. It was an afternoon which will be long remembered.



Meanwhile, after much re-arranging of matches due to bad weather, we are now settling into the league matches, with, it has to be said, some mixed results. On the whole, we are coming along quite nicely after a somewhat shaky start. Thanks to all those who turn out week after week for these games, and also those who help out as reserves when needed. We really do appreciate your time and effort.

The friendly match against Cliff Parade was very enjoyable as usual with tea and cakes after the game. We look forward to the return match in August. Unfortunately, due to bad weather, the Institute Cup final could not be played, so the trophy will be shared by the finalists, Albert Chamberlain and Graham Keeley. The first leg of the Ladies vs Men competition resulted in a win for the men by a small margin. The following barbecue was delicious as usual, and rounded the day off very well. The return match will be held on 27th July, when the Ladies hope to even things up. This will be followed by a fish and chip supper which is always popular.

Sunday 23rd we saw our friends from West Winch Bowls Club come and play a friendly match followed by a buffet provided by our ladies. Thanks to everyone who made the day a success.

We still have a busy time ahead as the leagues progress, and some of our members will be representing the club at the Thornham Open Day on the 14th of this month. We will be holding a table-top sale over the weekend of 20th and 21st July which will hopefully raise money for club funds. Finally, on the August bank holiday Monday, we compete for The Eddie Roye Cup, a pairs competition. Hopefully the weather will be kind for the remainder of the season, which will have ended by the time the next issue is in print. □



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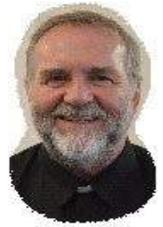
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Just a thought..... Steve Oliver



One afternoon, whilst in the car listening to the Jeremy Vine show on Radio 2, I heard a discussion on whether people should joke about global warming. Now personally I do not see a problem in adding humour in certain situations, because it relieves the tension of fear and panic that can exist. But global warming is becoming a major problem in the world and perhaps joking about it may just trivialise the problem, causing people to relax in any efforts they are making to put things right.

But there was one man who came on the radio discussion and I could not believe his attitude when it came to global warming. He believed that for Britain it was a wonderful thing and could not understand why people were getting so uptight about it. When asked about those countries whose land, and probably civilisation, would be wiped out, he said it was nothing to do with us, that all we need to worry about is our country and it really doesn't matter what happens to the rest of the world.

I was, and still am, shocked by this attitude and am wondering how many other people think the same. Should we as Christians stand by and listen to this kind of selfish attitude, or should we begin to assert our belief that the world was given to all of us by God for its care, and not its ownership.

In Genesis we are told that when God made the world it was good, and that Adam and his descendants were given it to till and keep safe. Where has it all gone wrong? Greed, and the rush for resources have changed the world our ancestors knew. We only have to look at what is happening in the rain forest to see what the desire for more and more can do. Ultimately, if things continue as they are, our environment will change, possibly beyond repair.

There is no point in us pointing the finger, because we all have an impact on what happens to the environment. As Christians, we must play our part in making a difference; and one of the most important things we can do, besides protesting, recycling, using less fuel etc. is to pray and convey the expectation God has of us to others. We are told throughout the bible that we cannot undertake anything under our own strength, that we must always do things with God beside us. There cannot be a more important time than this to ask God into the chaos of the situation and bring sense to a world which seems so out of control when it comes to wanting more and more and giving less and less.

In Psalm 147, the Psalmist tells us to sing to the Lord with thanksgiving because he covers the heavens with clouds, prepares rain for the earth, and makes grass grow on the hills. He gives to the animals their food and to the young ravens when they cry.... He grants peace within borders, he fills you with the finest wheat.

We must never take for granted what God has done and continues to do for us; because it is only through Him can we begin the process of a better world. And it is only through Him can we turn the minds of those who only care for themselves towards the love and care of others. □

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1st Dersingham Rainbows enjoy a day on the farm

On 6th July, the 1st Dersingham Rainbows enjoyed a day out visiting the Rare Breeds Centre at Church Farm, Stow Bardolph. The weather was changeable throughout the day, but the small showers did nothing to dampen the Rainbows' enjoyment of their day on the farm.

The Rainbows had a wonderful time meeting all the different animals. There was Honey the donkey and her four-week-old foal, Clover, plus lots of rabbits, goats and chickens, as well as pigs (of all sizes) and



lots of piglets! The girls were able to enter the petting areas to meet the different animals, carefully stroking them. They giggled watching the young goats jumping onto their house roof and trying to balance, before sliding off and then jumping back on. The pigs were very popular, especially the piglets, and the girls spent a

long time stroking all the piglets that came to say hello. We also



had a tractor ride through the estate, during which



we were able to feed the pigs carrots as well as seeing the different breeds of sheep. In between meeting all the animals, the Rainbows spent time playing in both the indoor and outdoor play areas, eating their picnic, visiting the gift shop, and having an ice cream! The day ended watching the famous pig racing. The first race the pigs were very excited, but on the return race they found eating the grass was more preferable to running on it, meaning the

man with the food bucket had to do an awful lot of running.

The coach on the way back home was full of 19 very tired, but happy Rainbows. □

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Living Water

Rev Mark Capron



Water is one of the most basic delights and needs for us all. On some occasions the best thing is a glass of fresh, clean and cold water. At this time of year, paddling pools are filled and waterfalls are enjoyed, especially spectacular ones like Alwicks Gardens. It is so easy to take water for granted; we turn the tap and expect clean, running, safe water on tap (I couldn't resist the pun!).

It staggers me that there are **844 million people who don't have clean water** (*WHO/ UNICEF Joint Monitoring Programme (JMP) Report 2017*), this most basic need, which is both accessible and safe without people (often women) needing to walk for hours to collect it. According to Wateraid one in nine people don't have clean water close to home.

Charities like 'Wateraid' do remarkable work in drilling bore holes and providing wells for communities to use. It was the collecting of water at a well where Jesus met a Samaritan woman. In reply to Jesus asking her for a drink, she identifies they are from different communities but in John 4:10 Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water." Jesus offered her some water, but the woman pointed out that Jesus didn't have a bucket or anything to draw water from the well that she thought he was talking about. Rather Jesus said, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life." (13-14). The woman makes a choice for herself and responds by seeking the living water from Jesus. Through that encounter we find Jesus offering a water that doesn't run dry.



In the summer sun we can quench our thirst with a lovely glass of water, but we always need to replenish the glass as it runs out. Through Jesus Christ we can be nourished spiritually through his living water that is freely available. Do come and try different services (see website below) within the churches of Anmer, Dersingham, Ingoldisthorpe and Shernborne as we worship God the source of that living water.

Rev Mark Capron
Rector of Dersingham, Anmer, Ingoldisthorpe and Shernborne
www.stnicholasdersingham.org.uk □



The Dersingham Walking Group Stephen Martyn

As I write, summer seems to have finally arrived. It's warm, it's sunny, but probably only for one day. Let's hope that day is a walking day!

The group has only got one walk per month in the programme for August and September, as many potential walkers seem to be walking elsewhere than on their home turf, or simply doing other things. However, both the walks that we've got planned are good ones, and both of them not too far from the coast.

In August we shall be walking around the grounds of Holkham and although the route won't include a visit to the famous beach, it would only be a 10 or 15 minute walk down there if you wanted to build your own extension to the planned route. In September we shall definitely be on the beach and in the dunes as we walk from Heacham towards Snettisham and back. We shall hope for a sunny afternoon and none of the well known Norfolk "lazy wind" that goes straight through you rather than round!

All our planned walks will appear here in Village Voice and can also be found on our page on the Parish Council website and in the Calendar on that website. Our page is at www.dersingham.org.uk/walkinggroup

Why not join us for a pleasant amble; you'll probably discover footpaths that you never knew existed and maybe views that will give you a fresh appreciation of the local landscape. Most of our walks are between four and five miles long and take around two hours, with a rest stop at some point.

There is no cost involved, just turn up with your boots on. Dogs are welcome on most walks, provided they are well behaved and tolerant of other dogs.

The leader of the walk will do his or her best to look after you, of course, but it is a condition of coming on a walk that you take responsibility for your own safety. As that great hiker Alfred Wainwright said, "Watch where you put your feet!"

Our next few walks:

Wednesday 14th August 2.00pm: A

walk around the beautiful grounds of Holkham Park with a possible café visit at the end. Meet at the free Holkham car park. 4.5 miles. Leader: Tony Bubb 01485 542638. Start point grid ref: TF 892 437.

Wednesday 11th September 2.00pm: Along the beach and through the dunes. Meet at Heacham, Bray's Pit duck pond. 4.5 miles. Leaders: Steve and Lindsey Davis 01485 543138. Start point grid ref: TF 672 374.

PLEASE NOTE THAT the leaders are happy to organize and lead these walks but stress that each participant must appreciate that there are hazards associated with walking and take responsibility for their own safety. If you want more information about any particular walk then please contact the leader.

Group coordinator: Stephen Martyn Tel: 01485 541333 Email: stephenmartyn@gmail.com



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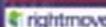
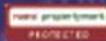
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Dersingham VA Primary and Nursery School

The summer term is galloping away at a great pace and the children are making the most of the great outdoors - from sports days and special events, to educational visits and Forest School fun!

The children at the Early Years site have enjoyed a range of outings that help support not only the children's learning but ensure that we continue to maintain our strong links within



the local community. Our youngest children have enjoyed time at Thaxter's Garden Centre, smelling and touching the wide range of plants, flowers and herbs available. Nursery children have enjoyed an amazing trip to Park Farm, Snettisham where they were able to feed lambs, piglets and kids and learn more about where their



food comes from. Reception children ventured further afield to the Sealife Centre, enjoying close encounters with crabs and starfish. They also went along to sing at the Flower Festival where Foresters Class also told bible stories, read prayers and recited poems.

This term the Year 1 topic started with an adventure to the Dinosaur Park. A Dino-hunt in the woodland gave the children opportunities to follow maps and plans to find examples of hidden 'dinosaur treasures'. We discovered dinosaur footprints, giant claws, teeth and even dinosaur nests with eggs. Back in the classroom the children have learned about



Mary Anning (1799-1847), a British fossil collector palaeontologist, who made several important fossil discoveries when only twelve years old. This inspired us to see what we might find for ourselves. We used excavation tools to find fossils in soil and sand trays, cleaning them carefully with soft brushes so they wouldn't break. Everyone got excited and was able to talk about their discoveries, using correct dinosaur vocabulary.

Skywriters have been learning about plants this half term and have enjoyed a trip to Thaxters where they learnt lots about some beautiful and smelly plants. They have also been very fortunate to have a weekly Forest School session, which has been very popular with the children, especially exploring the stream!

Year 3 Bonecrunchers are loving their current topic, sharing their class name, which is all about animal and human skeletons and nutrition! We have been looking at the human skeleton and getting to grips with where our bones and joints are, and recently visited the excellent Museum of Zoology in Cambridge, where we could see, draw and handle a huge variety of animal bones and skeletons. We now need to round off our topic by looking at the work of muscles and nutrition in keeping us strong and healthy, and will hopefully be baking some tasty fruity muffins!



This half term Borrowers class have been looking at food in its Scrumdilyumptious topic. We have been learning what a balanced diet is, then we have had the opportunity to make yummy smoothies and a bread with our own flavourings. We have been looking at and then writing our own recipes.

Revellers have come back after half term to discover a crime scene to solve in their classroom. The children are taking on the role of forensic scientists to search for clues and try and identify the perpetrators. Using fingerprint, fibre testing and substance analysis combined with their problem solving and enquiry skills, we are sure they will solve the mystery and guarantee great writing opportunities.

Last half-term, Howlers class completed their Make £5 Grow project. Children were provided with £5 each in order to make a successful business (this initial investment would have to be paid back from any profit). Children made a range of businesses including a cake cafe, cookies, beauty products, chocolates, fudge, ice cream, plants, bread and candles. The resulting sale was a huge success with children taking just shy of £900!

Year 6 organised a fun May Fair and parents enjoyed afternoon tea with their children, provided by Jackie and her team in the school kitchen, who did an outstanding job. The children have been visiting their respective high schools for transition days, returning full of excitement about the opportunities that lie ahead. They are now busy preparing for their end of year performance 'Porridge'.

The school has taken part in a number of fantastic sporting events including experiencing first-hand the cycling time trials at Sandringham, as well as participating in their own off-road cycle race. Kwick Cricket for both boys and girls was a huge success, and area sports, along with our book-themed sports day, had us basking in sunshine, as well as glory!□



Dersingham Village Centre Association **David Collingham, Chairman**

As seen elsewhere in Village Voice, we were honoured by a Royal Visit on 5th July. Her Majesty spent time with Centre users, Trustees and Volunteers and the visit culminated in The Queen unveiling a commemorative plaque.

The Centre continues to be well used and this summer it has hosted wedding and other celebration events. Village Voice Live talks, Tea Dances and Film Club evenings continue throughout the summer. Please do support the Village Centre. Lottery-winning numbers in July were 66,3, and 74.□



The following activities take place at the **Dersingham Village Centre** on a weekly basis unless indicated otherwise. Information relating to activities marked 'A DVCA Activity' can be gained by contacting enquires@dersinghamvillagecentre.org.uk or by ringing 07707 832295. For more information about all other activities please contact the individuals shown below.

Monday	
08.15 – 08.45	High Intensity Interval Training Suzie Povey 07900 818311 www.Suziesfitness.co.uk
09.00 – 10.10	Yoga
10.00 – 12.30	Coffee Club A DVCA Activity <i>Drop in for a Cup of Tea or Coffee, chat, read, or relax.</i>
10.30 – 11.30	Exercise Class for the Over 50s & Less Able Shelley Ross 01485 533273
11.45 – 12.45	Fit 'n' Dancing with Marenne Dance Margaret Quick 01485 541162 peghunter@tiscali.co.uk 07930 556675
13.00 – 13.45	Pilates Elke Martin 07971 440539 Contrology8@gmail.com
16.30 – 20.30	Rollason Stage School Michelle Rollason 07585 002124 rollasonstageschool@gmail.com
Tuesday	
10.00 – 14.00	Lavender Lacemakers Lyn Hallifax 01485 533611 m.hallifax@btinternet.com
15.00 – 17.00	Dersingham Carpet Bowls Club Jenny 01485 543201 or David 01485 543678
2nd Tuesday of the Month	
19.30	Village Voice Live A DVCA Activity <i>£5 Admission including Refreshments & Raffle</i>
1st & 3rd Tuesday of the Month	
13.00	Community Friendship Lunch A DVCA Activity <i>£5 for 2 Courses with Tea or Coffee – Open to All</i> Call 01485 540644 to Pre-book
Last Tuesday of the Month	
19.30	Dersingham Village Screen A DVCA Activity <i>A Different Film every Month</i> <i>£5 Admission including a cup of Tea or Coffee</i>

Wednesday	
09.00 – 15.00	Dersingham Day Centre for the Elderly Ann Saunders 01485 542885
10.30 – 11.30	Ballet for All Margaret Quick 01485 541162 07930 556675 peghunter@tiscali.co.uk
16.15 – 17.15	Rollason Stage School Michelle Rollason 07585 002124 rollasonstageschool@gmail.com
17.45 – 18.30	Pilates Elke Martin 07971 440539 Contrology8@gmail.com
19.30 – 20.30	Jazzercise Hilary Mayes 07909 282165 <i>Pulse-pounding, beat-pumping fitness</i> hilary@jazzercise.net
Thursday	
10.00 – 11.00	Pilates Elke Martin 07971 440539 Contrology8@gmail.com
From 18.00	
	Ballroom, Latin, Sequence & Swing Classes Val Kershaw 07789 957071 <i>'Take the Lead'</i> 18.00 Gentle Pace; 19.00 Beginners; 20.00 Beyond Beginners; info@takeitheleadance.co.uk www.takeitheleadance.co.uk
Friday	
16.30 – 20.30	Rollason Stage School Michelle Rollason 07585 002124 rollasonstageschool@gmail.com
Last Friday of the Month	
14.30 – 16.30	Tea Dance A DVCA Activity <i>£5 Admission including Refreshments</i>
Saturday	
09.00 – 16.00	Rollason Stage School Michelle Rollason 07585 002124 rollasonstageschool@gmail.com
1st Saturday of the Month	
19.30 – 22.30	Ballroom, Latin & Sequence Dance Nights Val Kershaw 07789 957071 info@takeitheleadance.co.uk www.takeitheleadance.co.uk <i>Open to anyone who would like the chance to just dance!</i> <i>All Levels Welcome.</i>
3rd Saturday of the Month	
10.00 – 14.00	Lavender Lacemakers Lyn Hallifax 01485 533611 m.hallifax@btinternet.com
Sunday	
Selected Sundays	
19.00 – 20.30	'Elevation' Rev Mark Capron 01485 297293 <i>Christian Youth Group with St. Nicholas Church</i>

Gardening with Disabilities - making gardening easier May Davey

Yvonne Fuller gave a generous demonstration of flower arranging with summer flowers at Park House Conservatory on 24th May. She also showed us how to arrange flowers in an eggcup in readiness for our own flower show at Park House on Friday 21st June.



The Flower Show at Park House was very well supported. All ten categories were entered and judged by members. Afterwards we had a cream tea. Doreen Hannant won the Best in Show with her delightful eggcup arrangement.

On Friday 19th July most of our members went to Norfolk Lavender for a tour of the site and a cream tea.

We have our main outing to the Mannington Estate near Saxthorpe on Friday 16th August by Eagles Coach. We will be leaving the Dersingham Co-op at 12.30 pm and South Wootton Village Hall at 12.45 pm. We expect to be back by 5.30 pm. Visitors are very welcome to join us and help to fill up the coach. Members pay £15.00 and visitors £18.00, which covers the coach, the entrance to the gardens and a cream tea.

On Friday 21st September Peter Gooch from Thorncroft Clematis in Norwich will be bringing their latest varieties and giving us an illustrated talk at Dersingham Village Centre at 2.00 pm. On Friday 18th October Walter Blaney will give an illustrated talk on "Around the World in 80 Plants" at Dersingham Village Centre.



We always welcome new members and guests. Tea and a raffle ticket cost only £2.00 at the door. The annual subscription is £12.00. Come and see how you like us. We meet at 2.00pm and end by 4.00 pm.

Please contact May Davey 01485 544953 or our Secretary Gloria Pantling 01553 671912 for more details.□

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Hospital DJ

A short story by Allan Coleby

Jane Marshall sat at her dressing-table studying her face. She was a well-known actress and had appeared a few times on television, and so was an expert at making up for different occasions. Tonight, however, it was a different kind of show. She was going to the local hospital with her brother, who was the hospital disc jockey and played over the radio system record requests for the patients from their families.

Some people in the hospital would be her fans; nearly everyone would know her, because she was quite a local celebrity. For her to help announce the requests and to visit the patients in the wards afterwards would, she was sure, raise their spirits, and she was looking forward to it.

Ron, her brother, drove the car fast into town – too fast, Jane thought.

“What’s the hurry?” Jane asked. “You don’t start until half-past seven, do you?”

“I have to do a quick dash round the wards to check the requests with the nurse in charge of each ward,” explained Ron.

“What do you do that for? Didn’t you get all the requests from the patients’ families when they visited on Sunday?”

“Oh, yes,” said Ron, with an exaggerated tone of patience in his voice, “but this is a general hospital, you know, and it caters for all sorts. There’ll be old people coughing their lungs up, people recovering from operations, children with leukaemia, people with cancer. I have to check that none of them have died since I took the requests.”

“Oh, I see,” said Jane quietly, her excitement stilled. The harsher side of hospital life just had not crossed her mind. Ron must be well used to it. As they turned into the car park, her elation dissolved.

Once inside, Ron went to each ward at such a brisk pace that Jane had to take little running steps along the corridors to keep up. All the nurses were busy. “Have you still got each of these patients?” asked Ron, politely but firmly. No-one minded the interruption. They all knew him and seemed glad to see him. A quick greeting and a brief smile were followed by a rapid scan of the names. “And this is my sister. She’s helping me tonight,” he said, as each list was returned to him. There was a quick glance and a momentary smile in Jane’s direction. She wondered if they recognised her. If so, they did not show it. They all seemed so very busy.

The visits over, they went down towards the basement. “Would you put on the pair of headphones at the end of that corridor?” asked Ron. “The patients listen through those. They aren’t allowed to have their own radios in the wards. You’ll hear the normal Radio Two programmes, and then I cut in at seven-thirty. I have to plug into the master radio to which the headphone system is wired.”

Jane was agreeably surprised when she heard Ron’s voice, smooth, fluent, unhurried. She thought that no-one would guess that he had just sprinted round the entire hospital. “This is your own request programme...” he was saying. Jane took the headphones off. Good old Ron. He always made things sound so happy and trouble-free. She went back to him.

He sat at a table facing a bleak, green, bare wall, wearing headphones and speaking into a microphone, as he got the next CD ready on the turntable. As Jane approached, he pointed to a chair beside him. At a signal from him, she read the next request. She tried to inject as much warmth and feeling as possible into it, to make it very special to

the person concerned. The room they were in was lined with steel lockers. It was distinctly chilly compared with the pressing warmth of the rest of the hospital – not at all like commercial radio studios. This was just a visit for her. Ron came every Wednesday. She wondered how he had stuck at it for five years.

When the programme had finished, Ron was more relaxed. “I’ve got a few visits to make,” he said to Jane. “I’ve promised to call on some of the patients. Because I’m here so often, I have the run of the hospital.”

As they went on their way, everyone seemed to know Ron, and gave him a cheery “Good evening” with a nod in Jane’s direction. Soon Jane’s smile became mechanical, a smile only of the lips and not of the eyes. No-one paused to speak to her. No-one recognised her. Her sense of self-importance evaporated.

“Would you show me to Albert Ward?” she asked her brother. “A friend of mine is in there.”

Once in the ward, Jane had difficulty in recognising her friend, a student who had had a breakdown. As she looked down at Sharon, who only six months ago had been on everyone’s invitation list, she saw a ruin of a young woman, thin, wasted, obviously sedated. Her eyes stared out of a damp skull. Tied round her wrist was a piece of wool. “It’s my wool,” said Sharon, embarrassed. “It’s for my nerves. I play with it whenever I feel I have to do something.” As she spoke, her hooked fingers wrenched and tugged at the wool, and knotted it, and twisted it and set it swinging. “I’m a bit better now, though,” she said, and turned her head on the pillow, afraid to meet Jane’s gaze.

Jane swallowed. Her mouth was dry. Her throat felt as if gripped by an unseen hand. “You’d better leave her now,” whispered a nurse at her elbow. Jane nodded, unable to speak. She felt as if her heart would dry up, as if she were collapsing inside.

She found Ron in the children’s ward, talking to a boy and his parents. Her attention was caught by a young nurse further down the ward. She was barely eighteen it seemed, and surely only a trainee. She was helping a young girl playing at fitting pegs into a board. The girl was heavily bandaged round her body. Jane remembered that Ron had mentioned her a few weeks ago. A gas cylinder had exploded in her face during a camping holiday and she had had many skin grafts. Wads of foam were wrapped round her arms. Her hair was straw-coloured and seemed to stand out from her head in tufts. It looked brittle. The skin of her face was shrivelled and wrinkled in some places, and stretched tight over the bone in others. There were strange little lumps and bumps on her forehead and cheeks. There were no eyebrows or eyelashes. She concentrated on her game with the pegs. The young nurse constantly chatted, and smiled encouragement. ‘She’ll have to go through the rest of her life with that face,’ thought Jane. ‘And that young nurse – she treats her so naturally. I couldn’t do her job.’

At that moment, a senior nurse called the younger nurse by her name – Judith. Judith leaned tenderly towards the girl and her lips brushed the shrivelled cheek – the merest touch. “I’ve got to go now,” she said softly. “See you tomorrow.” She kissed her again. “You are beautiful,” she said.

Jane gazed entranced. She was awe-struck. She shrank into insignificance and felt privileged to watch. The nurse walked with springy steps towards her.

“Oh! Hello! It’s Jane Marshall, isn’t it?” Her face beamed. “Could I have your autograph, please?”

She waved a diary at Jane. Jane signed: ‘Bless you, Judith. You are beautiful, too.’□

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Our parishioners had a lovely afternoon on a coach trip to Oxburgh Hall on 19th June, which included a Mass celebrated in the family Chapel followed by a cream tea.

The Strawberry Fair fundraiser held on 6th July at St Cecilia's was a success, despite the change in the weather. Thanks go to all who helped to serve lots of cream teas, all who helped with stalls and behind the scenes and all who came to support the event.



The next parish event is the BBQ at the parish church in Hunstanton on Saturday 17th August starting at 12 noon. Tickets will be on sale in both churches, all welcome.

There is a *Fair Trade Stall* at St Cecilia's after the 9am Mass on the first Sunday of every month. Please support this very worthwhile cause by buying fairly traded goods to support families abroad trying to earn a living. For more information please contact Caroline Brooks on 01553 673069.



All social events will be well publicised in the weekly bulletins and on the website. Everyone, whether Catholic or not, is welcome to all of our services and social occasions. We have refreshments after the 11am Mass every Sunday and after 10.15am Mass every Wednesday. There are also refreshments after the 9am Mass on the first Sunday of the month at Dersingham. Everyone will be most welcome.

Daily Masses are 10am in the parish church at Hunstanton on Monday, Tuesday, Thursday and Friday. Wednesday Mass is at 10.15am at St Cecilia's, Dersingham.

Sunday Masses are 9am at St Cecilia's, Mountbatten Road, Dersingham and 11am at the Parish Church of Our Lady of Perpetual Succour & St Edmunds, Sandringham Road, Hunstanton. The Parish telephone number is 01485 534675.

If you require a Priest urgently please telephone V. Rev Canon Peter Rollings on 01553 772220 or email parishpriest763@gmail.com **Website:** www.hunstantoncatholicparish.org **Email:** parish@hunstantoncatholicparish.org



Sandringham Parish Council News

Ben Colson

The Parish Council met on 10th July with a full complement of six Councillors and 2 members of the public present.

A149 road safety improvements:

Perhaps the most important matter discussed was an update on the proposed A149 road safety improvements between Knights Hill and Heacham. This involves some sections having a lower speed limit of 50mph imposed – including through Sandringham Parish from Babingley Cross to Dersingham roundabout - as well as average speed cameras and other site specific safety improvement measures being implemented.

The County Council had produced ideas which included the stopping up of some of the side road junctions in the parish. These were put out to statutory consultation – that means to those organisations (such as Parish Councils, emergency services etc) whom, by law, have a right to give an opinion and, if they feel necessary, to object. We supported the 50mph limit but were concerned by the proposal to close some junctions and came up with an alternative plan. This has now been submitted to the County Council.

We are now waiting for the next stage in the consultation process, which is when it is opened up to anybody who wishes to do so to comment. Once that happens, we'll know for sure whether their proposal, ours, or an alternative one, has been adopted by County as the way forward. Latest news is that it is likely to be August before that stage of the process starts.

After that they have to publish legal Orders to bring these measures into place. It is therefore unlikely that the more ambitious – perhaps controversial – parts of the scheme will be implemented.

Number of Parish Councillors

The establishment for the Parish Council is for seven Councillors. Since the local election in May we now have just six, following two retirements and one new member joining us. We agreed that we should seek to have a seventh Councillor. Ideally we are seeking to improve our diversity balance and would therefore like a new female Councillor; similarly, to get a better geographic balance. We would prefer someone from West Newton, but that is not our first priority.

Anybody interested in joining the Parish Council should first contact sandringhamclerk@btinternet.com We can then arrange to discuss the opportunities and responsibilities with you.

Sandringham Club, West Newton

Monthly Tuesday evening bingo is being held on 30th July, 27th August and 24th September, eyes down at 7.30pm. Cash bingo is on 18th August, then 15th September, eyes down at 8pm. Non members welcome at both events.

Wolferton Village News

St Peter's Church

On 11th May the Wolferton Plant Sale raised over £3000 in support of the St Peter's

Church Roof Appeal. An enormous thank you to all who helped and supported this very successful and enjoyable day.

The fundraising toward the Roof Appeal continues; we have launched our 'Sponsor a Tile' leaflets and have a selection of merchandise for sale.

We'll be at the Sandringham Flower Show this year for the first time as we continue our drive to raise funds towards the cost of the most urgent works, which is to replace much of the North roof. That's not the end of the project – we have to do similar works to the South roof and then other work on the fabric of the ancient building as a whole. Donations are very welcome, and can be given online at <http://www.virginmoneygiving.com/charities/wolfertonpcc>

Church matins or family services at St Peter's will be held at 9.30am on the second Sunday of each month, followed as always by tea or coffee, biscuits and the chance for a good chat.

On Friday 11th October we have our annual Harvest Quiz, held at Wolferton Social Club, tickets available from Judy Scott on 01485 542887

If anyone is interested in flower arranging we are always looking for willing helpers. Please contact Fiona Petch on 01485 540651.

Social Club

Wolferton Social Club continues with its various activities, including room hire at competitive rates. Check their website for details. Upcoming special events include:

The Wolf Folk Club meets at the Social Club fortnightly on Thursdays. Forthcoming dates are 1st, 15th and 29th August, 12th and 26th September.

Cash Bingo evenings in 2019 will be held at the Social Club on 4th August, 1st September, 6th October, 3rd November and 1st December.

Prize Bingo evenings in 2019 will be held at the Social Club on 20th August, 17th September, 15th October, 19th November and 17th December. □

ART 21 Group Annual Exhibition at Thornham Village Hall

The group of local artists known as ART 21 meets regularly in Dersingham and will be holding their annual exhibition of work at Thornham Village Hall from Thursday 15th August to Sunday 18th August, from 10am to 5pm daily. Eleven members will be showing 70 paintings. Dersingham artist Jill Ilett will be showing some of her work, including the painting seen here, *Le Jardin Anglais*, which won the visitors' vote at last year's Festival exhibition of the West Norfolk Artists Association at St Nicholas Chapel in King's Lynn. Jill has been a member of the WNAA for many years.



For further information ring Jill on 01485 545798.







2nd Dersingham Brownies become gardeners at Holkham Hall

On a wet, Saturday 8th June, the 2nd Dersingham

Brownies visited Holkham Hall for a Brownie badge day. The girls spent the day in the walled garden completing all the challenges for the "Grow your own" interest badge. The activities were led by Education Coordinator, Sophie Broomfield, who ensured that the weather did not prevent the girls from enjoying their day.



They began with a scavenger hunt where they had to find four different items: something smelly, shiny, dead and something they had never seen before. They then split into groups and rotated around the different activities. They had the opportunity to weed in the vineyard (this proved a great favourite), they planted vegetable seeds (courgette & butternut squash) which will be planted in the garden in due course, and they explored the greenhouses.

Following a picnic lunch they designed their own garden, collected rose petals to make a flower

bookmark, and filled a potion bottle with herbs to make their own magic potion. They then created their own bio-degradable plant pot out of newspaper, and planted a climbing bean to take home.

Before going home, they visited the Farm to Fork exhibition to see how the estate grows food on a larger scale, spent their money in the gift shop, and had an ice-cream. The wet weather did not stop everyone enjoying the day and earning their badge. □





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VAT Change for Construction Businesses

Kathryn Gigg, Chartered Accountant

A significant change to VAT accounting for businesses in the construction industry comes into force this autumn. The Government is on a mission to clamp down on “missing trader fraud” which has migrated across several industries and has most recently taken root in construction

supply chains. This new requirement specifically tackles the supply of construction services between construction businesses, and will impact heavily on builders, carpenters, plumbers, electricians, decorators, scaffolders and many others in the construction industry.

From 1st October 2019 a VAT registered construction business supplying certain standard or reduced rated construction services, or services along with materials, to another VAT registered construction business for onward sale (where payment of such has to be reported under the Construction Industry Scheme (CIS)), will no longer charge VAT; instead the recipient construction business will self-account for VAT by making a Reverse Charge adjustment.

Suppliers will need to identify customers liable to account for the Reverse Charge by checking the customer’s VAT registration number, CIS Registration, and obtaining confirmation from the customer as to whether it is an “End User” or not.

The Customer must then account for the VAT due on the supply via its own VAT Return at the appropriate rate, instead of paying the VAT to the supplier. Such VAT can, in turn, be recovered as input tax, subject to the normal rules, which will usually mean a NIL net tax position with no VAT being due to HM Revenue & Customs in respect of the transaction, as is the case currently. This removes the scope to evade any VAT owing to HMRC.

It is therefore crucial that all relevant businesses ensure that their accounting systems and invoicing procedures are set up ready to deal with the Reverse Charge; and any decision currently being taken regarding software to use for the purpose of reporting under the Revenue’s Making Tax Digital Regulations should take this into account.

In summary, the Reverse Charge will apply to all Construction Industry Scheme (CIS) and VAT registered businesses who buy and sell construction services and materials that are subject to CIS reporting (apart from those that are zero rated, such as new build), right up to the point in the supply chain where the customer is the End User. At that point, normal reporting, invoicing and collection of VAT resumes. Any VAT registered construction business invoicing a client (such as a private individual), that is not CIS-registered, must continue to charge VAT.

Under the Reverse Charge regime VAT is calculated purely as a “paper exercise” and this may, in certain cases, create cashflow pressures as business will no longer be able to rely on VAT for cashflow. Additionally, any subcontractors that do not adapt to the new system correctly could make costly mistakes on their invoices if not rectified in a timely manner. The Revenue has thankfully acknowledged the difficulties business may have in implementing the Reverse Charge and have confirmed that they will apply a light touch in dealing with related errors that occur in the first six months after introduction of the new legislation.

Detailed guidance from HMRC is available at <https://www.gov.uk/guidance/vat-domestic-reverse-charge-for-building-and-construction-services>. If you wish to confirm exactly how

this will affect your business and are in need of further advice, please contact either myself or my assistant Nicola Tarry FCA who will be pleased to talk matters through with you.

Please contact Kathryn Gigg Chartered Accountants, Hunstanton on 01485 534800 or email kate@kathryngigg.co.uk if we can assist in any way.

Caution: The information listed above is for general guidance only. You should neither act, nor refrain from action, on the basis of any such information. You should take appropriate professional advice on your particular circumstances because the application of laws and regulations will vary depending on particular circumstances and because laws and regulations undergo frequent change. Whilst I endeavour to ensure that the information contained herein is correct, neither I nor my firm shall be liable in damages (including, without limitation, damages for loss of business or loss of profits) arising in contract, tort or otherwise from any information contained in it, or from any action or decision taken as a result of using any such information. □

Kathryn Gigg

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Dersingham Carpet Bowls



The months of May and June have been busy ones for the club with continuing Tuesday afternoon rollups. On 11th May two teams took part in the West Norfolk triples match at Lynnsport. Ray and Eileen Day, with guest player Brian, got through to the quarter finals where they were beaten by Stilton. A large raffle raised £160 for the RNLI.

On 24th May the team of David, Judith, Ulla and Jenny O travelled to Sporle for an away leg of the summer league, which we won. As usual, it was a pleasant evening of friendly rivalry.

On Sunday 2nd June, on what turned out to be the hottest day so far, 21 teams assembled at the Village Centre. Some were local and some had travelled from as far as Southrepps, Colne and Ramsey; but all were greatly impressed by the Village Centre venue. The occasion was the inaugural match for the new Dersingham Charity Shield with proceeds, as voted for by members, going to King's Lynn food bank.

Taking place on four mats, the first round matches started at 9.30am and ended at 2.30pm. During play, the catering queens Maureen and Rosemary manned the refreshments, which included sausage rolls, freshly made sandwiches, a selection of all home-baked cakes, teas, coffee and squash, all of which proved very popular. A large raffle, manned by club volunteers, was well supported.



Dersingham Club fielded three teams:

Dersingham No.1 David, Jenny O, Judith, Ulla

Dersingham No. 2 Margaret, Rita, Maureen, Graham

Dersingham No. 3 Ray, Eileen, and guest players Brian and Gareth

Fred and Ray H also stepped in to help out West Acre and Wiggshall, who were a number down due to last minute illness. At the end of the rounds, after points and shots had been added up, the semi finalists were Littleport Village Hall (LVH) vs Wiggshall No. 2, and Dersingham No.1 vs Ramsey. The final between LVH and Ramsey was won by LVH, who have the honour of being the first name on our new Charity Shield.



Charity Shield winners, Littleport Village Hall

Team members all lent a hand between games and thanks go to all club members who turned up on the day. Special thanks to Alan for crunching the numbers to keep running totals of the scores, and working out the eventual semi finalists (an all day job); and David for all the behind the scenes organisation that made the whole day run so smoothly. Thanks also to Hilary, Barry, Jenny P, Brenda, Suzanne and Ray H for variously manning the raffle table, organising the car parking and setting out before and putting away afterwards.

Tuesday 11th June started at 3pm with the AGM. Business was concluded quickly with last year's minutes, treasurer's report and accounts accepted unanimously. The chair, secretary and treasurer were returned unopposed. Rosemary, Ulla and Maureen agreed to continue on the committee and were also unopposed. Four members - Janet Martin, Jenny P, John Asbridge and Chris volunteered to stand for the committee. The meeting closed at 3.20pm with a reminder that £10 annual membership fee is now due.

After the AGM the usual games were played until 4pm, when Wendy Gilbert joined us to accept a cheque for £600 for King's Lynn food bank, this sum being the proceeds from our Charity Shield competition, plus an earlier donation of £50 from West Acre CBC.

Thursday 20th June saw a change of discipline, with 20 members going to Hunstanton for some tenpin bowling. The highest scores were Janet 134 and Mike 119. Whilst some members enjoyed fish and chips at Fishers before the games, others carried on to eat at the Honeystone afterwards. A good time was had by all.



Tuesday 25th June saw a home leg of the summer league against Paradise (Downham Market) being played, which, along with normal club activities, meant five carpets were used. Unfortunately the team lost on the last end. As a small compensation we always serve cake at tea break when hosting visiting teams. □

Pink Panther running loose in Dersingham

Have you seen a pink panther running around the roads in Dersingham, Snettisham or Hunstanton? If you look a little closer you will see that it is Jenny Beake, who has been raising money for Scotty's Little Soldiers as part of their Month of May Marathon challenge by running a mile a day.



The King's Lynn-based charity was set up in 2010 by Nikki Scott, following the death of her husband Corporal Lee Scott in Afghanistan. The charity supports youngsters across the country who have lost a parent serving in the British armed forces. Currently they have a few hundred young people they support who have been bereaved and the sponsorship money

raised can help, from £20 providing a remembrance meal at Pizza Hut for example, to £500 to stay in one of their chalets to give a family a break.



Jenny's running has raised over £800 about which she is thrilled. She is so grateful for all those who have sponsored and supported her, through heat and rain, and frequently tripping over her tail! You can still donate through justgiving.com/fundraisingjenny-beake1. □



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Dick Melton from Sunny Hunny



Well here we are again with more fact, fiction and squit from the pen of the boy Dick for the August/September edition of the Dersingham Village Voice.

The sea eagle saga

Around about six to eight years ago myself, my wife and two friends of ours went to a meeting, organized by Natural England, about a plan to bring the sea eagle back to Norfolk, but no exact location. A week or two later I read in the press that the location could be halfway between Kings Lynn and Hunstanton. Well, I thought to myself, there is only one place that could be and that was Dersingham Fen and Wolferton Warren. I delved further into my books and found that King George V had a sea eagle on the Sandringham Estate; he had it protected but it did not survive. Also, during his reign he had some grouse from Scotland brought down and put on Wolferton Warren, but they did not survive either. I then came across an article in the Shooting Times. It was written by Robin Page and it goes like this.

My sea eagle article has caused some feathers to fly. Not only have bird-watchers, shooters, and straightforward country folk been alarmed at alleged conservationists wanting to release such large killing machines, but they have also been outraged at the spin used by Natural England and the RSPB to mislead, confuse and deceive. The whole thing has been quite outrageous. It is almost unbelievable, but we are of course living in the 21st century when truth, honour and value have been replaced by spin, convenience and ego.

Several incidents have occurred which confirm the nonsense and propaganda spun in the name of conservation. A fascinating phone call gave more details of the 500 people used in the infamous sea eagle opinion poll, which asked respondents whether they wanted to see this bird, the sea eagle, flying over Norfolk. Were these 500 people interested in conservation and would they be affected by the release of the sea eagle? They were 500 people approached at random in Hunstanton.

Whether they were spoken to near the Oasis or the fairground is unknown. At this rate we might have all of our policies decided by 500 people in Hunstanton: nuclear energy, set aside, global warming, the wages and expenses of politicians. Yes, let them all be decided by 500 people in Hunstanton; it cannot be any worse than it is now. As most of you know, this idea to have sea eagles flying over West Norfolk and Dersingham Fen has now been long forgotten.

East Winch Common

Whilst I was looking for something on my computer I came across an article about East Winch Common. I lived at No 3 Station Road, East Winch from 1939 till 1945. We lived about 100 yards from the common, which was just to the south side of the A47. It was a



Shut up Common to the South of Heath Road

large common, covering 80 acres with the road to Bilney Hall running down the south side. There was a World War Two pillbox on the common. One of the traditions of the people of East Winch was that every 5th November, Guy Fawkes Night, they would set light to the common. This was done for many years and it kept the small trees and undergrowth in check. If this had been done to the Shut-up Common and the fen at Dersingham they would not be in the right old mess that they both are now. Many years ago I did suggest that the fen

should have been controlled-burned but the idea just fell on deaf ears. When the steam trains ran the fen sometimes the Shut-up Common and Open Common caught fire and this kept them in check. If the birch trees on the Shut-up Common get taller, it will be called a wood and not an area of heath land like it should be. I can remember when you could see many skylarks on the Shut-up Common and they would nest there as well, but not any more - their habitat has been taken away.

Outbuildings

I was asked about the cottage near to the George Pratt Roundabout. This cottage was built sometime around 1900; it was originally built as two cottages by the Sandringham Estate, though they are just inside the Dersingham parish boundary. One cottage was for the rat catcher and the other for the mole catcher. I was asked what were the brick buildings with tiled roofs and chimneys built for. Well, the ones that have chimneys were



the washhouses and the others were the toilets. In the washhouse would be a brick built copper with a large steel basin, a tin lid and a small fireplace underneath. All sorts of oddments would be burnt on the fire but most of it would be wood.

A lot of people would use the wood from the old burnt gorse or whin bushes that were left on the Shut-up Common or the

Open Common after a fire. All of the old houses in Dersingham had a washhouse. When we moved into No 63 Lynn Road (Restu) in 1945 we had a copper built up the corner of the kitchen and of course the toilet was outside. It was a bucket toilet and the honey-cart man would empty it once a week. A lot of houses way out in the country would have the toilet many yards from the house and if they had no honey-cart call they would dig a hole in the garden to empty the contents of the bucket in. When the hole was full they would fill it in and grow rhubarb on top of it and dig another hole. It was not till the late 1950s that we were connected to the mains sewer.

Old pictures

Tony had some good pictures in Old Picture Corner [VV No 118]. The one top left was of course taken outside the Coach and Horses in Manor Road. The picture bottom left is Dan Andrew's fruit and vegetable cart. Dan and his son Billy had a shop at the junction of Post Office Road and Chapel Road. On two days a week they would take their horse and cart around the village hawking (selling) fruit and veg and other odds and ends. On a Wednesday in the summer they would go to Sandringham and stand near where the visitors centre is now; they would be joined by Ray Dilks with his Walls ice cream trailer. The picture bottom right was, as you can see, taken near the church and Washpit Cottages. It is possible that the gentleman on the horse could be the Lord of the Manor. The picture top right was taken outside the Feathers Hotel. I remember a coach and four used to come through on a Saturday in the summer; it would go to Hunstanton and stay there and go back on the following Saturday. I am not sure where it came from.

Working horses

After the Second World War there were many people in the village who still kept working horses. Norman Towers, who had a butcher's shop in Chapel Road near Linfords Corner, used a horse and converted trap to deliver meat around the village. He kept the horse on the Shut-up Common, just as many villagers had done over the years. If you

live in the village you can still keep a horse there but there is not much grass for it. Five Wilson had a coal yard down near the station and he would deliver coal round the village with his horse and cart. He would also fetch you a load of sand from the village sandpit and he would shift your furniture for you if you moved house. There were of course many farmers in the village who still used horses after the war to pull their binders, drive the elevators, and pull the carts and tumbrels. Billy Smith from Hill House Farm still used horses, as did the Stantons from Manor Farm. Bill Hancock from Hall Farm, Shernborne still used horses till at least the middle of the 1950s. Then the tractor came along, but some farmers had tractors even before the Second World War.

Well, my old eyes are getting tired but, before I go, here is a little verse I found in a book of mine:

*Dusk and the shadows are falling over land and sea
Night and the stars are gleaming at the end of a perfect day
As the sun goes down in a flaming crimson ray.*

That's it for now; the time goes a lot quicker when you are getting on a bit or is it the fact that you just sleep longer? Don't forget, keep on a' troshin' ☐

Dersingham United Charities

Two vacancies have arisen within the Dersingham United Charities, for a Trustee, and for a Clerk to the Trustees. The Trustees manage some 100 acres of land in and around Dersingham, which provides funding for projects in Dersingham that benefit the sick, disabled, elderly, isolated, students on practical apprenticeships or those suffering hardship. The Charity also provides village amenities including the Fen, the Commons and the Allotments.

Appointment of a Trustee:

The appointment is for a five year term and will be made by the Trustees. Any competent person, resident in Dersingham, who does not hold any interest in property belonging to the Charities, may apply for the office. The appointment will be made at the next meeting of the Parish Council following the closing date of 14th August.

Appointment of Clerk to the Trustees: A volunteer is sought to act as Clerk to the Trustees of this Charity. The clerk is responsible to the Chair of Trustees and duties include servicing two meetings each year, preparing an annual report and financial statement, dealing with correspondence, receiving rental payments, liaising with Natural England for Commons and Fen management and making payments to contractors as necessary. An honorarium is available.

Applications, in writing, for both these posts should include a brief statement of experience and suitability, and should be sent for consideration by the Trustees to the Clerk, Mrs Sharon Fettes, from whom further information may be obtained:

Mrs Sharon Fettes, Clerk to the Trustees, 15a Pansey Drive, Dersingham, King's Lynn, Norfolk PE31 6PX (Tel 01485 543096). Applications must be received by **Wednesday 14th August 2019.**☐



Old Picture Corner

Tony Bubb

Two views of King's Lynn about a century ago. The top picture shows the attractive waterfront of the town. Marriott's Warehouse and what is now the Minster dominate the view but you can also pick out the railway trucks on the quay. I wouldn't mind betting that the tracks are still there under the current roadway – anyone got a metal detector? This card was sent on 5th January 1926 but I think the view is at least another 20 years older.

The other card is of Tuesday Market Place, possibly not taken on a Tuesday as there are not many stalls. The main trade, at least in the foreground, seems to be in long ladders. I note that they were missing out the apostrophe in King's Lynn even then, and from the dress "then" would seem to be about 1890.□





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Lady Bountiful of Ingoldisthorpe, Part Two

Elizabeth Fiddick



In the last article we met Eleanor Tylden aged 105, the Lady Bountiful of the title, and learned how she and her brother James were generous benefactors of our village. James Bellamy, as Lord of the Manor of Ingoldisthorpe, which included much property here in Dersingham, was the patron of our church of St. Nicholas. The last article outlined the history of this Manor and how the Bellamy family acquired the property and became Lords of the Manor. The story continues.

In 1840 John Bellamy Jun., James and Eleanor's uncle, as Patron and Lord of the Manor, recommended his brother Edward for the position of Vicar of Dersingham to succeed Rogert Collyer. Edward had gained his degrees at St. John's College, Oxford. His appointment was approved and he became the Vicar of Dersingham and Castle Rising, a position he would hold for the next 30 years.

At the time Edward was living in Downham but when he came here there was no Vicarage house in Dersingham. The original house provided for the clergy, which was built in our churchyard about where the memorial cross stands, fell into disrepair and was demolished about 1690. Since then the vicars had lived in the Pell's old Tudor house behind the church and when that became ruinous later used Dersingham Hall. But the absence of accommodation in Dersingham was immaterial to Edward as he could move into the family home of Ingoldisthorpe Manor which was unoccupied, his brother living in Wisbech.

Sadly Edward's wife Mary died aged 53 in 1840, the year of her husband's appointment here, so the villagers would never have known her very well, if at all. There is a memorial to her in Ingoldisthorpe churchyard. Edward continued to live in Ingoldisthorpe while he carried out his duties as our vicar and the census returns of 1861 and 1871 record him at the Manor with just a house servant and cook to care for him.

It was in 1852, during Edward's incumbency here, that Eleanor married the Rev. William Tylden and settled down to her life as the vicar's wife in Stanford, Kent, as described in a previous Village Voice. Her three boys, William, Richard and Henry were born in the next few years.

James William Bellamy

On 6th March 1867 Edward received the news that his brother John had died in Wisbech St. Peters. Letters of administration were granted to the Rev. James William Bellamy of Sellindge in Kent. It is from the Post Office Directory for Norfolk and Suffolk of 1869 we learn that this Rev. James William Bellamy, now Edward's remaining brother, inherited the Ingoldisthorpe Estates and became Lord of the Manor and patron of our church.

James William, born in 1788, was John Senior's second son. He studied at Oxford gaining a B.D. like his brother Edward. On 8th August 1815 he married Mary Coates Cherry at Saint Mary Abchurch, London where Edward married Mary Exam Scholey just ten years later. James William and Mary had six children. Thomas, the first born in 1816, sadly died aged just four. The other children were Mary Leader 1818-1884, James (the future Lord of the Manor) 1819-1909, Eleanor Coates (the future Mrs. Tylden), 1824-1928, Fanny Maria, 1826, and Charles 1835.

From 1819 to 1845 James William was Headmaster of The Merchant Taylors' School in London, a position that had previously been held by his wife's father Thomas Cherry.

After 1845 James William became the vicar of Sellindge, in Kent. Today the M20 thunders close by. He remained there with Mary even during those few years when he became Lord of the Manor in Ingoldisthorpe and landlord to many Dersingham families. His wife Mary Coates died in 1871 at Elham, Kent a few miles to the north of Sellindge. That same year Edward retired as vicar here and James William, the church patron, recommended his son-in-law William Tylden, husband of Eleanor, for the vacant position. Thus William and Eleanor arrived to take up residence in Ingoldisthorpe Manor. Just three years later in 1874 James William died, followed a few months later in July by his brother Edward, our vicar. On his death in 1874 his effects amounted to just under £80,000 and probate was granted to his nephew the Rev. James Bellamy, Eleanor's brother. As recounted previously, our vicar The Rev. William Tylden died in 1875 and was buried in the family vault at Milstead Kent leaving Eleanor widowed at 52.

On the death of their father Eleanor's brother James inherited the house, estates and responsibilities of Ingoldisthorpe Manor. It was this James Bellamy who became the landlord and well respected benefactor of our village of Dersingham.



James Bellamy, Lord of the Manor

James was born in the School house of the Merchant Taylors' School in London where his father was headmaster. James entered the school in 1826 just 7 years old. In 1836 he was elected a scholar at St. John's College. He graduated with B.A. in 1841, M.A. in 1845, B.D. in 1850 and D.D. in 1872. He was ordained a Deacon in 1842 and a Priest the following year. He held various college offices including that of Bursar, and was a successful tutor.

He was a keen, capable musician and admirer of Handel. His fine collection of music was given in trust after his death by his sister to the library of music at Oxford. He took a prominent part in the life of Oxford and was elected President of St. John's College on 7th December 1871. He won much influence because of his determined straightforward character, capacity for business, and absence of self assertion and self-seeking. We are told he was an admirable raconteur and a genial host. Up to the age of 90 he sang service in the college chapel on stated days in perfect tune with remarkable power of voice.

Although so busy in Oxford he is recorded in the census returns as living in Ingoldisthorpe with his sister Eleanor Tylden and her family. When he took over the estate he set about re-building and improving the house. He was known in the area as an admirable landlord and we know he contributed a great deal financially and otherwise to the life of our village. He was very much involved in acquiring the land and providing the finance for the building of our long awaited vicarage.

He is recorded in 1891 as a Clerk in Holy Orders living at the Manor with his sister Eleanor Coates Tylden, who is described as living on her own means. With them are Charlotte Curtis, the housekeeper; the wonderfully named Edward Treasure, footman; Mary Miller, a housemaid; and one Archie Lovell, simply described as Boy.

Failing health forced James to resign the Presidency of St. John's in 1909 and retire permanently to Ingoldisthorpe. He died shortly afterwards on 25th August and is buried in Ingoldisthorpe churchyard. A portrait of him hangs in the Hall of St. John's and there is a drawing in the Common Room.



Eleanor Tylden Inherits the Manor

Thus Eleanor inherited The Manor and about £300,000 from her brother and became Patron of the Living in Dersingham in 1909. The census of 1911 shows her in the Manor with a butler, cook, housemaid, under housemaid and a kitchen maid to care for her. She would then have been 87 years old.

During all her years at the Manor she was very active about both villages until old age naturally intervened. As we know from the newspaper report in Part One she was a very accomplished musician like her brother James and trained the Choral Society in Ingoldisthorpe as well as teaching in the Sunday School each week. One can imagine them both at the piano in the Manor singing and playing for their guests in typical Victorian style. She gave a generous donation to enable the Ingoldisthorpe Village Hall, church room, library and reading room to be built, and as we know gave £500 towards the building of our own Institute Hall in 1911. It was only her age that prevented her from attending the opening of our Hall.

She maintained an excellent relationship with all her tenants in both villages, “mothering” them and even providing their children with warm clothing. She is reported as saying, *“As I drive around in my horse and chaise the villagers show great respect. When I visit their homes I suggest ways to re-arrange their furniture to improve the room.”* (I am not quite sure how that would have been received, however.)

On the occasion of her 100th birthday she is said to have told her maid, *“I am only at home to Royalty”*. As reported, she was indeed visited by six queens.

November 13th 1928 must have been a sad day for both villages when her death was announced. Eleanor was to be buried in the Tylden family vault in Milstead Churchyard, Kent. She was taken by motorcade from Ingoldisthorpe to Milstead where the whole village turned out for the occasion. However it was reported that *“the journey to Kent by motor hearse took place amidst storm and tempest for the gale raged throughout the whole time and on arrival at Milstead a tall scotch fir came crashing down into the church yard fortunately missing gravestones in its fall.”* So Eleanor was finally laid to rest alongside her husband William and other members of that family.



Ingoldisthorpe Manor remained a family home for some time but about 1965 it became a Country Club and Hotel. It was damaged by fire on 29th October 1974 but on 12th February 1982 it was consumed by fire again, completely gutted and subsequently demolished. A housing complex now occupies the site. So nothing now remains of the old house that James and Eleanor did so much to improve and enlarge. Although you can find the fine tomb in Ingoldisthorpe churchyard where Edward Bellamy, vicar 1840-71, his wife Mary, James Bellamy, Eleanor’s brother, and Mary Leader Bellamy her sister are buried, there is no monument there to Eleanor herself. However, Ingoldisthorpe



Village Hall and our own Village Centre, even if greatly changed, stand as evidence of her generosity. Also if you look closely at the Ingoldisthorpe village sign you will see it depicts two ladies. The sign was erected in 1968 by the W.I. of Ingoldisthorpe and Snettisham who commissioned Harry Carter of Swaffham to make it. They decided to honour two famous local ladies. Eleanor stands on the left while to the right in Quaker dress is Agnes Bigge, the village rector's daughter who died in 1608. So it is there that Eleanor is remembered but I sometimes wonder what she would think of her depiction. □



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We are aware of the frustration that patients can experience with understanding our appointment systems. The appointment systems are complex as we are required to meet a variety of needs, including urgent access, routine and follow up appointments.

We are also now required to allow other organisations, such as 111, to be able to directly book patients into our appointments. The NHS overall is experiencing high demand for access, more complex health needs and has fewer clinical staff and doctors. Funding issues and cuts in services also add to the pressures that we all have to manage.

At Vida Healthcare we are committed to using a variety of clinically trained staff (skill mix) to help meet the needs of our patients. We also continually review, develop and make changes to our systems to try and improve your experience with us. An example of this is using AskmyGP at The Hollies in Downham Market. This trial appears to have transformed access and satisfaction, and was featured in the last practice newsletter.

Please work with us to help you. Any patient, who needs to be seen, will be seen. You may need to be contacted back by telephone prior to being offered an appointment, and you may be offered an appointment with an alternative health worker instead of always a doctor. These systems are used to help improve your access to our services.

If you have problems with access, please ask to speak to the Practice Coordinator who can help direct you. □

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Dersingham Post Office

For some time there has been uncertainty about the future of Dersingham Post Office, with concerns that it might be closed, as has been the case with both Ingoldisthorpe and Snettisham Post Offices.

Fraser Lindsay took over the role of sub-postmaster from his father John (Ian) when he sadly died in 2004. Since then, Fraser and his family have provided a valuable service to the village, but often under the threat of closure.

Fraser is now very happy to report that it seems that the Post Office's programme of "network transformation" - which could be seen as another way of saying reducing the number of sub Post Offices - seems to have levelled out. He feels confident that for the foreseeable future he can continue to offer the kind of services which are so useful and helpful for local people.

It seems that many people still do not realise that they can carry out many banking procedures at the Post Office, such as paying in cash and cheques and withdrawing cash, with no charge. Accounts with most banks can now be operated this way, with paying in envelopes available at the counter. Just ask a member of staff whether your bank operates this system.

The Post Office also offers services such as purchasing foreign currency, holding packets and parcels of deliveries you have missed, and of course processing the sending of parcels and letters.

Although the threat has been lifted for now, it is still important to support our local Post Office - it may still be a case of "Use it or Lose it". □



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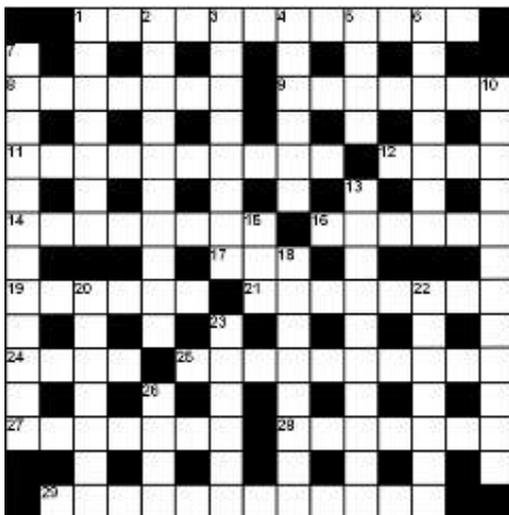
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PUZZLE CORNER

Crossword by
Philip Neal

Across

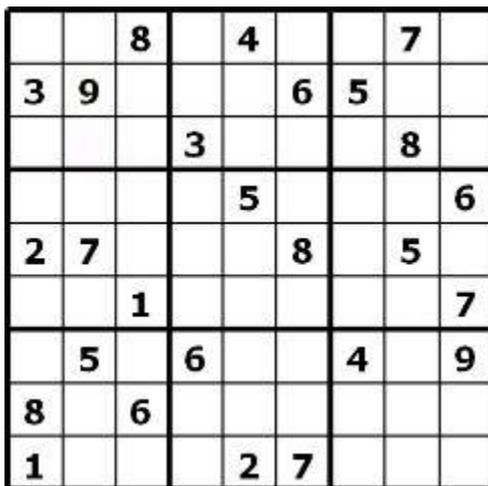
- 1 Robert and Paul only took a minute to dismantle their first vehicle (12)
 8 Daughter means to lose independent facial indentations (7)
 9 Where you can dine royally outside the playhouse (7)
 11 Team and examination (6-4)
 12 Quiet melody for duet (4)
 14 & 16 Dribbling linnets getting irritating plant (8,6)
 17 Primarily a tatty U-boat (3)
 19 Only exercise allowed inside publicly (6)
 21 Sue joined terra excavators to unearth hoard (8)
 24 Donation when inside sports car (4)
 25 Dine out, get drunk and lost for words (6-4)
 27 Len and Ben got round to kick upstairs (7)
 28 Mistake to go into row about canine (7)
 29 Tell it comically to George (6,6)



Down

- 1 In the end it sounds as though U.S. Mike exchanged oxygen for eyes to discover buried Roman city (7)
 2 Log on foreign red doll and unravel precious coating (6,4)
 3 She went quietly to the hospital dept. and dissipated (8)
 4 Story took tricky turn whilst under enquiry (6)
 5 Article about me having last word when cornered in 'The Masters' (4)
 6 A good place to take your pulse (2,5)
 7 Plant doctor doesn't argue in the middle of India (6,6)
 10 Fed up with some soap after organ mufflers (3,9)
 13 Train horned dace to get into shape (10)
 15 Trying utmost to clean out inside (3)
 18 Looks better after centigrade changes for good on the British US scale (8)
 20 Very loud finish in other words returning Turkish title of respect (7)
 22 Employ fifty one and use it abroad (7)
 23 Agree re-echo vibrating (6)
 26 Occurring twice in books about last words (4)

Sudoku



Answers on page 65

Dersingham Wildlife

Martin and Sue Bruce, who live in Meadow Way, have sent in this photo of visitors to their garden: Great-spotted woodpeckers - one of the parents and a fledgling. Do send in other photos of wildlife in your garden to villagevoice@dersingham.org.uk. Please send any photos at a high resolution so that they print well.



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WORD WALL by Philip Neal

Sort the following into 4 groups of connected words. Answers on page 65

PONTOON	CRIB	COUCH	CARD
PLOT	STONE	SUSPENSION	BRIDGE
FEVER	BLINK	SOLO	COT
CANTILEVER	HAMMER	VIADUCT	WHIST

Climate crisis Brian Anderson



It has become much easier to put the argument that man-made climate change is real. The loss of sea ice in the Arctic is accelerating and most predictions suggest that the region will be effectively ice-free in summer by 2030 to 2040. Since ice and snow reflect visible light but water does not, it means that less sunlight will be reflected back into space causing even greater warming. The Arctic is warming at a significantly higher rate than the rest of the world - northern Norway has warmed by 4°C compared to the long term average (and by an alarming 7°C if just winter temperatures are considered). And it's not just sea ice. The great majority of glaciers in the world are shrinking at an increasing rate, threatening fresh water supplies in many regions. Due to Archimedes' Principle, sea ice makes no contribution to sea level rise. However, the melting of the glaciers and the ice caps is contributing to the rise in sea level which is exacerbated by the sea expanding as it warms. Flooding is already causing severe problems in



low-lying coastal regions of the world. Precise measurements have shown that the average sea level rise between 1900 and 2016 was 180mm with 75mm of that recorded between 1993 and 2017. There are incontrovertible trends showing an accelerating increase in higher sea level. The loss of ice and snow cover at the poles (especially the Arctic) is disrupting a wind system known as the Polar Vortex, causing rapid temperature rises in the polar regions. As a result, cold polar conditions have been pushed south so that in some regions the temperature has been lower than that in the Arctic.

Another effect of a warming ocean system is the amount of energy being stored. The combination of a warmer ocean and a warmer atmosphere is an increase in the strength of hurricanes. There has been a measured increase in the number of hurricanes (typhoons in the Pacific) and also their strength has increased. The average maximum wind speed has risen from 225 km/h (140 mph) in 1981 to 251 km/h (156 mph) in 2006. This is unsurprising as the warmer conditions allow the air to carry more moisture giving an energy boost to the ocean/atmosphere heat engine. These monster hurricanes exacerbate the general rise in sea level by causing torrential rain, devastating on-shore winds and storm surges.

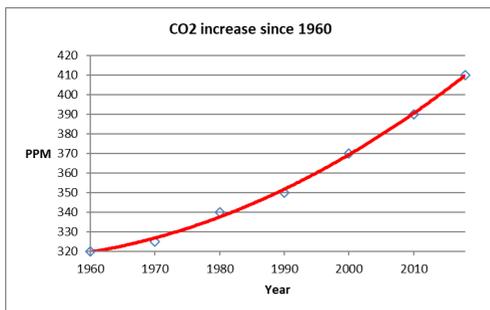
The permafrost in the northern hemisphere is thawing, causing landslips, building collapse and the release of methane into the atmosphere. Methane is 32 times more potent as a greenhouse gas than carbon dioxide - this fact alone should give supporters of fracking for natural gas some pause for thought, as the leakage of methane from the process is more severe than from other methods of natural gas extraction.

So, how do these gases (among others) cause a problem? Let's take the example of carbon dioxide (CO₂). It is transparent to visible light (which is the major component of sunlight reaching the surface of the earth) but relatively opaque to infrared radiation. This is

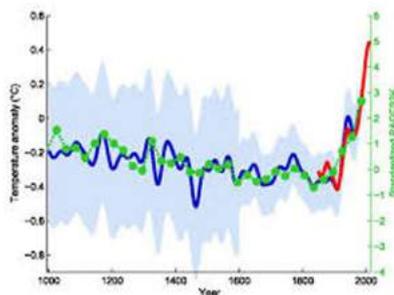


important as the visible input is converted to heat and then re-radiated as infrared, so CO₂ acts as a thermal blanket (hence "greenhouse effect") and warms the earth. There is a simple experiment that requires two transparent bottles, a bright light, some baking soda, some vinegar and couple of sensitive thermometers (the only bit of "tech" required). In one bottle you put a few drops of water and the thermometer and plug the top with kitchen towel. In the other, the baking soda, the vinegar and the other thermometer and again plug the top. Use the light to warm both bottles. In the bottle containing only water the temperature will rise, as it will with the other bottle. But the baking soda and vinegar react to release CO₂. When the lamp is removed the water-only bottle temperature drops immediately - the CO₂ bottle temperature does not.

We know by direct measurement that the amount of CO₂ in the atmosphere has been increasing - it has been recorded continuously in Hawaii since 1960 and has increased from around 320 parts per million (ppm) in 1960 to 415ppm today. The level of CO₂ in the atmosphere before this date can be measured from ice cores taken from the Arctic and Antarctic - this enables CO₂ to be directly measured back to at least 800,000 years ago. Over the whole of this period until the start of the industrial revolution the CO₂ level has never been higher than 300 ppm. *The Guardian* newspaper has been publishing daily CO₂ figures from Hawaii. You can now see the trend - year on year it is increasing.



That global temperatures are increasing is now incontrovertible. For a number of years climate change deniers were able to challenge the famous "hockey stick" graph, that provided the first numerical evidence of a warming climate, because the uncertainties in using proxy data for ancient climates were large enough (they claimed) to discredit the hypothesis. But a couple of decades on the current measurements have outstripped the uncertainties. The green dots show the 30-year average of the current reconstruction. The red curve shows the global mean temperature. In blue is the original hockey stick graph with its uncertainty range in light blue. The really alarming thing is that the temperature rise globally, and in many regions, is now outstripping the predictions of even the best climate models.



I have mentioned sea level rise and hurricane strength but there are other devastating effects of increasing global temperatures. As I write this, much of Europe is undergoing a record-breaking heat wave. It is less than sixteen years since the last record-breaking heat wave. If the trend continues some areas around the Mediterranean will be unliveable in the summer, let alone those areas of the world that are already too hot. Ecological disturbances are becoming more common, some of them with an immediate human impact. For example, a species of wheat fungus has become globally prevalent as a result of increased rainfall and warmer conditions. It has led to vast areas of wheat crops being lost. Obviously, flooding in some areas and severe droughts in others are already challenging food production and this trend is likely to continue and worsen.

We have been told that we have at best 12 years to act to prevent the mean global temperature exceeding 1.5°C. Why this number? Brutally, it's convenient. It is recognised that a 1° limit is now unachievable and a higher (say 2°C) limit would be disastrous. Some scientists don't like the 12-year timescale as it implies we can carry on for a bit and then act. We can't - action has to be taken *now*.

A word about climate change deniers. I'm not going to waste space in refuting those who say that CO₂ isn't a greenhouse gas or that the temperature isn't going up - I've dealt with that above. But there is a more subtle group who deny the extent of human influence on the climate. They put the rising temperature down to one, several or all of the following phenomena: changes in the earth's rotation; variation in the cosmic ray flux from deep space; changes in the sun's activity; CO₂ from volcanoes. All these natural climate forcers have been examined in detail. It is true that although they played a role in the earth's climate in the distant past, there is no evidence that these natural forcers play any significant part in the current trends.

The changes in the lifestyles of the populations of the richer nations will have to be dramatic. Severely curtail flying (certainly scrap all airport expansion plans). Curtail driving unless the car is electric and charged from a renewable source. Manufacture less concrete. Eat less meat and dairy. Convert domestic heating to renewable electric. Develop battery storage technology. Restore the carbon capture and storage programme (disgracefully axed a few years ago)...Oh, the list could go on for a *long* time.

The need for action has belatedly been recognised across boundaries and ages, with nonagenarian David Attenborough joining forces with teenage Swedish school student Greta Thunberg. It is all our fight, but Greta's generation and those that follow will be the ones who really suffer. □

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Joy of Food

A successful FREE taster (excuse the pun) event took place at the Village Centre on 13th June. Linda from Joy of Food cooked two versions of a Pot Noodle, but with fresh, locally sourced ingredients. It was a friendly session and included tips on food safety, with all attendees enjoying sampling the dishes.

Following on from this, we are hosting FREE four-week courses. The first is in August, the second in October, and sessions will take place on the first four Thursdays between 10am and 1pm. Drinks are provided.

We are pleased to work with Norfolk Community Learning to provide opportunities like this.

For more information, call Dersingham Village Centre Association on 07707 832295.□





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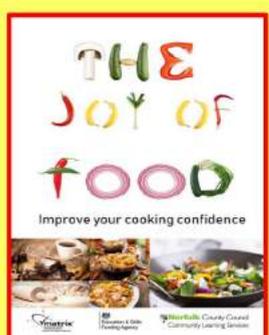
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Crossword Answers

Across

1 Perambulator. 8 Dimples. 9 Theatre. 11 Eleven-plus. 12 Pair. 14 Stinging. 16 Nettle. 17 Tub. 19 Openly. 21 Treasure. 24 Gift. 25 Tongue-tied. 27 Ennoble. 28 Terrier. 29 Little Prince.

Down

1 Pompeii. 2 Rolled gold. 3 Misspent. 4 Untrue. 5 Amen. 6 On toast. 7 Adders tongue. 10 Ear defenders. 13 Decahedron. 15 Gut. 18 Brighter. 20 Effendi. 22 Utilise. 23 Cohere. 26 Obit.

Word Wall answers

Bridges: pontoon, cantilever, suspension, viaduct

Card games: crib, solo, bridge, whist

Beds: couch, cot, bunk, plot

Yellow: ...hammer, ...card, ...fever, ...stone

Sudoku Answers

6	1	8	2	4	5	9	7	3
3	9	7	8	1	6	5	4	2
4	2	5	3	7	9	6	8	1
9	8	4	7	5	1	2	3	6
2	7	3	9	6	8	1	5	4
5	6	1	4	3	2	8	9	7
7	5	2	6	8	3	4	1	9
8	3	6	1	9	4	7	2	5
1	4	9	5	2	7	3	6	8

Mrs. Dolittle makes it to Tasmania



I was tired, I was sweaty, but my senses were alive as I sat enthralled in the front seat of the stinking 'rat-mobile', (a rodent had got lodged in the air conditioning that alas proved, for him, to be mortiferous) drinking in my first impressions of Tasmania as my rock star friend drove out of Launceston. I was still ooohing and ahhing at the 'Sydney Lace' homes - mostly bungalows, enhanced with white-painted wrought iron verandas and window frames, making ordinary houses look magical - as we slid with ease from town to country without ugly buildings or unattractive sights to mar the view. I just loved everything that I saw. I had been expecting a dry, parched landscape, and yes, the grasses *were* dry - they had just endured a very hot summer - but there were so many green trees that the overall feeling was LUSHNESS not aridity. There were low mountains in the distance, and hilly fields that sloped and undulated in the foreground, but they weren't fields flattened by the plough, they were pocketed and lumpy, adorned with small dainty black cows, and wandering woolly sheep as they ambled amongst the many pine and mighty gum trees that provided welcome shade for them.

I twisted my neck every which way to view the countryside as we sped by. The sky was an intense blue, the clouds bright white, and the sun shone gloriously down, but as this was a Tasmanian autumn, the temperature was just right, like our early summers. I was so excited by this totally different and beautiful landscape, and wondered if it were possible for Remote Control Man and me to move there.

Eventually we reached a long private road, with lovely hilly fields either side and lots of gum trees, some with crashed branches on the ground, all artistically gnarled and twisted and bleached. These trees are so beautiful, with strips of hanging bark twisting and curling and the varied colours of the trunks and boughs and foliage blending subtle greens, blues and beiges with the straw colour of the dry grasses - it gave a gentle feel to an artist's paradise.

Eventually the house came into view. It was GORGEOUS. "It's just big enough for two," said John. I smiled at the understatement, because it was actually a HUGE, single storey and open plan creation that they had designed themselves. There were windows instead of walls to show the spectacular views. Outside was a bushy garden designed for colour and as a foil for the view of the RiverTamar at the bottom of the hill. The water was bright blue with white ripples, wide and pure and seductive, with the opposite banks planted with grape vines, their leaves already turning to reds and yellows. The huge sky above was the deepest of blues and everywhere felt CLEAN - the air, the elements, the surroundings.



I had barely begun to sip a coffee when John said, "You're the SIXTH visitor we have had this year, and all we want to do is get on with our work." Oh dear, that made me feel welcome! "Well don't worry about me," said I bravely, "I am happy to wander around, read some books and just enjoy the view, though I would just like to pay a visit to the Aboriginal Cultural Centre in Launceston, where I understand they have an art and craft gallery."

"Oh, you don't want to go there," said my host, making my heart sink. He explained that most of the original indigenous people in Tasmania had been slaughtered by the whites, so the few who lived there weren't full aboriginal. Fair enough, but I felt disappointment, for I really did want to have a taste of the indigenous people, watered down or not; but hey-ho, I knew I was still going to enjoy myself.

Just at that point, John said, "Oh look, a little friend," and there was a very handsome brown scorpion leisurely making its way across the sitting room floor with his tail and sting held high in the air. He was soon despatched, but it reminded me of the other deadly insects and snakes that live in Tasmania, so the thoughts that had been running through my head of moving there from Norfolk were - like the scorpion - squashed!



It was wonderful waking up on that first morning to the marvellous views across the River Tamar. Rabbits hopped by my window which thrilled me. The wombats and other wee folk that come out in the night had clearly done the rounds, as their profuse droppings were a dead give away, though unfortunately I hadn't seen them; but I was delighted as two wallabies hopped around the corner and bounced across the garden to take a dive under one of the low slung bushes. In order to squeeze under, they had to flatten themselves, reminding me of large rats. I got really excited at this sighting.

I loved waking up to the laughter of the kookaburras, though I never saw one. What I did see were a lot of magpies strutting their stuff, but unlike ours that are mostly black with white bits, the Tasmanian magpies have more white than black.

High up in the gum trees was the most melodious bird song that went slightly off-key in parts. It was a lovely sound, but unfortunately my friends didn't know what birds they were, and I never did see them flying in or out of the tree tops where they warbled all day. I watched green parrots flying by and some crane-like birds. I don't think I stopped oohing and ahing all the time I was there! However, after my return home, I Googled and found that the sounds I had heard came from the magpies after all - Australian warbling magpies.



One evening at full moon, Trixie told me that we were going to meet some local white witches to partake in a Moon Goddess ceremony. She mentioned they were looking forward to meeting me as she had told them I was also a white witch. "Oh dear," I said, "I shall be going under false pretences then, as I'm a psychic, not a witch and there is quite a difference!" We were greeted by a very dramatic lady who gracefully waved her arms around like a ballet dancer, rolled her eyes mysteriously and spoke in an exaggerated whispery manner; but she was my kind of whacky, so I thought the evening would be fun. Two younger ladies were sitting at the table, in a cosy room with a log fire burning and candles a-flickering and small bottles of herbal oils for individual choice in order to cast the moon spell. We held hands and closed our eyes, invoking a binding spell to the Moon Goddess to bring world peace and happiness - and who knows, it might have some effect.

Although I didn't do a sight-seeing thing, I had a lovely time, soaking in all the beauty around me and having a wonderfully relaxed time with oodles of wonderful food. But all too soon it was time to pack my bags and to climb back into the rat-mobile where the corpse was still stinking to high heaven, while John took me to the airport for my nine p.m. flight.

After making friends with a Crocodile Dundee type who invited me to tea with him and his wife at a later date, the time came to board the flight and as I couldn't climb the steps of the plane, I was taken on a wobbling, scary platform-lift. I certainly was experiencing many different things! The plane was due in Brisbane at midnight, and so I had booked into a hotel overlooking the river. As it happened, when we landed, the wheelchair for me had turned up, but not the handler - so the Captain volunteered to wheel me off the plane! I guess not many people have such an exalted wheelchair-pusher.

It was dark outside and I staggered up to the taxi rank dragging my cases. My driver was Indian and only spoke a little English. Through the night we drove, getting into lonelier, darker, scarier back streets. Where is he taking me, I wondered. Maybe the white slave trade isn't in Singapore, it's here in Brisbane - or will he lead me at knifepoint into a dark back street, cut my fingers off for the rings, slit my throat and dump me in the river? Thankfully, he eventually drove up into the hotel forecourt, where I stumbled thankfully and wearily into reception, booked in, and asked the young man to carry my bags up to my room, as I was sure I wouldn't find my way or manage to open the door with that card thing.

I snuggled down in the posh bed, looking forward to the morning when I would be able see the river from the panoramic windows, have a room service breakfast, and wait for my friend Gina to come and pick me up. She was, after all, the reason for this long journey - I had come to attend her 80th birthday party - she and I both being of 1939 vintage and I was so looking forward to seeing her again.

Find out what happens in the last episode next month.□



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Issue	Copy deadline mid-day on	Publication date
No 120 (Oct/Nov 19)	Tuesday 10th Sept 2019	Monday 30th Sept 2019
No 121 (Dec 19/Jan 20)	Tuesday 12th Nov 2019	Monday 2nd Dec 2019
No 122 (Feb 19/Mar 20)	Tuesday 14th Jan 2019	Monday 3rd Feb 2020

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Articles and Non-Profit Making Promotions for Village Voice

These should be preferably emailed directly to the Editor:

villagevoice@dersingham.org.uk or posted to **The Editor, % Dersingham Parish Council Office** (address below), ideally well ahead of the above copy deadlines to stand a better chance of inclusion. Available space for articles is governed by both the physical limitations of the publication as well as the revenue required from advertising. We like Village Voice to be special for our primarily Dersingham readers, so articles should try to be customised accordingly and not just part of a round-robin press release to all local publications. Dates of forthcoming events mentioned must take place after the publication dates listed at the top of this page. Items/flyers purely to advertise non-profit making events should aim to fit (and be readable) within a quarter page slot. We hope you will provide photos/graphics/logos etc to accompany promotions or articles. Digital pictures need to be 300 dots per inch and preferably JPEG. **Please send photographs and logos as separate files, and not embedded in an email. For text files Word documents are preferred.**

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Dersingham Open Gardens 2019

Once again, despite some unsettled weather, our Open Gardens and Art Trail event proved a great success, with numbers of visitors not much down on previous years. This has brought in very welcome funds to support both St Nicholas Church and the Village Centre.

The variety of gardens hidden in Dersingham surprised the visitors and many of them had firm favourites. The Art Trail studios allowed an insight into the artistic talents in the village - and offered a welcome escape from rain showers. The new addition of the Gardener's Forum was well attended and we are grateful to the knowledgeable and entertaining speakers from Norfolk Lavender, Bramble Flowers and Paul Thompson, former Holkham Head Gardener. We plan to make this a feature in future years.

So it's not too early to be thinking about whether you could enter your garden next year. It's always an added bonus to have gardens that have not been open before.

We would also like to express our thanks to our generous sponsors: Geoffrey Collings, Rossiters, Thaxters Garden Centre, R&B Mowers, King's Lynn Koi and especially to our printers Clanpress.



VILLAGE VOICE LIVE

Tuesday August 13th

THE WONDERFUL WORLD OF WILLOW



with Sandra Barker
Yeoman of the Worshipful Company
of Basketmakers

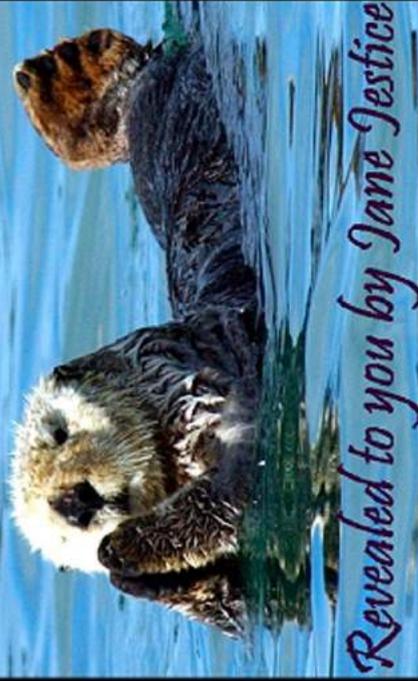
Dersingham Village Centre, Manor Road,
Dersingham, 7.30 pm Admission £5.00
includes refreshments & raffle



VILLAGE VOICE LIVE

Tuesday September 10th

'California Dreamin' The private life of the Californian Sea Otter



Revealed to you by Jane Jestice

Dersingham Village Centre, Manor Road,
Dersingham, 7.30 pm Admission £5.00
includes refreshments & raffle

